



Douglas County

Youth & Family Resource Guide

Updated January 2012

Index of Resources

The Douglas County Youth Initiative and its sponsoring entities do not endorse any organization or service listed herein. Please assure that you and your family will receive the very BEST services by researching and interviewing the service providers you select.

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ACCESS / REFERRAL

Douglas County WrapAroundD

303-663-6233

Immediate response for families that are looking for resources or assistance; strength-based assessments; sustainable, respectful Wrap Service Plan development; ongoing support

Douglas County Youth Initiative

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

<http://dcyouthinitiative.blogspot.com/>

Service access assistance; consultation; referrals; WrapAroundD

Families First

Family Support Line:

303-695-7996

Statewide Toll-Free:

1-877-695-7996

Consejos Para Familias

Spanish language line:

1-866-527-3264

www.familiesfirstcolorado.org

Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

McBride, Janice

303-832-1068

Mines and Associates

800-873-7138

10367 W. Centennial Road, #100, Littleton, CO 80127ext. 4989

Coordinates a network of around 150 therapists;

excellent resource for families seeking referral to a specialist.

Therapist Locator Service

www.therapistlocator.net

www.aamft.org

www.psychologytoday.com

On-line referral services with more than 15,000 practitioners registered

AFFORDABLE & FREE RESOURCES

- ACS L.I.F.T. Mobile Medical Van** 303-935-7230
Stops at the Douglas/Elbert Task Force Parking Lot
1638 N. Park Street, Castle Rock, CO 80109
www.ACSLIFT.org
Hours: 1st & 3rd Wednesday of each month, 6 p.m. to 7:30 p.m.
Services: *FREE* basic non-emergency care; non-narcotic prescriptions; immunizations
- Colorado Indigent Care Program** 303-761-4825
4400 Castleton Court, Castle Rock, CO 80109
Dept. of Human Services (Douglas)
Medical, psychiatric and dental services
- Colorado Low-Income Dental Program** 303-430-7399
2005 Franklin St., Denver, CO
Low-cost dentistry: first visit (x-rays & consult) is \$75.00; people who qualify will receive additional services at 40-60% off the regular fee. All counties served; bring proof of income & photo ID (Mexican Consular ID is OK).
- Comcast Internet** 855-846-8376
www.internetessentials.com/how/index.html
Qualifying families: involved in the Free/Reduced Lunch Program, in Comcast service area, with no outstanding Comcast bills or unreturned equipment and not a Comcast subscriber within the last 90 days. Families who meet the qualifications can apply for internet service at a cost of \$9.95 a month and may purchase a low-cost computer.
- Dawson, Michael**
The Open Hand Program 303-766-4111
13710 East Rich Place Aurora, CO 80015
www.michaeldawsoncounseling.com
Specializes in grief and trauma in Junior High School aged children through adult ages. Also works with bereaved couples and families.
- Denver Family Institute**
Central Office 303-756-3340
7200 East Hampden Ave, Suite 301, Denver, CO 80224
North Office 303-756-3340
4891 Independence, Suite 165, Wheat Ridge, CO 80033
www.denverfamilyinstitute.org
Family, couples and individual therapy counseling is available for a wide variety of issues. Reasonable sliding-fee scale based on the client's annual household income; range for a 50 minute therapy session is \$15-\$50. Spreading out appointments may also reduce costs.
- Doctors Care** 303-730-1313
191 E. Orchard Rd #102NE, Littleton, CO 80121
Low-cost/no-cost medical care; Medicaid accepted
- Humane Society**
www.humanesociety.org/animals/resources/tips/
Ideas on what to do when you can't afford veterinary care for your pet.

- Juvenile Diversion, Justice Center** 303-814-7140
 4000 Justice Way #2440, Castle Rock, CO 80104
Individual and family therapy at low or no cost for non-criminal youth clients & their families; therapeutic diversion option for District Court.
- LogistiCare** 303-390-4500
 3989 E. Arapahoe Rd., #120, Centennial, CO 80122
Transportation to medical appointments, etc., that can be paid via Medicaid and other insurances.
- Love, INC** 303-794-5683
 6574 S. Broadway, #204, Littleton, CO 80160
www.loveinlittleton.org
Collective of Christian churches coordinating free basic living resources; connections to other churches or community organizations
- Metro Caring** 303-860-7200
 1100 E. 18th Ave., Denver, CO 80218
Assistance obtaining documents such as birth certificates; financial assistance.
- Metro Community Provider Network** 303-360-6276
 Locations throughout the metro area
www.mcpcn.com
Provides a range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.
- Partnership for Prescription Assistance** 1-888-477-2669
www.pparx.org
Assists qualified patients in accessing free or reduced-cost prescription medications.
- People House** 303-480-5130
 3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.
- Ronald McDonald Care Mobile** 719-866-6789
 Various locations & times throughout Douglas County
www.peakvista.org or www.rmhc.org
Provides a range of low-cost medical services for children through the age of 21; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc. Call or check website for locations and dates.
- Rocky Mountain Youth Clinics**
 AURORA – 750 Potomac St., #L-23 303-360-8111
 DENVER – 1601 E. 19th Ave, #6300 303-869-2182
 THORNTON – 9195 Grant St., #301 303-450-3690
www.rockymountainyouth.org
Low-cost/no-cost medical care for children; Medicaid & CHP+; clinics across the metro area offering immunizations, sick visits, minor acute care, mental health/social services, mobile dental, etc.

ANGER MANAGEMENT

In-Person Groups or Classes

- Adams, Bethany, MA, NCC** 720-291-1482
Hope Counseling Services
9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012
www.hopencounselingservices.org
Anger management counseling, primarily for adolescents & younger children
- AMEND of Arapahoe County** 303-220-1911
6565 S. Dayton #1500, Greenwood Village, CO 80111
www.amendinc.org
Anger management counseling, primarily for abusive men; Spanish available
- Believing in Kids & Families, LLC** 303-794-7008
5808 S. Rapp St., #100, Littleton, CO 80120
www.bikaf.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement, sensory processing
- Briggs, Jana, MA, NCC, LPC** 303-495-0317
5777 S. Rapp St., #204, Littleton, CO 80120
www.janabriggs.com
Play therapy; anger management.
- Colorado Therapy Services** 303-319-6176
Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
Anger management for children, teens & adults; sliding scale; other services.
- Compass Educational Services** 303-888-9675
P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.
- Council, The** 303-825-8113
655 Broadway #200, Denver, CO 80203
www.milehighcouncil.org
Anger management course (12 weeks) for youth ages 16-24 who are dealing with substance abuse and/or mental health issues.
- Counseling Groups for Pre K-6th Grade**
Lesley Hueman, Ed.S, Licensed School Psychologist 720-837-5573
Danielle Ross, MSW, School Social Worker 303-229-7092
www.counseling4children.com

Offer 8-week anger management groups. Children will learn coping skills, problem solving skills, conflict resolution and impulse control strategies.

Douglas County School District

Student Wellness: 303-387-0087

<https://www.dcsdk12.org/studentwellness/index.htm>

Student Support Center: 303-387-0705

Asset-Based Intervention classes that address anger management

Dynamic Directions Counseling

303-688-1116

409 S. Wilcox St. #H, Castle Rock, CO 80104

www.dynamicdirectionscounseling.com

Anger management counseling

Eckenwiler, John, LMFT

303-267-2282

9998 N. Dransfeldt Rd., Parker, CO 80134

9362 Teddy Lane, #206, Lone Tree, CO 80124

www.therapyhelpnow.com

Some insurances, private pay; might slide fees.

Four Seasons Counseling

303-369-0585

2121 S. Blackhawk St., #210-S, Aurora, CO 80014

www.fourseasonscounseling.com

Aggression Replacement Training for teens

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO

303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO

719-448-0865

<http://havencorporation.com>

Teen anger management groups held separately for males and females; assessment and in-home coaching & therapy services.

Helping Hands Counseling

Lesley Hueman, Ed.S, Licensed School Psychologist

720-837-5573

Danielle Ross, MSW, School Social Worker

303-229-7092

www.counseling4children.com

Eight-week anger management course for children to develop coping skills, problem-solving skills, conflict resolution, impulse control.

Legacy Comprehensive Counseling & Consulting

303-841-4005

19751 E. Mainstreet #215., Parker, CO 80138

www.legacyparker.com

Accepts insurance and will slide fees.

National Institute for Change

303-231-0090

Offices in Lakewood, Lone Tree, Golden, Aurora

Groups, individuals. Parenting classes. Sliding scale fee.

Running Creek Counseling Services, Inc.

7601 E. Burning Tree Dr., Franktown, CO 80116

303-688-8231

19731 E. Pikes Peak Ct. #G-1, Parker, CO 80138

303-805-1218

Anger management counseling (adults only at present)

Online Courses

Anger Class Online

949-715-2694

<http://www.angerclassonline.com/About.aspx>

anger management course requirements for court, employers, or for personal reasons or requirements. 8, 12 and 26 hour classes.

Court Ordered Anger Management Online

321-251-7606

<http://www.courtorderedangermanagementonline.com>

4 hour, nationally recognized online anger management course that satisfies court orders and will work for parents & teens seeking new strategies.

Court Ordered Classes

661-312-0392

<http://www.courtorderedclasses.com/States/colorado.html>

Nationally certified court ordered classes online.

ARTS & CULTURE

Art

Highlands Ranch Community Association 303-791-2500
www.hrcaonline.org
Arts and crafts for all ages

KidzArt

Highlands Ranch Location: 303-596-0759
Parker Location: 720-535-1333
www.kidzart.com
Art classes; after-school programs; summer camps

Mizel Museum

400 S. Kearney St., Denver, CO 80224 303-394-9993
ext. 103
www.mizelmuseum.org
*Weekly art classes; off-track camps; education about Judaism via the arts
Multicultural Workshops- ages K-Adult, Mystical Masks of Many Cultures*

Parker Arts, Culture & Events (PACE)

20120 E. Mainstreet, Parker, CO 80138 303-805-6800
<http://www.parkeronline.org/index.aspx?nid=989>
*Ongoing arts & cultural experiences as well as classes for all ages;
dance studio, media lab, teaching kitchen, art gallery, performance space.*

Parker Monart School of the Arts

19555 E. Parker Square Dr., #106-A, Parker, CO 80138 303-805-1900
Weekly art classes; birthday parties; off-track camps, clay classes

South Suburban Parks & Rec

10249 Ridgeway Cir., Lone Tree, CO 80124 303-483-7064
www.ssprd.org
Art classes along with a variety of other cultural offerings & special events.

Town of Castle Rock, Parks and Recreation Dept.

2301 N. Woodlands Blvd., Castle Rock, CO 80104 303-660-1036
www.crgov.com
Child, Youth and Adult arts & crafts; dance; adaptive recreation; fitness

Town of Parker, Recreation Dept.

17301 Lincoln Ave., Parker, CO 303-841-4500
www.parkerrec.com
Child, Youth and Adult arts & crafts; dance; sports

Young Rembrandts

6094 S. Akron Way, Greenwood Village, CO 80111 303-221-4433

www.youngrembrandts.com

Serving children between the ages of 4 and 12. Step-by-step drawing method as a fundamental skill for visual arts. Summer camps.

Cultural Experiences

Kidz Kulture

303-805-3263

Parker Cultural Commission
19650 E. Mainstreet, Parker, CO

www.parkerrec.com

Immersion in different aspects of art and culture

Parker Arts, Culture & Events (PACE)

303-805-6800

20120 E. Mainstreet, Parker, CO 80138

Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.

South Suburban Parks & Rec

303-483-7064

10249 Ridgegate Cir., Lone Tree, CO 80124

www.ssprd.org

Monthly "Passport to Culture" series; 3rd Sunday of every month @ 3 p.m.

Dance

Academy of Colorado Ballet

303-221-1722

6328 E. County Line Rd., #102, Highlands Ranch, CO

www.coloradoballet.com

Dance classes for ages 3 through adult, including ballet, Hip-hop, jazz, and tap

Audience of One Theater

720-979-5765

P.O. Box 631340, Highlands Ranch, CO 80163

www.audienceofonetheater.org

After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.

Colorado School of Dance

303-841-7233

10510 S. Progress Way, #103, Parker, CO 80134

www.coloradoschoolofdance.com

Offering a variety of dance classes (ballet, jazz, modern, tap, hip hop, etc.) for all ages; pom training; performance troupes; annual production of "The Nutcracker"

CYT (Christian Youth Theater):

303-514-3797

www.cyt-denver.org

9457 S. University Blvd., 239, Highlands Ranch, CO 80126
After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improv, comedy and more.

- The DANCE Company** 303-688-5863
740 Wilcox, Castle Rock, CO 80104
Dance and gymnastic classes for ages 2-adult; styles include tap, jazz, hip hop, ballet, more
- Inspirations Dance Company** 720-283-8000
250 E. Dry Creek Rd. #105, Littleton, CO 80122
Song, dance & poms classes for ages 2 – teens. Adult fitness classes.
- Miller's Dance Studio** 303-841-9620
10841 S. Crossroads Dr., Parker, CO
www.millersdancestudio.com
Dance instruction in styles including ballet, tap, jazz, hip-hop, Irish step, modern
- Parker Arts, Culture & Events (PACE)** 303-805-6800
20120 E. Mainstreet, Parker, CO 80138
Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.
- South Suburban Parks & Rec** 303-483-7064
10249 Ridgeway Cir., Lone Tree, CO 80124
www.ssprd.org
Dance classes along with a variety of other cultural offerings & special events.
- Town of Castle Rock, Parks and Recreation Dept.** 303-660-1036
2301 N. Woodlands Blvd., Castle Rock, CO 80104
www.crgov.com
Child, Youth and Adult arts & crafts; dance; adaptive recreation opportunities; fitness
- Town of Parker, Recreation Dept.** 303-841-4500
17301 Lincoln Ave., Parker, CO
www.parkerrec.com
Child, Youth and Adult arts & crafts; dance; sports

Instrumental

- Bartee Woodwind Studio*** 303-284-6434
Castle Rock, CO
<http://sites.google.com/site/barteewoodwinds/>
Private instruction for clarinet, saxophone, and flute for students of all ages
- Black & White Keys Piano Studio*** 303-791-7268
9978 Hawthorne St., Highlands Ranch, CO 80126
www.bwkeys.com
Specializing in instruction for children ages 4-12
- Castle Rock Music*** 303-688-0300
429 Wilcox Street, Castle Rock, CO 80104
www.castlerockmusic.com
Instruction for a variety of instruments
- Castle Rock Violin Academy*** 303-663-6888
15 Wilcox Street, Castle Rock, CO 80104
www.castlerockviolins.com
Fiddle classes for older teens/adults; group instruction
- Forte Academy of Music, Highlands Ranch*** 303-948-9221
8030 S. Holly St., Centennial, CO 80122
www.forteacademy.com
Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums
- Gift of Music Studio*** 303-346-9134
453 Maximus Dr., Lone Tree, CO
www.giftofmusicstudio.com
Individual or group guitar instruction for youth ages 3-18
- Guitar Hero (Philip S. Miller Library)*** 303-791-READ
100 S. Wilcox, Castle Rock, CO 80104
www.douglascountylibraries.org
Drop-in program for teens to explore playing guitar
- Music for Life*** 303-552-1318
Highlands Ranch, CO
www.simplymusic.com
Piano instruction using the “Simply Music” method; all ages; free introductory lesson
- My Music Skool*** 720-212-5158

858 Happy Canyon Rd., #140, Castle Rock, CO 80108

www.mymusicskool.com

Music education ages 4 and up; individual, Suzuki method, and group lessons available.

Piano; guitar; clarinet; drum; cello, violin, flute, and much more

Parker Arts, Culture & Events (PACE)

303-805-6800

20120 E. Mainstreet, Parker, CO 80138

Ongoing arts & cultural experiences as well as classes for all ages;

dance studio, media lab, teaching kitchen, art gallery, performance space.

Piano Pathways

303-948-3335

10677 W. Centennial Rd., Littleton, CO 80127

www.pianopathways.org

Music & performing arts education for underserved youth of all ages; specializes in services to youth who live at a low socioeconomic status, are in foster care, and/or have special needs.

Rob Solomon's GuitarKidz

303-792-3070

558 Castle Pines Pkwy, B4-134, Castle Rock, CO 80108

Private and group instruction for youth ages 6-12

South Suburban Parks & Rec

303-483-7064

10249 Ridgeway Cir., Lone Tree, CO 80124

www.ssprd.org

Guitar classes.

W.P. Piano Studio, LLC

303-791-8022

Lessons for all ages, infants to adults; 12 programs of educational excellence; programs for students with ADD, ADHD, dyslexia, other disabilities.

Stage

- Audience of One Theater*** 720-979-5765
P.O. Box 631340, Highlands Ranch, CO 80163
www.audienceofonetheater.org
After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.
- Castle Rock Players*** 303-814-7740
P.O. Box 1224, Castle Rock, CO 80104
www.crplayers.org
Theater classes; audition techniques; youth ensemble; theater productions
- CYT (Christian Youth Theater):*** 303-514-3797
www.cyt-denver.org
9457 S. University Blvd., 239, Highlands Ranch, CO 80126
After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improv, comedy and more.
- Kid Stage Classes and Productions*** 303-514-8600
Various elementary schools throughout Douglas Co.
www.kidstage.net
After school and off-track drama classes, leading to a production performed for the community
- Parker Arts, Culture & Events (PACE)*** 303-805-6800
20120 E. Mainstreet, Parker, CO 80138
Ongoing arts & cultural experiences as well as classes for all ages; dance studio, media lab, teaching kitchen, art gallery, performance space.
- South Suburban Parks & Rec*** 303-483-7064
10249 Ridgeway Cir., Lone Tree, CO 80124
www.ssprd.org
Theatre classes.
- Youth Ensemble Series (YES)*** 303-814-7740
P.O. Box 1224, Castle Rock, CO 80104
www.crplayers.org
Preparatory theatre troupe for older teens who are interested in a performing arts career; offered through Castle Rock Players; scholarships available.

Voice

- Audience of One Theater*** 720-979-5765
P.O. Box 631340, Highlands Ranch, CO 80163
www.audienceofonetheater.org
After-school and summer camp programs for youth ages 5 – 18; features stage, voice, and dance training.
- Castle Rock Music*** 303-688-0300
429 Wilcox Street, Castle Rock, CO 80104
www.castlerockmusic.com
Vocal instruction for all ages
- CYT (Christian Youth Theater)*** 303-514-3797
www.cyt-denver.org
9457 S. University Blvd., 239, Highlands Ranch, CO 80126
After-school theater program for youth ages 6-18, offering training in voice, dance, acting, directing, improv, comedy and more.
- Douglas County Children's Chorus*** 303-402-7881
P.O. Box 68, Parker, CO 80134
Dedicated to bringing music, life, and culture to our community through children using the art of song
- Forte Academy of Music, Highlands Ranch*** 303-948-9221
8030 S. Holly St., Centennial, CO 80122
www.forteacademy.com
Music lessons for ages 4 – adult; piano, violin, voice, guitar, woodwinds, drums

ASSESSMENTS – Psychiatric, Other

- Baroffio, Jim, PhD.** 303-706-9722
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Specializes in developmental disorders – Autism, Aspergers and behavioral disorders with children and families. Does assessments as well. Directive style.
- Behavioral Growing Tree** 866-300-0822
www.behavioralgrowingtreetree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.
- Burdick, Linda, EdS, NCSP** 303-718-0011
Locations convenient for parent/guardian/caregiver
www.linkedin.com/in/lindalburdick
School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more.
- Child Find** 720-433-0020
Douglas County School District
3950 Trail Boss Lane, Castle Rock, CO 80104
Child Find is one of the primary public providers for developmental screening, assessment, and referral for children who have or are suspected of having developmental delays; from birth to 21 years of age.
- Children's Hospital** 303-777-1234
Child Development Unit @ Children's Hospital
13123 E. 16th Ave., Aurora, CO 80045
<http://www.childrenscolorado.org/conditions/behavior/index.aspx>
Diagnostic & treatment services for children with developmental delays, learning Disabilities or behavioral problems. Comprehensive evaluations; specialized Experience in working with children with Down Syndrome, Fragile X, autism, etc.
- Grenhart, Rich, Psy.D.** 303-761-3520
3601 S. Clarkson St. #540, Englewood, CO 80113
Email : rgrenhart@aol.com
Family and individual counseling; adolescents; communicates

well with school; after school office hours. Psych evals, no sliding scale.

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing ;
qualified to do most SPED testing. Services available in Spanish.
Takes some insurance.

Hanze, Doug, PhD.

303-688-8658

405 S. Wilcox, #108, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and
treat depression, anxiety, ADHD and behavior disorders.
Accepts some insurances.

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865

<http://havencorporation.com>

Teen anger management groups held separately for males and females; assessment
and in-home coaching & therapy services.

Highlands Behavioral Health System

720-348-2800

8565 S. Poplar Way, Littleton, CO 80130

www.highlandsbhs.com

Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and
adults; outpatient day treatment for adults; free assessments.

Howard, Rebecca PsyD, LLC

303-730-8083

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

www.drrebeccaiahoward.com

Assessments available for use in Gifted and Talented, Twice-Exceptional, Attention Deficit
Hyperactivity Disorder, Learning Disorders, Mood and Thought Disorders. An introductory
session can be provided at no cost if requested by the potential client. Scholarships may be
available for clients with demonstrated need for both therapy and assessment. This is
determined on a case to case basis during the introductory session and ranges between 10-
50% discount off of normal fee.

Kendall-Grove, Kwai, PhD.

303-662-9670

2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Specializes in adolescents, eating disorders, depression, anxiety,
ADHD evaluations. Ages 5 and up. She will slide fees.

Legacy Comprehensive Counseling & Consulting

303-841-4005

19751 E. Mainstreet #215., Parker, CO 80138

www.legacyparker.com

Individual and group counseling for individuals, children and families.
Specializing in social skills, adjusting to divorce, parenting skills & classes, anger
management, mental illness, stress, attachment issues, testing & assessment for behavior &
psychological concerns (particularly ADHD, other learning challenges and developmental

disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Liguori, Nick, Psy.D. 303-229-4216

8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111

Specialty areas: Child and adolescent psychotherapy; consultation and assessment. Aspergers and c-level disorders. No insurance – will work with reimbursement. Sliding scale.

Matson, Rebecca, LPC 720-489-8555

Grace Counseling Services

7921 South Park Plaza, #204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. Does not accept insurance, sliding scale may be available.

Max, Dana A., PsyD, PC 303-347-8498

5860 S. Curtice St., Littleton, CO 80120

www.danamax.com

Psychological testing; psychoeducational testing; career assessment (ministerial). Will bill insurance and may slide fees based on income.

McNutt, Colton, PsyD

Front Range Psychology Services

720-839-1694

6500 S. Quebec St Suite 300, Greenwood Village, CO 80111

DrColton@frpsychservices.com

Offers adult and adolescent individual therapy, couples therapy, and group therapy; also offers psychological assessments and evaluations. Does not accept insurance; free initial consultation; accepts cash and checks only.

Monnet, Michael, M-Div, MA, LPC 303-387-4335

4725 Fox Sparrow Rd, Parker, CO 80134

Services for families, adolescents, adults ; depression ; anxiety ; divorce & parenting issues ; trauma (EMDR certified) ; assessment

Plum Creek Medical / Carol Cohen 303-759-5126

410 S. Wilcox #108, Castle Rock, CO 80104

Family and individual assessments; psychotherapy

Sokol, Robert, Ph.D. 303-319-0470

4770 E. Iliff St., Suite 111, Denver, CO 80222

Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult.

Psychotherapy practice serving individuals and couples ages 13 – Adult. Clinical Director: Colo. Neuropsychological Associates.

Southeast Psychotherapy Associates, PLLC 303-694-1795

6081 S. Quebec St., #103, Englewood, CO 80111

www.sepsychotherapy.com

Assessment of addictions, depressive disorders, educational and intellectual function, ADHD

Spragg, Paul, Ed. D., NCSP

Developmental Disability Consultants, P.C.

1211 S. Parker Rd., Denver, CO 80231

Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help.

Accepts Medicaid, works with some insurance carriers.

303-337-2210

Fax: 303-831-0559

Sykes, William M., MD

Wellshire Behavioral Services

4141 E. Dickenson Place, Denver, CO 80222

www.wbscolorado.org

*Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently located onsite, and his office is easily accessible from I-25 and Colorado Blvd.*

303-504-6565

Thoreson, Kirk, PsyD

1776 S. Jackson St., #207, Denver, CO 80203

www.drkirkthoreson.com

Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

303-550-0030

Trathen & Associates, PC

19284 E. Cottonwood Dr., #202, Parker, CO 80138

www.drtrathen.com

Psychological assessment; EMDR; couples & families; all ages

303-593-0575

White, Molly, PhD

19025 E. Plaza Ct., #290, Parker, CO 80138

Psychological and behavioral testing & assessment; specializing in developmental disabilities, ADHD & other learning challenges, behavior management, social skills groups.

303-588-8997

Worthing Carol Ann, PhD

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

303-663-5846

CHILD WELFARE AND PROTECTIVE SERVICES

- Broadbeck, Dee – Child & Family Center** 303-688-6482
308 Wilcox Street, Castle Rock, CO 80104
Extremely experienced custody evaluator. No insurance or sliding fee.
- Colorado CASA** 303-623-5380
www.coloradocasa.org/
Helping abused & neglected children throughout Colorado
- Comitis Crisis Center** 303-343-9890
2178 Victor St., Aurora, CO 80045
www.comitiscrisis.org
Shelter and counseling for adolescents and adults; housing for singles and small families; 24-hour suicide hotline; emergency food baskets
- Douglas County Human Services** 303-688-4825
4400 Castleton Court, Castle Rock, CO 80109
(To report child abuse, ask for Intake Worker)
Child Protection; Youth in Conflict
- Families First**
Family Support Line: 303-695-7996
Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias Spanish language line: 1-866-527-3264
www.familiesfirstcolorado.org
Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.
- Juvenile Assessment Center, 18th J.D.** 720-874-3381
7375 S. Potomac St., Centennial, CO 80112
www.jac18.org
Serves youth ages 10-17; jail screening; house arrest; mental health assessment; general services assessment; case management; family intervention
- National Runaway Switchboard** 1-800-RUNAWAY
Resources and crisis counseling for youth and parents; 24-hour hotline; confidential counseling;

coordinates Operation Home Free with Greyhound

Rape Assistance and Awareness Program 303-329-9922
HOTLINE: 303-322-7273
TTY: 303-329-0023
Spanish Language: 303-329-0031
www.raap.org

Servicios de la Raza 303-458-5851
4055 Tejon Street, Denver, CO 80211
www.serviciosdelaraza.org
*Supportive services for Hispanic/Latino children, HIV, Mental Health,
Food Bank, Domestic Violence*

Tennyson Center (CO Christian Home) 303-433-2541
2950 Tennyson St., Denver, CO 80212
www.tennysoncenter.org
*Treatment for children ages 5-14; focus on abused
and neglected children along with parent training*

The Source 303-692-2700
Colorado Responds to Children with Special Needs
Colorado Department of Public Health and Environment
4300 Cherry Creek Drive South, DCEED-CRCA3, Denver, CO 880246-1530
<http://www.cdphe.state.co.us/dc/crcsn/fetalalcoholresources.html-source>
*A directory of Resources for families and human services workers concerned with maternal
substance abuse and children with Fetal Alcohol Spectrum Disorders.*

Women's Crisis & Family Outreach Center 303-688-1094
Hotline: 303-688-8484
P.O. Box 367, Castle Rock, CO 80104
*Counseling and shelter for victims of domestic
violence and their children*

CULTURE-SPECIFIC RESOURCES

African American Resources

- African-American Leadership Institute*** 303-299-9055
700 e. 24th Ave. #8, Denver, CO 80205
www.aali-rockymtn.org
Workshops, conferences & events that foster leadership within the African American Community. Mentors & youth-oriented workshops.
- Brother Jeff's Cultural Center & Café*** 303-293-8879
2836 Welton St., Denver, CO 80205
www.brotherjeff.com
Open mic sessions (spoken word, poetry), jazz bands, film premiers & connections; Kwanzaa celebrations every year.
- Café Nuba*** 303-298-8188
911 Park Ave. West, 2nd Floor, Denver, CO 80205
www.panafricanarts.org
Home of Pan African Arts Society & Film Festival; film premiers, national speakers.
- Denver Black Arts Festival***
2721 Welton St., Denver, CO 80205
www.denbaf.org
Annual celebration of black arts featuring local and nationally known artists; variety of cultural wares & performances.
- Stiles African American Heritage Center*** 303-294-0597
2607 Glenarm Place, Denver, CO 80205
<http://stilesheritagecenter.org>
Located in historic Five Points and celebrating African American history; host of the annual Juneteenth celebration in Denver.

Asian / Pacific Islander Resources

- Asian Chamber of Commerce (Pan-Asian)*** 303-595-9737
924 W. Colfax St., Denver, CO
www.asianchambercommerce.org
Assisting the Asian community in business & economic development.
- Asian Pacific Development Center***
1544 Elmire St., Aurora, CO 80010 303-344-4599
1825 York St., Denver, CO 80206 303-393-0304
1551 S. Monroe St., Denver, CO 80210 720-424-0694
www.apdc.org
Providing culturally appropriate health, mental health and related services for Asian American Pacific Islander community in the metro area. Translation services in a variety of languages. Advocacy in addressing education, employment, poverty and access to resources - - supporting a healthy & empowered community.
- Aurora Asian / Pacific Community Partnership*** 303-326-8695
15151 E. Alameda Pkwy #2300, Aurora, CO
www.auroraasian.org
Encouraging a high quality of life for all Asian / Pacific community members.
- Filipino American Community of Colorado*** 303-233-6817
1900 Harlan St., Edgewater, CO 80214
www.filam-colo.org
Sharing & supporting the Filipino culture.
- Hmong American Association of Colorado (Hmong/Laotian)*** 303-430-0680
3489 W. 72nd Ave. #107, Westminster, CO 80030
www.hmongcolorado.org
Sharing & supporting the Hmong & Laotian cultures.
- Indian American Friendship Council*** 720-323-7799
5411 S. Helena St., Centennial, CO 80015
Sharing & supporting the eastern Indian culture.

Japan America Society of Colorado

303-592-5768

1625 Broadway #680, Denver, CO 80202

www.jascolorado.org

Japanese language classes; culturally appropriate resources & supports for Japanese American families and individuals; yearly Cherry Blossom festival.

English As A Second Language Classes

Douglas County Libraries

303-791-7323

Practice Your English Classes

10:30 a.m. on Saturdays; casual conversation with other English learners & a trained volunteer facilitator.

Highlands Ranch Library Branch, 9292 Ridgeline Blvd.

Parker Library Branch, 10851 S. Crossroads Dr.

ESL Book Clubs

Visit www.douglascountylibraries.org for dates & times; groups meet once monthly and typically read one book over a two-month period.

Highlands Ranch Library Branch, 9292 Ridgeline Blvd.

Parker Library Branch, 10851 S. Crossroads Dr.

Philip S. Miller Library, 100 S. Wilcox St., Castle Rock

One 2 One Adult Tutoring

Accepting applications during February, March, August & September. Submit an Adult Literacy Learner application & be placed on the wait list for a tutor at any Douglas County Library location. Visit www.douglascountylibraries.org for more info.

St. Francis of Assisi Roman Catholic Church

303-688-3025

2746 Fifth St., Castle Rock, CO 80104

x100

www.stfranciscr.org

Yearly ESL classes that follow the DCSD school calendar

Jewish Resources

Jewish Family Services

303-597-5000

3201 S. Tamarac Dr., Denver, CO 80231

www.jewishfamilyservice.org

Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Latino Resources

Café Cultura

720-436-1830

Email: cafe_cultura@yahoo.com

Providing showcases for the work of latino, chicano & indigenous people in the Denver area.

Servicios de la Raza

303-458-5851

4055 Tejon Street, Denver, CO 80211

www.serviciosdelaraza.org

Services to Latino community include individual and group counseling, medication management, and evaluations, HIV, mental health, Food Bank, domestic violence.

St. Francis of Assisi Community Assistance

303-688-3025

St. Francis of Assisi Catholic Church

2746 Fifth Street, Castle Rock, CO 80104

www.stfranciscr.org

Interpretation services, resource coordination for latino individuals who are here with or without documentation.

Native Resources

American Indian College Fund

303-426-8900

8333 Greenwood Blvd., Denver, CO 80221

800-776-3863

www.collegefund.org

The American Indian College Fund raises funds from corporations, foundations, and individuals to provide scholarships and to build an endowment for Tribal Colleges in the U.S.. The colleges, which are located on or near reservations, provide academic, vocational, and technical educational opportunities to thousands of Native American students.

Café Cultura

720-436-1830

Email: cafe_cultura@yahoo.com

Providing showcases for the work of latino, chicano & indigenous people in the

Denver area.

- Caring Association for Native Americans** 303-698-0248
1700 S. Grant St., Denver, CO 80210
www.canadenver.org
Hospital visits to Native American patients who come from reservations to Denver hospitals. Family assistance given in the form of food, shelter, clothing, and emotional and spiritual support. Also visits the chronically ill Native Americans in the Denver area. Intermittent office hours. Please call for an appointment.
- Colorado Commission of Indian Affairs** 303-866-3027
Office of the Lieutenant Governor
State Capitol Building
200 East Colfax Ave., Room 130, Denver, CO 80203
www.colorado.gov/ltgovernor/initiatives/indianaffairs.html
- Colorado Indian Education Foundation** 303-315-3614
c/o University of Colorado Denver, Ethnic Studies Department
Campus Box 134, P.O. Box 173364, Denver, CO 80217-3364
- Colorado Springs Indian Center** 719-599-8630
701 N. 20th St., Colorado Springs, CO 80904
- Denver Indian Center** 303-936-2688
4407 Morrison Road, Denver, CO 80219
www.denverindiancenter.org
Native Workforce service; educational programs; food bank; youth programs; Veteran services; support for elders; cultural events & connections.
- Denver Indian Family Resource Center** 303-871-8035
393 S. Harlan St., #100, Lakewood, CO 80226
www.dfrfc.org
Family preservation & reunification programs; welfare advocacy; resource & referral service; YES! Academy for youth aging out of foster care.
- Denver Indian Health and Family Services** 303-953-6612
1633 Fillmore St., Suite GL1, Denver, CO 80206
www.dihfs.org/
Primary health care services and comprehensive Center for Wellness. Services promote and support individual and family health and well-being through several components including Outreach and Referral, Health Education, Women's Substance Abuse Prevention Program, Indian Youth Substance Abuse Prevention Program, Emergency Assistance, Indian Child Welfare Program, HIV/AIDS, and case management.
- Denver March Powwow, Inc.** 303- 377-3724
P.O. Box 19178, Denver, CO 80219
www.denvermarchpowwow.org
Native drummers, dance groups, connections with many tribes & lots of activities.
- Dineh (Navajo) Denver Chapter**
www.dinehofdenver.com

- First Nations Development Institute** 303-774-7836
 351 Coffman St., Suite 200, Longmont, CO 80501
<http://www.firstnations.org>
Financial counseling (investing, native business development), Native foods & health, Native nonprofit counseling, online knowledge center.
- Native American Bank** 303-988-5533
 999 18th St., Suite 2460, Denver, CO 80202 800-368-8894
www.nabna.com/
All banking services.
- Native American Multi-Cultural Education School** 303-934-8086
 3600 Morrison Road, Denver, CO 80219
<http://names.indigenousnative.org/>
Adult education resource for GED prep, Adult Basic Ed and computer literacy.
- Native Ministry, Issues & Advocacy** 303-733-3736
 6110 Greenwood Plaza Blvd., Greenwood Village, CO 80111 800-536-3736
www.rmcmc.org
- Native American Rights Fund** 303-447-8760
 1506 Broadway, Boulder, CO 80302
www.narf.org
Nonprofit law firm dedicated to advocating for the rights of tribes & individuals.
- Rocky Mountain Indian Chamber of Commerce** 303-629-0102
 924 W. Colfax Av., Suite 104F, Denver, CO 80204
<http://www.rmicc.org/index.html>
Monthly business networking and resource events; yearly Indian Biz Expo.
- Southern Peaks Regional Treatment Center** 719-276-7567
 700 Fourmile Parkway, Canon City, CO 81212
www.abraxasyfs.com
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth with a history of behavioral / mental health disorders and drug / alcohol issues. Gender-specific programming; also offers the Medicine Bear Native American track, tailored to the needs of native youth.
- Southern Ute Tribe** 970-563-0100
 Leonard C. Burch Building
 P. O. Box 737, 356 Ouray Drive, Ignacio, CO 81137
www.southern-ute.nsn.us
- Spirit of the Sun** 303-835-6942
 357 S. McCaslin Blvd., Suite 200, Louisville, CO 80027
www.spiritofthesun.org
Economic development support for the native community.
- Two Spirit Society of Denver**
 P.O. Box 140634, Edgewater, CO 80214

www.denvertwospirit.com

Wide range of resources for native people who identify as GLBTQ.

Ute Mountain Ute Tribe

970-565-3751

Mike Wash Road Tribal Complex
P. O. Drawer JJ, Towaoc, CO 81334

White Bison

1-877-871-1495

www.whitebison.org

701 N. 20th St., Colorado Springs, CO 80904

Youth & adult “Wellbriety” programs for sobriety and wellness, specifically for the native community; firestarter program.

CYBER-SAFETY

Youth Education and Safety in our Schools (YESS)

303-814-7033

4000 Justice Way, Castle Rock, CO 80109

www.dcsheriff.net/Youth_Education_and_Safety_in_Schools.html

Middle school education curriculum; elementary school presentations by officers; Text-A-Tip; community mobilization.

DAYCARE / CHILDCARE OPTIONS

Colorado Child Care Assistance Program (CCCAP)

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

ext. 5343

Childcare assistance for families who financially qualify

Cooperative Extension – Douglas County

720-733-6926

410 Fairgrounds Rd., Castle Rock, CO 80104

www.coopext.colostate.edu/douglas/

Child Care Providers List for Douglas County; click on “Family/Consumer” link on website

Douglas County Child Care Association

303-841-7718

Referrals:

Castle Rock

303-688-6516

Highlands Ranch-Lone Tree

303-346-9779

Parker and Elizabeth area

303-841-3150

www.douglascountychildcare.com

Referrals to local licensed childcare providers; resources for providers

Douglas County Early Childhood Coalition

720-560-7300

3950 Trail Boss Ln., Castle Rock, CO 80104

www.dcearlychildhood.org

Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.

Douglas County Human Services

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

(To report child abuse, ask for Intake Worker)

Child care assistance (referrals, finances, access to CCCAP listed above)

Metro Denver Child Care Resource & Referral

303-381-2990

www.frcce.org/MDCCR.asp

More than 3,900 licensed child care providers; free referral service

DENTAL CARE

Access Advantage

877-287-6767

Oral health plan for folks who have Medicare Parts A & B or Medicaid

Children's Dental Health Center

495 S. Federal, Denver

303-937-7511

2295 S. Chambers, Aurora

303-751-6511

Dental work covered by Medicaid, CHP, other insurance;

Medicaid fees offered to uninsured if paid same-day

Colorado Coalition for the Homeless

303-291-5165

Stout Street Dental Clinic

2145 Champa St., Denver, CO

Provides a range of dental services for those without shelter; walk-ins; emergencies; low-cost

Colorado Foundation of Dentistry for the Handicapped

303-534-5360

1800 15th St. #100, Denver, CO 80202

Dental house calls for homebound persons and persons with disabilities; sliding scale fees

Colorado Low-Income Dental Program

303-430-7399

2005 Franklin St., Denver, CO

Low-cost dentistry, including: first visit (x-rays & consult) is \$75.00; people who qualify will receive additional services at 40-60% off the regular fee. All counties served; bring proof of income & photo ID (Mexican Consular ID is OK).

Community College of Denver Dental Hygiene Program

303-365-8338

1062 Akron Way, Denver; Lowry Campus, Building 753

Low-cost x-rays, cleanings, preventative maintenance, sealants

Dental Clinic (Denver)

303-861-6788

Healthy Smiles Dental Clinic (Aurora)

303-724-2273

Basic dentistry, plus evaluation and treatment for serious dental problems; special payment arrangements available

Denver Rescue Mission 303-294-0157
1130 Park Ave. West, Denver, CO 80205
Dental grants for people in need; full dentures & other services

Find-A-Dentist

www.cdaonline.org

Medicaid dentist search program, provided by the Colorado Dental Association

Hashemi, Amir, DDS 303-797-2266
6650 S. Vine, #250, Centennial, CO 80121
Dental work covered by Medicaid

Inner City Health Center 303-296-4873
3405 Downing St, Denver, CO 80205
www.innercityhealth.com
Extractions covered by Medicaid; sliding scale fees; oral hygiene class

Kids In Need of Dentistry (KIND) 303-733-3710
www.kindsmiles.org
Dental work covered by Medicaid & CHP+

Medicaid-Paid Dentist Locator 303-866-5459

Metro Community Provider Network 303-360-6276
Locations throughout the metro area
www.mcpcn.com
Provides a range of low-cost dental services; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

New Hope Dental Services 720-956-0310
4200 W. Conejos Pl., #LL5, Denver, CO 80204
Provides a range of low-cost dental services; sliding scale or medicaid; walk-ins; emergencies – must attend orientation

T.H. Pickens Dental Assisting School 303-344-4910
500 Airport Rd, Aurora, CO 80011
Low-cost polishing, x-rays, and fluoride treatments

Theroux Orthodontics 303-779-0565
10450 Park Meadows Dr. #300, Lone Tree, CO
www.drtheroux.com
Children ages 11-18 may qualify to receive free orthodontic treatment if the family income falls at 180% of poverty level or below; application is required, demonstrating achievement in school as well as community service.

University of Colorado School of Dentistry 303-724-6900
13065 E. 17th Ave., Aurora, CO 80045

DOMESTIC VIOLENCE

Services for Victims

AMEND of Arapahoe County 6565 S. Dayton #1500, Greenwood Village, CO 80111 www.amendinc.org <i>Victim advocacy, support groups for abused partners and children</i>	303-220-1911
Emmons, John, LPC 751 Maleta Ln. #201, Castle Rock, CO 80104	303-660-2319
National Domestic Violence Hotline	800-799-SAFE 800-799-7233
National Resource Center on Domestic Violence	800-537-2238
SafeHouse Denver www.safehouse-denver.org <i>Shelter; advocacy services</i>	303-318-9989
Women's Crisis & Family Outreach Center <i>Shelter; victim advocacy; counseling; Violence Prevention Institute.</i>	303-688-1094

Services for Abusers

A Better Choice Counseling 405 S. Wilcox, Suite 210, Castle Rock, CO 80104 www.abetterchoicecounseling.com	303-523-6600
AMEND of Arapahoe County	303-220-1911

6565 S. Dayton #1500, Greenwood Village, CO 80111
www.amendinc.org

Emmons, John, LPC 303-660-2319
340 Third St., Castle Rock, CO 80104

National Institute for Change 303-231-0090
Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.

Running Creek Counseling Services, Inc.
7601 E. Burning Tree Dr., Franktown, CO 80116 303-688-8231
19731 E. Pikes Peak Ct. #G-1, Parker, CO 80138 303-805-1218
Anger management counseling; couples counseling

DRIVER INSTRUCTION / RESOURCES FOR TEEN DRIVERS

A+ Driving School 303-400-4555
10841 S. Crossroads Dr., #1, Parker, CO 80134
www.a-plus-drivingschol.com
*Drivers' Education program; stick-shift training; testing
for permits / drivers licenses; remedial training; senior assessments*

Affordable Driving School 303-840-7662
18002 E. Clarke Rd., Parker, CO 80134
www.affordabledrivingsch.com
Drivers' Education program; Defensive Driving

CDOT's Teen Driving Resources
www.coteedriver.com
Online resources for parents (brochure/driving log) & teens (driving tool kit)

Cruisers Teen Driving 303-660-3456
2582 E Highway 86, Castle Rock, CO 80104
www.cruisersteendriving.com
Drivers' Education program; Defensive Driving

Freedom Drivers Education 720-253-5830
County-wide
www.freedomdriversed.com
*Driver's Education classroom program, Driver Awareness, Online Course,
Behind the Wheel with law enforcement instructors; written permit test & drivers test.
Stimulating, challenging, teen-friendly and FUN.*

HipSafety (for Rookie Drivers) 303-668-3711
www.hipsafety.com
Identification kits for rookie drivers, so other drivers look out for them.

- MasterDrive** 303-627-4447
 15659 E. Hinsdale Dr., Englewood, CO 80112
www.masterdrive.com
*Teen Driver Survival classes (comprehensive drivers' ed);
 defensive driving skills; corrective driving programs*
- Protect & Serve Academy** 720-351-2036
 8400 e. Prentice Ave. #750, Greenwood Village, CO 80111
www.protectandserveacademy.com
Driving skills classes
- Safe Kids USA** 202-662-4463
 1301 Pennsylvania Ave NW, #1000, Washington D.C. 20004
www.safekids.org
*Model policy/law to ban texting while driving; access to www.distraction.gov,
 a website with resources and news about distracted driving; "Driven to
 Distraction" educational series.*
- South Metro Safety Foundation** 303-805-0228
 10235 Parkglenn Way, Parker, CO 80138
www.parkerfire.org
*Teen Driving Skills classes; License to Survive teen driver awareness program, crash
 avoidance, teen driving skills*
- Teen Driving Coalition of Douglas County** 720-854-8548
 Youth Initiative, 4400 Castleton Court, Castle Rock, CO
*Community coalition working to increase compliance with the Graduated
 Drivers License program in Colorado; coordinating entity for Teen
 Seatbelt Challenge in Douglas County high schools. Monthly meeting.*

EATING DISORDER TREATMENT

- Body Language Counseling & Wellness Center, LLC** 303-741-2918
5275 DTC Pkwy, Greenwood Village, CO 80111
www.bodylanguagecenter.com
Specializing in eating, weight and body image concerns as well as substance use.
- Eating Disorder Center of Denver** 303-771-0861
950 S. Cherry St. #1010, Denver, CO 80246
www.edcdenver.com
Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older
- Flemons, Joanna, LCSW** 303-675-7155
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Accepts insurance, cash & checks.
- Gray, Kelley** 720-489-8555
Grace Counseling Services
7921 South Park Plaza, #204, Littleton, CO 80120
Does not accept insurance; sliding scale may be available.
- Kirk, Cher, MA, LPC** 303-503-4333
Cher Kirk Counseling
10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.

- Johnson, Victoria, LCSW** 303-798-8836
 26 West Dry Creek Circle, Suite 360, Littleton, CO 80120
victoriajohnsonlcsw@comcast.net
Female adolescents, families, couples, groups; eating disorders, trauma.
- Kendall-Grove, Kwai, PhD.** 303-662-9670
 2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Ages 5 and up. She will slide fees.
- Landon, Stacy, M.A.** 303-855-3933
 6075 S. Quebec Street, #202, Centennial, CO 80111
Specializes in working with women with eating disorders
- McAllaster-Schmitz, Amy, M.A., LPC** 303-513-7822
 2629 W. Main Street, Suite 145, Littleton, CO 80120
www.amymscounseling.com
 Adolescent & adult counseling
- Mines, Bob PhD. (Mines and Associates)** 303-832-1068
 10367 W. Centennial Road, Littleton, CO 80127
Does not accept insurance. May offer sliding scale.
- Pinhas, Joan S., PhD.** 303-759-5543
 1720 S. Bellaire, #805, Denver, CO 80222 Fax: 303-756-1413
Takes insurance and sliding fees.
- Schaffer, Stacy** 602-885-5485
 5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
Children, adolescents & adults. Does not accept insurance but will slide fees.
- Starkey-Duncan, Renee, PhD.** 303-355-7134
 90 Madison St., Suite 405, Denver, CO 80206
Eating disorders, girls ages 12 and up, women's issues. Will slide fees.
- Uhernik, Julie, LPC, RN** 303-918-1775
 19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; eating disorders, depression; will slide fees.

EDUCATION

Bullying

Colorado Anti-Bullying Project

To report an incident:

1-866-NO BULLY

1-877-542-SAFE

Douglas County Libraries

www.douglascountylibraries.org

Classes & workshops on bullying

Castle Pines Library: 7437 Village Square Drive #110, Castle Pines
Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock
Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch
Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree
Louviers Library, Louviers Village Club House, Louviers
Parker Library: 10851 S. Crossroads Dr., Parker
Roxborough Library: 8357 N. Rampart Range Rd., Littleton

303-791-7323

Douglas County School District

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org

Anti-bullying programs; Positive Behavior Supports

303-387-0100

Jens, Kathryn, PhD.

8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111

Adolescents and families, PTSD, bullying, abuse, generalist.

Works with some insurances and sliding scale

303-773-8991

Porter, William W., Ph.D

303-918-1829

7200 E. Hampden Ave., #201, Denver, CO 80224
*Educational Consultant specializing in adolescent depression and suicide.
Author of Bully Proofing Your Schools". Sliding scale; some insurance.*

Safe2Tell

Hotline: 877-542-SAFE

www.Safe2tell.org

Focus on school violence & prevention; tip line; bullying prevention

College Counseling / ACT & SAT Prep

Burdick, Linda, EdS, NCSP

303-718-0011

Locations convenient for parent/guardian/caregiver

www.linkedin.com/in/lindalburdick

*School psychologist specializing in evaluations, education assessment, tutoring,
test preparation for ACT & SAT, work with gifted & talented, and much more.*

Fee is \$50.00 / hour for assessments & \$40.00 for tutoring & test prep.

Compass Educational Services

303-888-9675

P.O. Box 63894, Littleton, CO 80163

www.compasstutoring.com

*Strategies to help students flourish, including: tutoring, how to deal with learning
Difficulties, organization & time management skills, management of behavior conflicts*

At school and home, transitioning to high school, addressing all education gaps.

Douglas County Libraries

303-791-7323

www.douglascountylibraries.org

College entrance exam preparation classes & workshops.

Castle Pines Library: 7437 Village Square Drive #110, Castle Pines

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch

Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree

Louviers Library, Louviers Village Club House, Louviers

Parker Library: 10851 S. Crossroads Dr., Parker

Roxborough Library: 8357 N. Rampart Range Rd., Littleton

Huntington Learning Center

11153H South Parker Rd., Parker, CO 80134

303-617-0476

4625 Trail Boss Dr., Castle Rock, CO 80104

720-733-5174

6860 S. University Blvd., Centennial, CO 80122

303-850-9554

www.huntingtonlearning.com

Individualized tutoring in study skills, reading, writing, math and ACT/SAT exam prep.

Drop-Out / Expulsion / Truancy Prevention

Compass Educational Services

303-888-9675

P.O. Box 63894, Littleton, CO 80163

www.compasstutoring.com

Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.

Douglas County School District

303-387-0100

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org

School-based interventions; truancy prevention

Four Seasons Counseling

303-369-0585

2121 S. Blackhawk St., #210-S, Aurora, CO 80014

www.fourseasonscounseling.com

Eight-week psycho-educational group for truancy intervention

Student Support Center (DCSD)

303-387-0700

11722 Dransfeldt Road, Parker, CO 80134

www1.dcsdk12.org

Expulsion/Suspension School; case management for youth at-risk of drop-out or expulsion; drop-out retrieval; truancy prevention

Education Options

Advocacy In Education

6093 S. Quebec St., Suite 201, Centennial, CO 80111
www.advocacy-in-education.com; info@aie.cc
Coaching on brain-based learning.

720-297-2999
866-515-7171

Branson School Online

101 Saddle Rock Dr., P.O. Box, Branson, CO 81027
www.bransonschoolonline.com
Home-based public school program with standardized educational materials delivered online and via internet; diploma and GED programs

719-946-5531
888-863-7850

Bridges Transitions

www.bridges.com
Education & career planning

800-281-1168 ext. 2032
303-926-0956
Fax: 888-349-0956

Eagle Rock School

2750 Notaiiah Rd., P.O. Box 1770, Estes Park, CO
www.eaglerockschool.org
Residential Honda school in the Rockies, emphasizing experiential education and service learning; serving 15-17 year old at-risk kids struggling in public school.

970-586-0600

Emily Griffith High School

1250 Welton St., Denver, CO 80204
<http://eghs.dpsk12.org>
Drop-out retrieval program for students 17-21 offering courses toward completion of a high school diploma; small class sizes, self-paced, credit recovery, counseling.

303-423-4757

Firefly Autism

2685 S. Jersey St., Denver, CO 80222
www.fireflyautism.org
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training

303-759-1192

Humanex Academy

2700 S. Zuni St., Englewood, CO 80110
www.humanexacademy.com
Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.

303-783-0137

Prescription for Success

Parker, CO
www.prescriptionforsuccess.net
Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

303-993-4648

Prince Street Academy (A/D Mental Health) 303-761-7991
5524 S. Prince St., Littleton, CO 80120
www.admhn.org
Year-round CDE-approved school for children ages 9-18 with significant emotional or behavioral problems that prevent them from temporarily attending their own school; therapeutic services plus education programming five days a week.

Rocky Mountain School of Expeditionary Learning 303-759-2076
1700 S. Holly St., Denver, CO 80222
www.rmssel.org
K-12 school founded on Outward Bound ideals & emphasizing, academic achievement, character development, experiential education and service learning

STEM School and Academy 303-522-2158
8773 Ridgeline Blvd., Highlands Ranch, CO 80129
www.stemhigh.org
DCSD charter school for grades 6-9 currently (6-12 within the next three years), designed to provide a rigorous core education during the regular school day with a Science, Technology, Engineering, and Math curriculum focus. STEM Academy is a before- and after-school enrichment program open to all students from any school and offers more than 40 classes & activities for a minimal fee (robotics, rocketry, RC model plane club, Raytheon Math Counts, 4-H Club, guitar, drama & much more). STEM Hybrid is primarily a home-school program that offers two days of classes per week for grades 6-10.

G.E.D.

Arapahoe/Douglas WORKS
Main Office 303-636-1160
5500 S. Quebec St., #175, Greenwood Village, CO 80111
Castle Rock Office
4400 Castleton Court, Castle Rock, CO 303-688-4825
www.adworks.org
GED prep and testing; alternative school; school-to-work preparation

Branson School Online 719-946-5531
101 Saddle Rock Dr., P.O. Box, Branson, CO 81027 888-863-7850
www.bransonschoolonline.com
Home-based public school program with standardized educational materials delivered online and via internet; diploma and GED programs

Colorado State GED Office 303-866-6613
www.cde.state.co.us/cdeadult/GEDindex.htm
General information regarding the GED.

Douglas County Libraries 303-688-7736
Philip S. Miller Library, 100 S. Wilcox, Castle Rock, CO 80104
Parker Library, 10851 Crossroads Dr., Parker, CO 80134
www.douglascountylibraries.org/GEDTesting
Email: ged@dclibraries.org
GED testing as well as test prep classes and tutors. Schedule on website; must call or email to register. Test cost is \$150.00.

GED Hotline

1-800-626-9433

*Information on obtaining a GED***STAR Lab @ Douglas County High School**

303-387-1146

South Building

2842 Front St., Castle Rock, CO 80104

www.GED123.org*Can assist with funding for GED testing; not currently providing the test itself.***General School Stuff****Colorado Department of Education**

303-866-6942

201 E. Colfax Ave. #100, Denver, CO 80203

www.cde.state.co.us*General education issues; GED information***Douglas County School District**

303-387-0100

620 Wilcox, Castle Rock, CO 80104

www1.dcsdk12.org*Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info***Families First**

303-695-7996

Consejos Para Familias

Statewide Toll-Free:

1-877-695-7996

Spanish language line:

1-866-527-3264

www.familiesfirstcolorado.org*Referrals to various educational resources, including special needs programs; workshops for parents in support of children's education; info on No Child Left Behind & the Colorado Parent Information & Resource Center***Douglas County Libraries**

303-791-7323

www.douglascountylibraries.org*Homework help at all locations along with a variety of classes & workshops, including self-paced online foreign language learning.*

Castle Pines Library: 7437 Village Square Drive #110, Castle Pines

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch
Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree
Louviere Library, Louviere Village Club House, Louviere
Parker Library: 10851 S. Crossroads Dr., Parker
Roxborough Library: 8357 N. Rampart Range Rd., Littleton

Hispanic Education, Inc. 303-766-1942

8685 Aspen Cir., Parker, CO 80138
*Training for educators and other school personnel aimed
at improving the education experience for Hispanic/Latino youth*

Pikes Peak Counseling 720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
12900 Stroh Ranch Way #220, Parker, CO 80134
*ADHD ; social skills groups ; bullying prevention ; former school counselor;
does not accept insurance ; sliding scale available.*

Project PEAK (Parents Engaged in the Advancement of Kids)

<http://schools.dcsdk12.org/education/staff/staff.php?sectiondetailid=79789&>
*Parent / school district partnership in support of Roxborough Primary & Intermediate
School ; connections between parents & classroom, activities, newsletter, information.*

Gifted & Talented

Burdick, Linda, EdS, NCSP 303-718-0011

Locations convenient for parent/guardian/caregiver
www.linkedin.com/in/lindalburdick
*School psychologist specializing in evaluations, education assessment, tutoring,
test preparation for ACT & SAT, work with gifted & talented, and much more.
Fee is \$50.00 / hour for assessments & \$40.00 for tutoring & test prep.*

Compass Educational Services 303-888-9675

P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
*Strategies to help students flourish, including: tutoring, how to deal with learning
Difficulties, organization & time management skills, management of behavior conflicts
At school and home, transitioning to high school, addressing all education gaps.*

Douglas County School District 303-387-0100

620 Wilcox, Castle Rock, CO 80104
www1.dcsdk12.org
Gifted & Talented program available.

Higher Education in Douglas County

Arapahoe Community College	303.660.3160
Castle Rock	303.660.3160
4700 Castleton Way, Castle Rock, CO 80108	
Littleton	303.660.3160
5900 S. Sante Fe Dr., Littleton, CO 80120	
Parker	303-734-4822
15653 Brookstone Dr., Parker, CO 80134	
www.arapahoe.edu	
<i>Community college conveniently located in Douglas County; opportunities for 2-year associates degrees, many certifications, small class size, affordable, potential transfer of credits to 4-year institutions.</i>	

Homeless Students - Resources

DCSD Homeless Student Services	303-387-0206
620 Wilcox, Castle Rock, CO 80104	
www.dcsdk12.org	
<i>Educational and community resource coordination for students and their families as they deal with housing instability.</i>	
Horatio Alger Scholarship for Homeless Students	866-763-9228
In partnership with Give US Your Poor	
www.giveusyourpoor.org	
<i>Excellent college scholarship for youth who are homeless, were recently homeless or are at-risk of homelessness. High school seniors with a commitment to pursuing a four-year bachelor's degree, are involved in community service, have demonstrated integrity and perseverance in overcoming adversity and have a minimum grade point average of 2.0. Apply for the scholarship by visiting www.horatioalger.org/scholarships/.</i>	

Learning Disabilities

Achieve Reading

720-328-9229

Highlands Ranch, CO 80126

www.achieveread.com

Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach.

Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Advocacy In Education

720-297-2999

6093 S. Quebec St., Suite 201, Centennial, CO 80111

866-515-7171

www.advocacy-in-education.com; info@aie.cc

Advocacy & educational services for students with learning challenges; experts on IEPs & 504 plans

Bouzari, Louise, Esq.

303-228-1616

Desiree Vandelac; Law Offices of Louise Bouzari, LLC.

303-771-1288

7887 E. Belleview, # 1100, Englewood, CO 80111

Law practice specializing in special education and discipline matters. The firm's parent advocate is the mother of a special needs child.

Clark, R. Barkley, MD

303-797-2839

7720 S. Broadway, #390, Littleton, CO 80122

ADHD, medications, Tourette's Syndrome, complex medical issues consults with several school districts.

- Collaborative Care Counseling** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- College Living Experience** 303-825-2533
 1391 Speer Blvd #400, Denver, CO 80204
www.cleinc.net
College/vocational school transition assistance for youth with special needs; tutoring; study skills; HS diploma assistance; independent living; social skills
- Compass Educational Services** 303-888-9675
 P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.
- Council of Parent Attorneys & Advocates** 410-372-0208
 P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization
- Dennis, Kenny, M.A., N.C.C** 720-206-7768
 822 E. Boulder St., Colorado Springs, CO 80903
www.kennydennis.com
Autism Spectrum Disorder; learning challenges; sliding fees.
- Developmental Disability Consultants, PC** 303-337-2210
 1211 S. Parker Rd., Suite 200, Denver, CO 80231
www.ddconsultants.org; pspragg@ddconsultants.org
- Douglas County School District** 303-387-0100
 620 Wilcox, Castle Rock, CO 80104
www1.dcsdk12.org
Public schools; charter schools; alternative schools; individual education plans; special needs programming; home school info
- Dyslexia Resource Group of DC** 303-791-3360
 Meetings are held in DC Library facilities
 Email: dyslexiaresourcegroup@comcast.net
Meets once a month, Sept. – May; education, advocacy, And support for families who are dealing with dyslexia.
- Firefly Autism** 303-759-1192
 2685 S. Jersey St., Denver, CO 80222
www.fireflyautism.org
Serving children ages 18 months to 18 years old; assessment; social skill

development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

- Hanze, Doug, PhD.** 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders. Accepts some insurances.
- Hoffman, Daniel, M.D.** 303-741-4800
7800 E. Orchard Rd., #340, Greenwood Village, CO 80111
Specializes in ADHD in adolescents. Neurotherapy clinic.
- Humanex Academy** 303-783-0137
2700 S. Zuni St., Englewood, CO 80110
www.humanexacademy.com
Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.
- Iolite Counseling** 303-956-8949
900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.
- Kendall-Grove, Kwai, PhD.** 303-662-9670
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
ADHD evaluations. Ages 5 and up. She will slide fees.
- Learning Disabilities Association of Colorado** 303-539-9832
www.ldaco.org
Education regarding laws and policies affecting children with learning disabilities, particularly in the school setting; advocacy and advice for parents and educators.
- Legacy Comprehensive Counseling & Consulting** 303-841-4005
19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.
- Lounsbrough, Craig, M.Div., LPC** 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902
www.craiglpc.com
Child, adolescent, ADD, ADHD, ODD and conduct disorders ; No sliding scale, will reduce fee.
- Lyons, David, MD** 303-290-0967

- 6075 S. Quebec, Englewood, CO 80111 303-290-8842
*Therapy, medications; children and adolescents, ADHD.
 Limited availability. Not on most insurance lists.*
- Matson, Rebecca, LPC** 720-489-8555
Grace Counseling Services
 7921 South Park Plaza, #204, Littleton, CO 80120
*Testing for learning disabilities; family and parenting skills.
 Does not accept insurance, sliding scale may be available.*
- Max, Dana, PsyD** 303-347-8498
 5860 S. Curtice St., Littleton, CO 80120
www.danamax.com
*Individual, family, group & couples psychotherapy; psychoeducational assessment;
 psychological testing; sees youth of all ages. Some insurance
 and will slide fees.*
- McKay, Linda** 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Attachment issues, bipolar, ADHD
- Minner, Dan, PhD.** 303-721-8386
 6402 S. Quebec Street, Englewood, CO 80111
*Adolescent boys & girls ; depression, substance abuse,
 families, school achievement, ADHD. Excellent at communicating
 with families and schools. Accepts some insurance and will slide fees.*
- Moore, April, MS, LPC** 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com , April@DrTrathen.com
*Children, adolescents and families; adjustment and
 mood disorders, anxiety, conduct, ADHD, mental & physical disabilities*
- Pikes Peak Counseling** 720-244-0899
 Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
 12900 Stroh Ranch Way #220, Parker, CO 80134
*ADHD ; social skills groups ; bullying prevention ; former school counselor;
 does not accept insurance ; sliding scale available.*
- Prescription for Success** 303-993-4648
 Parker, CO
www.prescriptionforsuccess.net
*Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD,
 Slow Processing, Auditory and Visual Processing problems, Inadequate Memory,
 Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint
 "WHY" your child is having learning difficulties. A personalized learning plan is developed
 for the client. K-Adult students are welcome.*
- Results Learning, LLC** 303-378-8811
www.results-learning.com
Individualized tutoring; free initial class

Smith, Jenna K., MSW 303-810-0658
5347 S. Valentia Way #120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Social Pathways 303-834-7687
9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Rec)
20120 E. Mainstreet, Parker, CO 80138 (Parker Rec)
www.socialpathways.com
Toddlers to tweens. Testing for the following – social skills, social/emotional/behavioral; education level; cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.

Southeast Psychotherapy Associates, PLLC 303-694-1795
6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
Assessment of addictions, depressive disorders, educational and intellectual function, ADHD

Stinson, Wynde 719-488-8998
153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Works with children ages 2-18, ADHD; takes insurance & will slide fees

Sykes, William M., MD 303-504-6565
Wellshire Behavioral Services
4141 E. Dickenson Place, Denver, CO 80222
www.wbscolorado.org
*Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently located onsite, and his office is easily accessible from I-25 and Colorado Blvd.*

Tackney-Moen, Mimsy, LCSW 303-637-2516
Moen, Dan 303-779-5335
6065 S. Quebec, Englewood, CO 80011
Adolescents and families, depression, anxiety, ADD, bipolar, and physical and sexual abuse. No drug or alcohol abuse as primary diagnosis. Accepts most health insurance. Appointments after school and evenings.

Thoreson, Kirk, PsyD 303-550-0030
1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com
Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

White, Molly, PhD 303-588-8997

19025 E. Plaza Ct., #290, Parker, CO 80138
*Psychological and behavioral testing & assessment;
specializing in developmental disabilities, ADHD & other
learning challenges, behavior management, social skills groups.*

Woodman, Nicole, MA, LPC, NCC

303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124

www.newyoucounseling.com

*Solution-focused individual, group, family & couples counseling with a treatment
specialization for children & adolescents; grief/loss; depression; anxiety; body image
issues; divorce/blended families; school performance; college/career counseling;
conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.*

Worthing Carol Ann, PhD

303-663-5846

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

*Psychological assessments for all ages; specializing in substance abuse assessment
and treatment; generalizing in most psychological issues including ADD / ADHD.*

Literacy

Douglas County Libraries

303-791-READ

*Visit www.douglascountylibraries.org and click on "Literacy" for information on
Adult Literacy, Book Start early childhood literacy and more. Also visit
www.douglascountylibraries.org/storytime for times & locations of early literacy
storytimes for ages 0-5.*

Castle Pines:

Castle Pines Library, 7437 Village Square Drive #110, Castle Pines, CO

Castle Rock:

Philip S. Miller Library, 100 S. Wilcox St., Castle Rock

Highlands Ranch:

Highlands Ranch Library, 9292 Ridgeline Blvd., Highlands Ranch, CO

Lone Tree:

Neighborhood Library, 8827 Lone Tree Pkwy, Lone Tree, CO

Louviers:

Louviers Library, Louviers Village Club House, Louviers, CO

Parker:

Parker Library, 10851 S. Crossroads Dr., Parker, CO

Roxborough:

Neighborhood Library, 8357 N. Rampart Range Rd., Littleton, CO

Online Educational Resources

Colorado Calvert Academy

970-232-3317

155 E. Boardwalk Dr. #547, Fort Collins, CO 80525

www.coloradocalvertacademy.com

Online public charter school program serving students in grades K - 8; individualized learning in a partnership between parents / caregivers and educators.

Colorado Virtual Academy

303-255-4650

11990 Grant St. #402, Northglenn, CO 80233

www.covcs.org

Online public high school program serving students in grades 9 – 12; individualized learning with a strong science/math/engineering/technology focus.

eDCSD: Colorado Cyberschool

303-387-9465

2575 Meadow Blvd #130, Castle Rock, CO 80109

www.edcsd.org

Online Douglas County School District program serving students in grades K – 12; individualized learning that can be asynchronous or a more structured virtual classroom model. Student-centered learning communities to encourage acquisition of critical thinking, leadership, ethical and self-motivational skills.

Hope Online Learning Academy

303-989-3539

367 Inverness Pkwy #225, Englewood, CO 80112

www.hopeco-op.org

Online public charter school program serving students in grades K – 12; individualized learning coupled with individual mentoring at more than 40 Learning Centers along the Front Range.

Provost Academy

303-770-1240

7730 E. Belleview Ave. #AG-9, Greenwood Village, CO 80111

www.co.provostacademy.com

Online public school program serving students in grades K – 12; individualized learning experience for school and beyond.

Special Education / Needs

Achieve Reading

720-328-9229

Highlands Ranch, CO 80126

www.achieveread.com

Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach.

Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Advocacy In Education

720-297-2999

6093 S. Quebec St., Suite 201, Centennial, CO 80111

866-515-7171

www.advocacy-in-education.com; info@aie.cc

Advocacy & educational services for students with learning challenges; experts in IEPs and 504 plans.

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges.

Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

- Blue Horizon Therapy** 303-886-9921
P.O. Box 631374, Highlands Ranch, CO 80163
Find them on FaceBook - - website pending
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.
- Bouzari, Louise, Esq.** 303-228-1616
Desiree Vandelac; Law Offices of Louise Bouzari, LLC. 303-771-1288
7887 E. Belleview, # 1100, Englewood, CO 80111
Law practice specializing in special education and discipline matters. The firm's parent advocate is the mother of a special needs child.
- College Living Experience** 303-825-2533
1391 Speer Blvd #400, Denver, CO 80204
www.cleinc.net
College/vocational school transition assistance for youth identified as having special needs; tutoring; study skills; HS diploma assistance; independent living; social skills
- Compass Educational Services** 303-888-9675
P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.
- Connect Us** 303-993-3839
6940 S. Holly Circle, Centennial, CO 80112
www.connectus-now.com
Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.
- Council of Parent Attorneys & Advocates** 410-372-0208
P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization
- Dennis, Kenny, M.A., N.C.C** 720-206-7768
822 E. Boulder St., Colorado Springs, CO 80903
<http://www.kennydennis.com>
Autism Spectrum Disorder; learning difficulties; cognitive skills development; sliding fees, trauma, attachment disorder
- Developmental Disability Consultants, PC** 303-337-2210
1211 S. Parker Rd., Suite 200, Denver, CO 80231

<http://www.ddconsultants.org>; pspragg@ddconsultants.org
Parent training; training for children with developmental disabilities, autism and brain injury

- DCSD Audiology Department** 720-433-0022
- EMPOWER Colorado** 1-866-213-4631
2200 S. Jasmine St., Denver, CO 80222
www.empowercolorado.com
"Education Movement: Parents Offering Wisdom, Encouragement, and Resources"; advocacy group for parents of children diagnosed with mental illness
- Federation of Families for Children's Mental Health** 303-572-0302
2950 Tennyson St., Denver, CO 80212
www.coloradofederation.org
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process
- Firefly Autism** 303-759-1192
2685 S. Jersey St., Denver, CO 80222
www.fireflyautism.org
Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.
- Guzman, Maria Elena, PhD** 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Private testing ; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.
- Humanex Academy** 303-783-0137
2700 S. Zuni St., Englewood, CO 80110
www.humanexacademy.com
Alternative middle & high school serving youth with learning & emotional challenges such as ADHD, bipolar disorder, anxiety, etc.
- Learning Disabilities Association of Colorado** 303-539-9832
www.ldaco.org
Education regarding laws and policies affecting children with learning disabilities, particularly in the school setting; advocacy and advice for parents and educators.
- Legacy Comprehensive Counseling & Consulting** 303-841-4005
19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management. Accepts insurance and will slide fees.
- Parent to Parent of Colorado** 877-472-7201

801 Yosemite St, Denver, CO 80230

www.p2p-co.org

Support and advocacy network for families of those with special healthcare needs or disabilities

Prescription for Success

303-993-4648

Parker, CO

www.prescriptionforsuccess.net

Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

Smith, Jenna K., MSW

303-810-0658

5347 S. Valentia Way #120, Greenwood Village, CO 80111

Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.

Southeast Psychotherapy Associates, PLLC

303-694-1795

6081 S. Quebec St., #103, Englewood, CO 80111

www.sepsychotherapy.com

Assessment of educational and intellectual function, ADHD

Woodman, Nicole, MA, LPC, NCC

303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124

www.newyoucounseling.com

Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.

Tutoring / Enrichment

Achieve Reading

720-328-9229

Highlands Ranch, CO 80126

www.achievereadings.com

Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach.

Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.

Blue Horizon Therapy

303-886-9921

P.O. Box 631374, Highlands Ranch, CO 80163

Find them on FaceBook - - website pending

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

- Burdick, Linda, EdS, NCSP** 303-718-0011
 Locations convenient for parent/guardian/caregiver
www.linkedin.com/in/lindalburdick
School psychologist specializing in evaluations, education assessment, tutoring, test preparation for ACT & SAT, work with gifted & talented, and much more. Fee is \$50.00 / hour for assessments & \$40.00 for tutoring & test prep.
- Club Z In-Home Tutoring** 303-948-9975
www.clubztutoring.com
K-12, personalized tutoring in-home
- Compass Educational Services** 303-888-9675
 P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.
- Connect Us** 303-993-3839
 6940 S. Holly Circle, Centennial, CO 80112
www.connectus-now.com
Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.
- Curiosity Club** 720-635-1735
 9090 Ridgeline Blvd, Highlands Ranch, CO 303-471-5679
www.curiosityclub.net
Kindergarten enrichment program; academic and social activities
- Great Grades Happen** 303-948-9975
Individual tutoring in home or at the library
- Huntington Learning Center**
 11153H South Parker Rd., Parker, CO 80134 303-617-0476
 4625 Trail Boss Dr., Castle Rock, CO 80104 720-733-5174
 6860 s. University Blvd., Centennial, CO 80122 303-850-9554
www.huntingtonlearning.com
Individualized tutoring in study skills, reading, writing, math and ACT/SAT exam prep.
- Learning Rx** 303-840-8200
 11211 S. Dransfeldt Rd., Parker, CO 80134
Progressive cognizant training center
- Prescription for Success** 303-993-4648
 Parker, CO
www.prescriptionforsuccess.net
Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory,

Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

Spanish Enrichment

303-805-1472

*Held before and after school, at public schools
www.spanishenrichment.com
Private & custom tutoring at your home.*

Step to Success Community Learning Center

303-805-0773

*18632 Pony Express Dr., Suite 201 Parker, CO 80134
www.steptosuccesstutoring.com*

Offers several powerful learning programs that are designed to meet your child's learning style, academic goals, and family schedule. Guaranteed to increase student achievement of 1 year or more in 30 sessions or less; 24/7 access to lessons. New student program \$99 including assessment. Drop-in center tutoring-every day (Monday-Thrusday) for \$200.00/month. Drop-in online tutoring-every day (Monday-Thrusday) for \$200.00/month.

Sylvan Learning Center

866-258-2370

*9473 S. University Blvd, Highlands Ranch, CO 80126
Individual tutoring in home or at the library*

Tutoring Club

*9579 S. University, Highlands Ranch, CO
4535 Milestone Lane, Castle Rock, CO
www.huntingtonlearning.com*

303-757-8886

303-297-8886

Free skills assessment; guaranteed academic improvement

Vocational / Technical Institutes

Arapahoe Community College

303.660.3160

Castle Rock

303.660.3160

4700 Castleton Way, Castle Rock, CO 80108

Littleton

303.660.3160

5900 S. Sante Fe Dr., Littleton, CO 80120

Parker

303-734-4822

15653 Brookstone Dr., Parker, CO 80134

www.arapahoe.edu

Community college conveniently located in Douglas County; opportunities for 2-year associates degrees, many certifications, small class size, affordable, potential transfer of credits to 4-year institutions.

Emily Griffith Technical College

720-423-4700

1250 Welton St., Denver, CO 80204

www.egos-school.com

GED classes; language classes. Certifications & Associates degrees in Business & Technology, Design, Health Sciences, and Trades & Industry. Assistance with job placement.

Pickens Technical College

303-344-4910

500 Airport Blvd, Aurora, CO 80011

www.pickenstech.org

Certifications & Associates degrees in Automotive Technogology, Human Services (Barbering, Cosmetology, Nail Tech, etc.), and Health (Dental Assisting, CNA, Practical Nursing, Respiratory Care, IV Therapy).

EMERGENCY ASSISTANCE

Crime and Fire Reporting

Emergencies:

Dial 911

Non-Emergencies:

Castle Rock Police Department

303-663-6100

Douglas County Sheriff's Office

303-660-7505

Lone Tree Police Department

303-339-8150

Parker Police Department

303-841-9800

Victim Services:

- Arapahoe / Douglas Mental Health Network** 303-730-8858
 61 W. Davies, Littleton, CO
 1189 S. Perry St, #150, Castle Rock, CO
 19751 E. Mainstreet, #247, Parker, CO
www.admhn.org
- Denver Center for Crime Victims** 303-894-8000
 P.O. Box 18975, Denver, CO 80218
www.denervictims.org
Hotline; crisis counseling; support groups
- Colorado Anti-Violence Program** 303-852-5094
 P.O. Box 181085, Denver, CO 80218
www.coavp.org
Hotline for reporting hate crimes and domestic violence, particularly GLBTQ; crisis counseling

Food Banks / Support

- Cherry Hills Community Church** 303-791-4500
 3900 Grace Blvd, Highlands Ranch, CO 80126
www.chcc.org
Manna Ministry hosts a food and clothing bank, etc. Hours of operation: Tuesday mornings 10:30-11:00 a.m.- Food bank only, Tuesday Evenings: sign in begins at 6:00 p.m. No sign-in after 7:00 p.m. Must bring your utility bill, phone bill, and photo ID.
- Christian Family Services** 303-337-6747
 1399 S. Havana St., Suite 204, Aurora, CO
Crisis pregnancy assistance; adoption
- Colorado Coalition for the Homeless** 303-293-2217
 2111 Champa St., Denver, CO 80205
www.coloradocoalition.org
Resource for housing, medical, food
- COMPFA Food Ministry** 303-294-0272
 5725 E. 39th Ave., Denver, CO 80207
www.compfafoodministry.org
Coordinates food drives and distributes items to churches, who pass them on to people in need
- Denver Indian Center, Inc.** 303-936-2688
 4407 Morrison Rd., Denver, CO 80219
Emergency housing, food, clothing, referrals for Native Americans

- Douglas / Elbert Task Force** 303-688-1114
 1638 Park St., Castle Rock, CO 80104
www.detaskforce.org
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures.
- Fishes and Loaves Food Bank** 303-738-9416
 Jubilee Fellowship Church
 9830 Lone Tree Pkwy, Lone Tree, CO 80124
www.teamhighlandsranch.org/foodbankhr
2nd Wednesday of each month @ 5 p.m.; selection of foods, clothing, school supplies. Thanksgiving meal items seasonally.
- Food Bank of the Rockies** 303-371-9250
 10700 E. 45th Ave., Denver, CO 80239
Mobile food pantry truck @ Pax Christi Catholic Church on the 2nd & 4th Thursdays of each month from 11 a.m. to 12:30 p.m.; 5761 McArthur Ranch Road in Highlands Ranch. Other resources on-site.
- Friends of Man** 303-798-2342
 P.O. Box 937, Littleton, CO 80160
www.friendsofman.org
Financial assistance for medical, food, clothing
- Hunger-Free Colorado** 720-328-1284
 2222 S. Albion St. #360, Denver, CO 80222
www.hungerfreecolorado.org
Child Nutrition program; Summer Food Program; initiatives to end hunger in Colorado by 2015.
- Inter-Faith Community Services** 303-789-0501
 3370 S. Irving St., Englewood, CO 80110
www.ifcs.org
Financial assistance for food, housing, clothing, school supplies, holidays
- Lawrence Street Shelter** 303-294-0157
 1130 Park Ave. West, Denver, CO 80205
www.denverrescuemission.org
Serving meals for all in need; shelter beds for men
- Living Way Fellowship Food Bank-Seeds** 303-797-7076
 345 E. Wildcat Reserve Parkway, Highlands Ranch, CO 80126
www.livingwayfellowship.org
Hours of Operation; 1st and 3rd Tuesdays of each month 2:00 p.m. to 4:00 p.m. Current driver's license or other photo ID required. Items available include dry goods, canned foods, and personal care items.
- Mile High United Way** 303-433-8383
 Helpline: 303-561-2111
 2505 18th St., Denver, CO 80211

www.unitedwaydenver.org
Emergency assistance for food, housing

Mission Hills Church Food Bank 303-953-7136
620 SouthPark Drive, Littleton, CO 80120
www.missionhills.org
Hours of Operation: Wednesday 9:00 a.m. to 1:00 p.m. Current driver's license or other photo ID required. Provides food, financial help with public service bill (must bring bill. Bill must be over \$100. Will pay \$25 twice a year. Address on bill must be same as on ID.) May visit twice per month.

Parker Task Force Food Bank 303-841-3460
20118 E. Mainstreet, Parker, CO 80138
www.parkertaskforce.org
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc

Servicios de la Raza 303-458-5851
4055 Tejon Street, Denver, CO 80211
Food, clothing for Latino clients

Southeast Community Outreach (SECOR) 720-842-5621
9650 Jordan Road Parker, CO 80134
www.secor.info
Hours of Operation: Closed Monday and Tuesday. Wednesday 9:00 a.m. to 4:00 p.m. Thursday 12:00 noon to 6:30 p.m. Friday 9:00 a.m. to 4:00 p.m. Must bring photo ID and proof of residency (phone and utility bills). Provides food, personal items, monetary and budgeting assistance. May visit twice per month.

St. Vincent De Paul Food Bank 303-688-3025
St. Francis of Assisi Catholic Church
2746 Fifth Street, Castle Rock, CO 80104
www.stfranciscr.org
Mobile food bank on various Saturdays; please call or see the website for dates & hours.

Emergency Psychiatric Services

Highlands Behavioral Health System 720-348-2800
8565 S. Poplar Way, Littleton, CO 80130
www.highlandsbhs.com
Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18) and adults; outpatient day treatment for adults; free assessments.

Sexual Assault

Rape Assistance and Awareness Program
HOTLINE:
P.O. Box 18951, Denver, CO 80218
www.raap.org

303-329-9922
303-322-7273

Shelter Resources

American Red Cross

444 Sherman St., Denver, CO 80203
www.denver-redcross.org

303-722-7474

Comitis Crisis Center

2178 Victor St., Aurora, CO 80045
www.comitiscrisis.org
Crisis and out-client resources; shelter for families & youth

303-343-9890

Denver Indian Center, Inc.

4407 Morrison Rd., Denver, CO 80219
Emergency housing, food, clothing, referrals for Native Americans

303-936-2688

Denver's Road Home

Samaritan House (after-hours)
2301 Lawrence St., Denver, CO
Motel vouchers during cold weather shelter conditions; out-of-Denver-County residents qualify for one night / weekend (Denver residents qualify for up to 12 nights). Bus tokens, showers, light breakfast, case management & referrals.

303-294-0241

Douglas / Elbert Task Force

1638 Park St., Castle Rock, CO 80104
www.detaskforce.org
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures.

303-688-1114

Family & Senior Homeless Initiative

6090 Smith Rd., Denver, CO 80216
www.fshi.org
Rental & security deposit assistance; other expenses

303-313-2440
Fax: 303-297-9308

Heading Home Severe Weather Program

Family Tree

3805 Marshall St., Wheat Ridge, CO 80033
Motel vouchers (mostly in Jeff Co) during cold weather conditions; case management, referrals, food, hygiene supplies. Stays of 1 - 3 days.

303-467-2604

Homeless Assistance & Action Task Force

3301 S. Grant St., Englewood, CO 80113

303-250-3854

www.thefamilytree.org

Interfaith project to provide emergency housing (motel vouchers) for individuals and families in extreme weather. Distribution occurs at the Salvation Army office (3560 S. Sherman St., Englewood) and Bemis Library (6014 S. Datura St., Littleton).

Inter-Faith Community Services

303-789-0501

3370 S. Irving St., Englewood, CO 80110

www.ifcs.org

Financial assistance for food, housing, clothing, school supplies, holidays

Lawrence Street Shelter

303-294-0157

1130 Park Ave. West, Denver, CO 80205

www.denverrescuemission.org

Serving meals for all in need; shelter beds for men

Mile High United Way

303-433-8383

Helpline:

303-561-2111

2505 18th St., Denver, CO 80211

www.unitedwaydenver.org

Emergency assistance for food, housing

Parker Task Force Food Bank

303-841-3460

20118 E. Mainstreet, Parker, CO 80138

www.parkertaskforce.org

Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc

SafeHouse Denver

303-318-9989

Emergency shelter, counseling & advocacy for women and children victimized by domestic violence

Urban Peak

303-777-9198

1630 S. Acoma, Denver, CO 80223

www.urbanpeak.org

Housing and life skills for homeless or runaway youth; education; case management; referrals

TXT 4 HELP

Text the word "SAFE" to 69866

For youth in crisis, particularly youth who are homeless or unsafe where they are currently living; a message will be texted back giving the nearest youth shelter location.

Vision Quest Laradon House

303-318-0113

5100 Lincoln St., Denver, CO 80216

www.vq.com

Housing and life skills for homeless or runaway youth; education; case management; referrals

Women's Crisis & Family Outreach Center 303-688-1094
24-Hour Crisis Line: 303-688-8484
*Crisis counseling; shelter assistance for
women & children victimized by domestic violence*

Suicide Prevention & Support

Arapahoe/Douglas Mental Health Network 303-730-8858

Comitis Crisis Center 303-343-9890

Highlands Behavioral Health System 720-348-2800

8565 S. Poplar Way, Littleton, CO 80130

www.highlandsbhs.com

*Acute 24/7 inpatient mental health treatment for children & adolescents (ages 9-18)
and adults; outpatient day treatment for adults; free assessments.*

Office of Suicide Prevention Hotline 1-800-SUICIDE
1-800-784-2433

Safe2Tell 1-877-542-SAFE
www.Safe2tell.org

Suicide Depression Hotline 303-795-6187

Suicide Prevention LifeLine 1-800-273-8255
www.suicidepreventionlifeline.org

Trevor Helpline 1-800-850-8078
(GLBTQ youth)

Youth Support Line 303-894-9000

Transportation

Greyhound Bus "Home Free" Program 1-800-786-2929
www.1800runaway.org

*Free bus fare for runaway youth ages 12-20 referred by
law enforcement or human services; voluntary; crisis hotline*

LogistiCare 303-390-4500

3989 E. Arapahoe Rd., #120, Centennial, CO 80122
*Transportation to medical appointments, etc., that can be paid
via Medicaid and other insurances.*

EMPLOYMENT

ABLE: A Better Life Experience

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229
*Employment services for individuals with developmental disabilities;
typically serving adults who've graduated*

303-485-0023

303-920-9279

Arapahoe/Douglas WORKS

Main Office

5500 S. Quebec St., #175, Greenwood Village, CO 80111

303-636-1160

Castle Rock Office
4400 Castleton Court, Castle Rock, CO 303-688-4825
Offender Services 303-636-1190
www.adworks.org
*Employment counseling; GED testing; job skill workshops;
career assessment; placement*

Babysitting Courses:

Castle Rock Parks & Recreation Dept. 303-660-1036
2301 N. Woodlands Blvd., Castle Rock, CO
Highlands Ranch Community Association 303-471-8880
Eastridge Rec Center, Highlands Ranch, CO
Parker Fire District 720-274-3700
9195 E. Mineral Ave., Centennial, CO 80112
www.southmetro.org
South Metro Safety Foundation (Super Sitter Class!) 303-805-0228
10235 Parkglenn Way, Parker, CO 80138
www.parkerfirefoundation.org
Registration & fee in advance; \$47.50 includes CPR & 1st Aid
Parker Recreation Department 303-805-3263
Parker Mainstreet Center, Parker, CO

Bayaud Enterprises 303-830-6885
333 W. Bayaud Ave., Denver, CO 80223
www.bayaudenterprises.com
*Bayaud provides a comprehensive array of employment-related services for people
with disabilities or other barriers to getting and retaining a job. Services include
vocational evaluation, transitional work adjustment placements in the community,
general office skills training, job coaching, job placement, and access to the
Community Resource Navigator for supportive services.*

Bridges Transitions 800-281-1168 ext. 2032
www.bridges.com 303-926-0956
Education & career planning

Colorado Division of Vocational Rehabilitation 303-866-4150
2211 W. Evans, Denver, CO 80223
www.cdhs.state.co.us/ods/dvr/index.html
*Employment and independent living assistance for individuals with physical/mental
disabilities; diagnostic services; rehab technology; job placement, training.*

Denver Rescue Mission Mentoring Program 303-805-4936
3501 E. 46th Ave., Denver, CO 80216
www.denverrescuemission.org
Mentoring groups in support of gaining employment and sustainable housing

Douglas County Job Line 303-660-7420

Douglas County Libraries 303-791-7323
www.douglascountylibraries.org
*Online assistance with resumes and cover letters; periodic classes in job and interview
skills for teens and adults. Coming in 2012: Job assistance partnership with A/D Works!*

Castle Pines Library: 7437 Village Square Drive #110, Castle Pines
Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock
Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch
Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree
Louviere Library, Louviere Village Club House, Louviere
Parker Library: 10851 S. Crossroads Dr., Parker
Roxborough Library: 8357 N. Rampart Range Rd., Littleton

Employment Link 303-527-0627
6290 Lookout Rd, Boulder, CO 80301
www.emplink.org
Coaching, assessment, and job placement for individuals with disabilities

Employment Works (CP of Colorado) 303-691-9339
2200 S. Jasmine St., Denver, CO 80222
Coaching, assessment, and job placement for individuals with disabilities

Job Corps 720-865-5552
1391 N. Speer Blvd #1710, Denver, CO 80204
www.jobcorps.org
Residential job training for youth ages 16-24; Colorado Job Corps camp in Collbran.

Rocky Mountain Youth Corps 970-879-2135
P.O. Box 775504, Steamboat Springs, CO 80477
www.rockymountainyouthcorps.org
Conservation crew experiences for youth ages 16-25; Yampa Valley Science School experiential education; mentoring

School to Work Alliance Program (SWAP) 303-387-1104
2842 Front Street, Castle Rock, CO 80104
Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment

Unemployment Insurance Benefits 303-318-9000
www.coworkforce.com/uibEstimator/

YouthNet (CO Dept. of Labor)
http://dola.colorado.gov/wdc_youth/introduction
Searchable database of statewide youth services, particularly designed for youth with special needs who are transitioning to adulthood

EMPLOYMENT RESOURCES - Online

Disability Related Jobs & Information

ABILITY Jobs.com
www.jobaccess.org

ABILITY Jobs is the first and largest employment website for job seekers with disabilities. It provides a place where people with disabilities can seek employment confident they will be evaluated solely on their skills and experience.

Colorado WIN Partners

www.cowinpartners.org

Site designed to expand employment opportunities for individuals with a mental or a physical disability, or both, who receive public assistance.

DBTAC Rocky Mountain ADA Center

www.ada-infonet.org

Provides information on the Americans with Disabilities ACT.

Equal Opportunity Publications

<http://www.eop.com/career.php>

A premier diversity online job board that connects employers dedicated to hiring a diversified workforce with qualified job seekers in all career backgrounds.

Diversity & Senior Related Job Sites

DiversityJobs.com

www.diversityjobs.com

Search thousands of new jobs everyday from diversity-friendly companies in your area.

DiversityWorking.com

<http://diversityworking.com>

Minority job search engine offers job seekers to search from 550,000 active and non-replicated diversity jobs and posts your resume directly to DiversityWorking.com for getting career opportunities in the workplace, whereby thousands of recruiter can contact you directly.

Experience Factor Recruitment Solutions

www.experiencefactor.com

A full-service recruitment firm that specializes in recruiting and placing experienced talent.

iHispano.com

www.ihispano.com

The premier resource for connecting aspiring and accomplished Latino professionals in a community experience that will assist them in realizing their professional and personal goals.

LatPro.com

www.latpro.com

LatPro service enables employers and recruiters to efficiently find professional candidates with language skills, international experience and/or multicultural knowledge.

Retired Brains

www.retiredbrains.com

Resources for Boomers, Seniors & Retirees

RetirementJobs.com

www.retirementjobs.com

Job search engine for people over 50.

Senior Job Bank

www.seniorjobbank.org

Providing resources for the 50 plus audience looking for meaningful employment. On this site you can browse current job listings and connect to additional informational resources.

Seniors4Hire

www.seniors4hire.org

A nationwide online career center and a place for business that value a diverse workforce to actively recruit people in the U.S. 50 and older including retirees and senior citizens looking for a job and/or other ways to earn money.

Executive Level Job Search /Preparation Sources

6Figure Jobs

www.6figurejobs.com

Tailored for executives and senior-level professionals only

Career Lab

www.careerlab.com

A career strategy and leadership development firm based in Denver, Colorado

MRI Network

www.mrinetwork.com

Recruitment network

Federal Job Sites and Related Information

Federal Jobs Network

www.federaljobs.net

Career center created to help federal government job hunters find, apply for, and land government jobs.

Feds Hire Vets

<http://www.fedshirevets.gov>

Federal Government's strategy for recruitment and employment of Veterans.

Transportation Security Administration

<http://www.tsa.gov/join/careers/index.shtm>

Health Care Job Sites

HealthCare Jobs

www.healthcarejobs.org

Helps job seekers locate healthcare jobs and explore all medical, hospital, and nursing jobs.

Healthcare Source

www.healthcaresource.com

Healthcare job search engine with over 50,000 healthcare jobs available.

MedJump

www.medjump.com

Search medical, nursing, and other healthcare related jobs.

HealthONE

www.helathonejobs.com

Search for jobs within the largest healthcare system in the Denver metro area.

Kaiser Permanente Careers

www.kaiserpermanentejobs.org

High Tech Job Sites

ComputerWork.com

www.comuterwork.com

Matching technology ensuring job seekers are matched with their ideal job.

ITJOBS

www.itjobs.com

ITJOBS was created to help the IT professional quickly and efficiently locate and assess the many job opportunities that now exist.

Dice

www.dice.com

Search 72,913 tech jobs

Telecom Careers

www.telecomcareers.net

#1 Global Telecom and Wireless Job Board

Mega Job Search Engines

Indeed

www.indeed.com

Search job sites, newspapers, associations and company career pages.

Simply Hired

www.simplyhired.com

Search 4,749,354 jobs across the web.

JobSniper

www.jobsniper.com

Tap into most major online job listings with JobSniper's all-in-one Job Search Engine.

LinkUp Job Search Engine

www.linkup.com

Searching job openings from 20,336 company websites

RealMatch

www.realmatch.com

RealMatch takes the job seeker's qualifications and preferences and matches them with the employer's requirements.

Juju

www.juju.com

Juju's comprehensive search results link to millions of jobs found on thousands employer career portals, recruiter websites, and job boards all over the internet.

Veteran & Transitioning Military Specific Job Sites

Department of Veterans Affairs

www.vba.va.gov

Military Hire.com

www.militaryhire.com

Military hiring network

The Veterans Corporation

www.veteranscorp.org

Provides veterans and service disabled veterans with access to the tools required to become successful in business.

Military.com

www.military.com

Connect with 2000+ military friendly employers

TAOnline.com

www.taonline.com

Careers for transitioning military

Vet Jobs

www.vetjobs.com

VetJobs makes it easy to reach transitioning military, National Guard, Reserve Component Members and veterans that have separated over the last several decades and are now productive members of the civilian work forces in all disciplines, and their family members.

FINANCIAL ASSISTANCE / COUNSELING

Colorado Foreclosure Hotline:

877-601-HOPE

Consumer Credit Counseling

866-331-2227

7120 E. County Line Rd., Highlands Ranch, CO 80126

Personal finance consultation

CSU Cooperative Extension (Douglas County) 720-733-6926
410 Fairgrounds Rd., Castle Rock, CO 80104
Personal and family finance classes

Department of Human Services: 303-688-4825
4400 Castleton Court, Castle Rock, CO 80109
TANF – Temporary Assistance for Needy Families
OAP - Old Age Assistance
AND - Age Needy Disabled
Child Care Support: 720-874-8700

Douglas County Housing Partnership 303-784-7857
9350 Heritage Hills Circle, Lone Tree, CO 80124
Foreclosure Hotline: 303-784-7856
www.douglascountyhousingpartnership.org
Access point for affordable housing; foreclosure counseling/mediation

Friends of Man 303-798-2342
P.O. Box 937, Littleton, CO 80160
www.friendsofman.org
One-time, short-term assistance for a variety of basic and specialty needs

Senior Outreach Services 303-660-7519
4400 Castleton Ct., Castle Rock, CO 80109

Supplemental Security Insurance:
Colorado Dept. of Human Services / Mental Health 303-866-7400
3824 W. Princeton Circle, Denver, CO
www.cdhs.state.co.us/dmh/cmhta_ssi.htm
Social Security Administration 800-772-1213
8000 Southpark Lane, Littleton, CO

Sustainable Life Solutions 303-748-1504
P.O. Box 631189, Littleton, CO 80163
www.goo.gl/A1SJJ
Family financial assessment & education; giving people hope!

Tax Assistance (seasonal)
Castle Rock Senior Center: 303-688-9498
2323 Woodlands Blvd., Castle Rock, CO 80104
Parker Senior Center: 303-841-5370
10675 Longs Way, Parker, CO 80138

GAMBLING ADDICTION

Colorado Council on Compulsive Gambling, Inc. 303-662-0772
24-Hour Hotline: 1-800-522-4700
11757 W. Ken Caryl Ave., #F-181, Littleton, CO 80127

Daily Strength

www.dailystrength.org

Anonymous and free online support groups, and education

GANG INTERVENTION / PREVENTION

Gang Rescue And Support Program

303-777-3117

701 S. Logan St. #109, Denver, CO 80209

www.graspyouth.org

Tattoo removal; support groups; outreach to gang-involved youth; RISE trauma program for victims or witnesses of gang violence.

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO

303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO

719-448-0865

<http://havencorporation.com>

Gang intervention program: Haven Education Life Program (HELP), utilizing a Cognitive / Behavioral approach with gang-affiliated and gang-involved youth. Skill Building, psychoeducational groups and mentoring resources to get teens out of gangs.

Open Door Youth Gang Alternatives

303-893-4264

1615 California St. #712, Denver, CO 80202

<http://opendooryouth.org>

Intensive Intervention & outreach program; prevention; parent program; professional development; Academic & Character Education program (ACE).

GAY / LESBIAN / BISEXUAL / TRANSGENDERED / QUESTIONING

ATL Foundation

P.O. Box 740985, Arvada 80006-0985

www.atlffoundation.org

Provides assistance to lesbians in need of financial help as a result of ill health or personal crisis. Either a woman in need or an advocate may submit application for services.

Butler-Sanchez, Annie

303-691-0225

4155 E. Jewell Ave, Suite 308, Denver, CO 80222

Works with adolescents; specializes in GLBT issues

Denver Family Institute

Central Office

303-756-3340

7200 East Hampden Ave, Suite 301, Denver, CO 80224

North Office

303-756-3340

4891 Independence, Suite 165, Wheat Ridge, CO 80033

www.denverfamilyinstitute.org

Family, couples and individual therapy counseling is available for a wide variety of issues including gay, lesbian, bisexual and transgendered individuals and couples.. Therapy services fees are calculated using a reasonable sliding-fee scale based on the client's annual household income. The fee range for a 50 minute therapy session is \$15-\$50. Some clients will also spread out appointments to further reduce their costs.

El Futuro

720-904-7125

1070 Bannock St. Suite 150, Denver, CO 80204

<http://www.elfuturoprogram.org/index.html>

Provides support for Latino gay and bisexual men by providing culturally and linguistically appropriate interventions that promote health, diversity, strength, and pride in our community. Free general support groups, free HIV and Hepatitis C testing, free counseling, free computer and internet access support systems in the Metro Denver Area.

Gay, Lesbian and Straight Network (GLSEN)

303-936-6562

P.O. Box 280346, Lakewood, CO 80228

www.glsen.org

Recognizing connections between gay & straight communities; advocacy; tips on organizing student groups

Gay / Straight Alliances:

@ Highlands Ranch HS

303-387-2500

9375 Cresthill Lane, Highlands Ranch, CO 80130

Roberta.allen@dcsdk12.org

@ Thunderridge HS

303-387-2000

1991 Wildcat Reserve Pkwy, Highlands Ranch, CO 80129

diann.schultz@dcsdk12.org

Gathering of gay and straight students who advocate for understanding and diversity

Holtby, Michael, MSW

303-722-1021

309 Cherokee St., Denver, CO 80223

holtby@denverpsychotherapy.com

Sex and sexuality issues, dysfunction, abuse and coming out. Does not take insurance, sliding scale available.

Parents and Friends of Lesbians and Gays (PFLAG) 303-573-5861
Helpline: 303-333-0286
P.O. Box 18901, Denver, CO 80218
www.pflagdenver.org
*Support and resources for family and friends of
GLBTQ community members*

Rainbow Alley 303-831-0442
P.O. Box 9798, Denver, CO 80209
www.glbtcOLORADO.org
*Drop-in center; adult mentors; free medical clinic; free mental health clinic;
free HIV testing & counseling; youth leadership; speakers' bureau; youth events such
as dinner/movie nights, drag shows, dances; annual PrideFest;
annual Queer Prom; camping trips*

Suttle, Tamara G., M.Ed, LPC 303-660-4989
6222 Lancaster Ave., Castle Rock, CO 80104
www.tamarasuttle.com
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

TransYouth Family Allies 888-IMA-TYFA
Email: info@imatyfa.org
www.imatyfa.org
*Advocacy, education and support for transgendered children
and their families; online and in-person resources*

Trevor Hotline 1-800-850-8078
Crisis intervention for GLBTQ youth who are thinking about suicide or are otherwise in danger
www.thetrevorproject.org
www.trevorspace.org

Two Spirit Society of Denver
P.O. Box 140634, Edgewater, CO 80214
www.denvertwospirit.com
*Wide range of resources for native people who identify as GLBTQ; support,
community outreach, cultural education, advocacy for social change.*

Unitarian Universalist Churches:

Littleton Location 303-972-1716
6724 S. Webster St., Littleton, CO 80128
www.columbineuuchurch.org

Parker Location 303-840-5928
6363 S. Waco St., Aurora, CO 80016
www.prairieuu.org
Faith community; support groups; action groups

GRIEF / LOSS

Children - Resources

- Arapahoe/Douglas Mental Health Network*** 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
Individual & group counseling addressing grief & loss issues
- Believing in Kids & Families, LLC*** 303-794-7008
5808 S. Rapp St., #100, Littleton, CO 80120
www.bikaf.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement
- Briggs, Jana, MA, NCC, LPC*** 303-495-0317
5777 S. Rapp St., #204, Littleton, CO 80120
www.janabriggs.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.
- Brodie, Judith, MA, LPC, LLC*** 303-503-5282
3939 E. Arapahoe Rd. #215, Centennial, CO 80122
www.judithbrodie.com
Kind, compassionate support for children, adults and families dealing with grief And loss, end-of-life transitions, serious illness or relationship difficulties.
- Camp Comfort (Mt. Evans Hospice)*** 303-674-6400
3081 Bergen Peak Dr., Evergreen, CO 80439
www.mtevans.org
Summer camp for bereaved children ages 6-12
- Children's Grief Education Association & Lighthouse*** 303-722-2319
2379 S. High St., Denver, CO 80210 Toll-Free: 877-722-2319
www.childgrief.org
Lighthouse refuge for grieving children, teens and adults; online education courses on children & grief; grief/loss curriculum available for schools (all ages); website offers grief/loss resources; counseling by masters level interns with sliding scale available.
- Counseling Groups for Pre K-6th Grade***
Lesley Hueman, Ed.S, Licensed School Psychologist 720-837-5573
Danielle Ross, MSW, School Social Worker 303-229-7092
www.counseling4children.com
8-week support groups for children dealing with the loss of a loved one to develop coping strategies and process their loss; \$40.00/participant/session/in advance, one session free.
- Davis, Linda, MSW, LCSW*** 303-480-8864
10303 E. Dry Creek Rd., Engelwood, CO 80112 (Summit II)

<http://lindagdavis.com>

Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.

Dawson, Michael, MA, LPC

303-481-4257

13791 E. Rice Pl., Aurora, CO 80015

www.michaeldawsoncounseling.com

michael@michaeldawsoncounseling.com

Emphasis in grief and loss for children, adolescents, and families

Duncan, Dwight, Psy. D.P.C.

303-355-7134

90 Madison St., Suite 405, Denver, CO 80206

Medical Psychologist. Ages 12 and up. Medical illness; loss and grief; relationships; depression and anxiety. Sliding scale.

Footprints Child/Adolescent Grief Support Groups

303-321-2828

501 S. Cherry St. #700, Denver, CO 80246

www.hospiceofmetrodenver.org

Support groups offered through Hospice of Denver for young people 3-18 years of age who have suffered the loss of a loved one.

Filios, Karrie, MS

303-549-7454

620 Wilcox, Castle Rock, CO 80104

Emphasis in grief and loss for children and families

Horses Healing Grief

720-353-1373

Mailing: 13791 E. Rice Pl., Aurora, CO 80015

www.heavensenthorses.com

People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief

Judi's House

720-941-0331

1741 Gaylord St., Denver, CO 80206

x203

www.judishouse.org

Peer support groups for grieving children; homey setting

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families. Will slide fees; no insurance.

Iolite Counseling

303-956-8949

900 Castleton Rd. #135, Castle Rock, CO 80109

www.iolitecounseling.com

Serving children through adults. Grief and loss groups for youth, as well as individual grief and loss counseling. Free initial consultation; sliding scale available

Moore, April, MS, LPC

303-593-0575

18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
*Children, adolescents and families. Emphasis in physical
and/or sexual abuse; grief/loss; trauma, mental & physical disabilities*

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
12900 Stroh Ranch Way #220, Parker, CO 80134
*Grief/Loss work with children, adolescents & families ; certified play therapist;
does not accept insurance ; sliding scale available.*

Rainbows

303-794-2683

3350 White Bay Dr., Highlands Ranch, CO 80126
*Free peer support groups for children and teens, led by trained volunteers;
a project of St. Andrew's Methodist Church; contact Christy or Barb.*

Schaffer, Stacy

602-885-5485

5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
*Therapeutic services for children & adolescents with an emphasis on grief and loss,
along with many other issues; specialty in play therapy. No insurance but will slide fees.*

Smith, Jenna K., MSW

303-810-0658

5347 S. Valentia Way #120, Greenwood Village, CO 80111
*Specializing in working with elementary-age children & their families;
divorce, grief & loss, anxiety, ADHD, parenting.*

Starfish Program

303-549-7454

2100 W. Meadows Parkway, Castle Rock, CO 80109
leslie.clemensen@dcsdk12.org
*School District-coordinated support groups for elementary students
and teens who have suffered the death of a loved one.*

Suyeishi, Mark, Psy.D.

303-290-0860

6075 S. Quebec, #203, Englewood, CO 80111
*Family, minority (Asian), grief, drugs, victim's assistance,
Children, adolescents. Will take insurance and will slide fees.*

Fax: 303-796-0324

Woodman, Nicole, MA, LPC, NCC

303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124
www.newyoucounseling.com
*Solution-focused individual, group, family & couples counseling with a treatment
specialization for children & adolescents; grief/loss; depression; anxiety; body image
issues; divorce/blended families; school performance; college/career counseling;
conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.*

General Counseling Resources

- Arapahoe/Douglas Mental Health Network** 303-730-8858
 5500 S. Sycamore St., Littleton, CO 80120
 61 W. Davies, Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
Individual & group counseling addressing grief & loss issues
- Believing in Kids & Families, LLC** 303-794-7008
 5808 S. Rapp St., #100, Littleton, CO 80120
www.bikaf.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement
- Briggs, Jana, MA, NCC, LPC** 303-495-0317
 5777 S. Rapp St., #204, Littleton, CO 80120
www.janabriggs.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.
- Brodie, Judith, MA, LPC, LLC** 303-503-5282
 3939 E. Arapahoe Rd. #215, Centennial, CO 80122
www.judithbrodie.com
*Kind, compassionate support for children, adults and families dealing with grief
 And loss, end-of-life transitions, serious illness or relationship difficulties.*
- Castle Rock Counseling** 303-482-0904
Abby Blacklock, MA, NCC
 399 Perry St. #305B, Castle Rock, CO 80104
www.castlerockcounseling.com
Specializes in individual and couples counseling. Grief/loss; anxiety/stress; depression; trauma/abuse; parenting skills.
- Colorado AIDS Project** 303-837-0166
 2490 W. 26th Ave. #300A, Denver, CO 80211
www.coloradoaidsproject.org
Grief and loss support after the death of a loved one from AIDS; case management for HIV+ clients
- Davis, Linda, MSW, LCSW** 303-480-8864
 10303 E. Dry Creek Rd., Englewood, CO 80112 (Summit II)
<http://lindagdavis.com>
Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.
- Dawson, Michael, MA, LPC** 303-481-4257
 13791 E. Rice Pl., Aurora, CO 80015
www.michaeldawsoncounseling.com
Emphasis in grief and loss for children, adolescents, and families
- Duncan, Dwight, Psy. D.P.C.** 303-355-7134
 90 Madison St., Suite 405, Denver, CO 80206

Medical Psychologist. Ages 12 and up. Medical illness; loss and grief; relationships; depression and anxiety. Sliding scale.

Filios, Karrie, MS 303-549-7454
620 Wilcox, Castle Rock, CO 80104
Emphasis in grief and loss for children and families

Flemons, Joanna, LCSW 303-675-7155
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Specializes in relationship issues; divorce; parenting; depression & anxiety; grief/loss; addictions; eating disorders. Accepts insurance, cash & checks.

GriefShare 303-660-0057
3737 Newhope Way, Castle Rock, CO 80104
www.griefshare.org
13 week faith-based support group for adults who have suffered the death of a loved one. Tuesday evenings at New Hope Presbyterian.

HeartLight Center 720-748-9908
11150 E. Dartmouth Ave., Denver, CO 80014
www.heartlightcenter.org
Community support and resources for caregivers and the public dealing with end-of-life, death and grief concerns. Monthly support groups.

Horses Healing Grief 720-353-1373
Mailing: 13791 E. Rice Pl., Aurora, CO 80015
www.heavensenthorses.com
People partnered with horses to help bring healing to broken bodies and wounded souls; loss and grief

Integrative Therapy Solutions 720-285-6438
Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families. Will slide fees; no insurance.

Iolite Counseling 303-956-8949
900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Serving children through adults. Grief and loss groups for youth, as well as individual grief and loss counseling. Free initial consultation; sliding scale available.

Kirk, Cher, MA, LPC 303-503-4333
Cher Kirk Counseling
10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.

Moore, April, MS, LPC 303-593-0575

18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
*Children, adolescents and families. Emphasis in physical
and/or sexual abuse; grief/loss; trauma, mental & physical disabilities*

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT

www.pikespeakcounseling.com

12900 Stroh Ranch Way #220, Parker, CO 80134

*Grief/Loss work with children, adolescents & families ; certified play therapist;
does not accept insurance ; sliding scale available.*

Proactive Counseling

303-917-6211

1745 Shea Center Dr., Highlands Ranch, CO 80126

*Individuals, couples; multiple approaches dealing with multiple issues such as
marriage / family issues, parenting issues, depression, anxiety / stress, trauma, grief & loss.*

Schaffer, Stacy

602-885-5485

5460 Ward Rd., Arvada, CO 80004

www.stacyschaffer.com

*Therapeutic services for children & adolescents with an emphasis on grief and loss,
along with many other issues; specialty in play therapy. No insurance but will slide fees.*

Smith, Jenna K., MSW

303-810-0658

5347 S. Valentia Way #120, Greenwood Village, CO 80111

*Specializing in working with elementary-age children & their families;
divorce, grief & loss, anxiety, ADHD, parenting.*

Stevens, Michelle, MA, JD

303-916-8440

Introspection Counseling

2305 E. Arapahoe Rd., Centennial, CO 80122

www.introspectioncounseling.com

*Specializing in depression, grief / loss, anxiety / stress, infidelity, life transitions.
Initial consultation is free; accepts some insurance & will slide fees.*

Suttle, Tamara G., M.Ed, LPC

303-660-4989

6222 Lancaster Ave., Castle Rock, CO 80104

www.tamarasuttle.com

Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

Woodman, Nicole, MA, LPC, NCC

303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124

www.newyoucounseling.com

*Solution-focused individual, group, family & couples counseling with a
treatment specialization for children & adolescents; grief/loss; depression, more*

Worthing Carol Ann, PhD

303-663-5846

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

Psychological assessments for all ages; generalizing in most psychological issues.

Hospices

- Centura Home Care & Hospice** 303-561-5000
410 S. Wilcox St., Castle Rock, CO 80104
End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults
- Evercare Hospice & Palliative Care of Denver** 303-267-3700
6465 S. Greenwood Plaza #300, Centennial, CO 80111
<http://hadr.http.evercarehealthplans.com/>
End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults
- Hospice of Denver** 303-321-2828
501 S. Cherry St. #700, Denver, CO 80246
www.hospiceofmetrodenver.org
Respite services for care givers; support groups during and after the terminal illness of a loved one; groups for children
- Hospice of St. John** 303-862-3200
8 Inverness Dr. E., Englewood, CO 80112
End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults
- Legacy Hospice** 720-733-3975
599 Topeka Way, Castle Rock, CO 80109
www.mylegacyhospice.com
End-of-life care provided by an interdisciplinary team in-home, in long-term care or in assisted living; medical equipment available; 24 hour availability; bereavement support groups 1st & 3rd Thursday of each month at the Philip S. Miller Library in CR.
- Pikes Peak Hospice & Palliative Care** 719-633-3400
825 E. Pikes Peak Ave. #600, Colorado Springs, CO 80903
www.pikespeakhospice.org
End of life transition care for patient and family; respite care; pain management; grief/loss groups for teens and adults

HANGOUTS FOR TEENS

1 Liquid House

303-916-1515

6668 Lynx Cove

www.1liquidhouse.com

Safe haven for youth; opportunities for creative expression, including zine (u.b.u. magazine) and live music; mentoring by adults in music, film, and magazine production careers

LIFEsport

303-221-1743

7562 S. University Blvd. #K1, Centennial, CO 80122

www.lifespot.org

Live music; snack bar; video games; adult/teen volunteers; Ping-pong; foosball; big-screen movies; lots of room to socialize

Douglas County Libraries

303-791-7323

www.douglascountylibraries.org

Castle Pines Library: 7437 Village Square Drive #110, Castle Pines

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch

Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree

Louviers Library, Louviers Village Club House, Louviers

Parker Library: 10851 S. Crossroads Dr., Parker

Roxborough Library: 8357 N. Rampart Range Rd., Littleton

HEALTH / NUTRITION

Alternatives Pregnancy Center

19029 E. Plaza Dr., #255, Parker, CO 80134 720-851-2040

2 West Dry Creek Cir. #180, Littleton, CO 80120 303-295-2288

www.youhavealternatives.org

*Counseling and alternatives for pregnant women of all ages;
pre- and post-natal support; healthcare referrals; free pregnancy testing*

Castle Rock Family Acupuncture

303-660-4357

One Oakwood Park #106, Castle Rock, CO 80104

www.crfacclinic.com

Clinic of Oriental Medicine, LLC; acupuncture; holistic healthcare.

Center for Disease Control & Prevention

1-800-227-8922

Information & referrals on STDs

Colorado AIDS Project

303-837-0166

2490 W. 26th Ave. #300A, Denver, CO 80211

www.coloradoaidsproject.org

*Advocacy, support and referral information for individuals
diagnosed with HIV and/or AIDS; clinical trial resources;
meals; housing access*

Colorado Child Health Plan

1-800-359-1991

P.O. Box 929, Denver, CO 80201

303-909-2010

www.cchp.org

www.chpplus.org

*Affordable health care coverage for uninsured families;
info available in Spanish*

Denver Indian Health and Family Services

303-781-4050

1633 Fillmore St., Denver, CO 80206

www.dihfs.org

*Health and fitness information tailored to Native
Americans; diabetes screening/care; counseling; victim services*

Denver Metro Health Clinic

303-602-3560

605 Bannock St. #123, Denver, CO 80204

Appts. 303-602-3548

Free walk-in clinic; diagnosis and treatment of

sexually transmitted diseases; confidential HIV test results line, appointments

Doctors Care

303-730-1313

191 E. Orchard Rd. #102NE, Littleton, CO 80121

www.drscare.org

*Medical services for uninsured or underinsured children
from newborn to age 21*

<i>Integrative Medical</i>	303-814-9262
340 Third St., Castle Rock, CO 80104	
www.imatcy.com	
<i>Holistic medical treatment including acupuncture, massage, herbal remedies</i>	
<i>Komen National Breast Care Helpline</i>	1-800-462-9273
www.komen.org	
<i>Resources and referrals for breast health and breast cancer</i>	
<i>Metro Community Provider Network</i>	303-360-6276
Locations throughout the metro area	
www.mcpcn.com	
<i>Provides a range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.</i>	
<i>Planned Parenthood</i>	303-321-7526
131 W. County Line Rd., Littleton, CO 80129	
<i>Well-woman exams; family planning information</i>	
<i>Rocky Mountain MS Center</i>	303-788-4030
701 E. Hampden #420/530, Englewood, CO 80113	
www.mscenter.org	
<i>Neurology care for multiple sclerosis; adult day program; hydrotherapy; educational seminars; support groups; access to clinical trials</i>	
<i>Rocky Mountain Poison and Drug Center</i>	1-800-222-1222 (emergencies)
990 Bannock St., 4 th Floor, Denver, CO 80204	
www.rmpdc.org	
<i>Regional poison and drug information center, providing emergency and non-emergency info about symptoms/treatment of poisonings</i>	
<i>Tri-County Health Department</i>	303-663-7650
4400 Castleton Court, Castle Rock, CO 80109	
www.tchd.org	
WIC Supplemental Nutrition Health Care Program for Children with Special Needs:	303-761-1340
www.tchd.org/hcp.htm	
Vital Statistics:	303-220-9200
Family Planning Services:	303-363-3018
<i>Pregnancy testing; nursing division; nutrition; environmental health</i>	
<i>WINGS Teen Parenting Program (DCSD)</i>	303-387-1146
2842 Front Street, Castle Rock, CO 80104	
<i>Douglas County School District program offering information on teen mother health & prenatal care</i>	

HOUSING

- ACCESS Housing** 303-289-7078
6978 Colorado Blvd., Commerce City, CO
Rental assistance
- Catholic Charities, Denver Archdiocese** 303-742-0828
4045 Pecos St., Denver, CO 80211
www.catholiccharitiesdenver.org
- Champa House** 303-294-9961
2544 Champa St., Denver, CO 80205
Shelter housing for women and children, with stated goal of self-sufficiency
- Comitis Crisis Center** 303-343-9890
2178 Victor St., Aurora, CO 80045
Monday – Friday, 8:00 a.m. to 5:00 p.m.
Food baskets; limited clothing; transitional housing for families.
- Crossing, The** 303-953-3900
6090 E. Smith Rd., Denver, CO 80216
www.denverrescuemission.org
Long-term housing program offered through the Denver Rescue Mission, with resources for homeless men and families
- Denver Rescue Mission Mentoring Program** 303-805-4936
3501 E. 46th Ave., Denver, CO 80216
www.denverrescuemission.org
Mentoring groups in support of gaining employment and sustainable, affordable housing
- Douglas County Housing Partnership** 303-784-7857
9350 Heritage Hills Circle, Lone Tree, CO 80124
Foreclosure Hotline: 303-784-7856
www.douglascountyhousingpartnership.org
Access point for affordable housing; foreclosure counseling/mediation; down payment assistance; homeownership classes
- Douglas / Elbert Task Force** 303-688-1114
1638 Park St., Castle Rock, CO 80104
www.detaskforce.org
Emergency assistance with clothing, food, lodging, transportation, utilities, activities, etc. Thrift store has all sorts of affordable treasures.
- Family & Senior Homeless Initiative** 303-313-2440
6090 Smith Rd., Denver, CO 80216 Fax: 303-297-9308
www.fshi.org
A project of the Denver Rescue Mission; contributes to first full month's

rent of a house or apt, plus security deposit; will assist with food, clothing, furnishings, etc.; mentoring support with an emphasis on self-sufficiency

Family Tree 303-422-2133

3805 Marshall St., Wheat Ridge, CO 80033

www.thefamilytree.org

Service to all metro-area counties; rental assistance; homeless prevention resources; case management; domestic violence intervention; youth services; resources for Veterans

Inter-Faith Community Services 303-789-0501

3370 S. Irving St., Englewood, CO 80110

www.ifcs.org

Financial assistance housing, other financial needs

LEAP Low Income Energy Assistance Program 303-688-4825

Mile High United Way 303-433-8383

Emergency Assistance Line: 303-561-2111

2505 18th St., Denver, CO 80211

www.unitedwaydenver.org

Emergency assistance for food, housing

Partners in Housing 719-473-8890

455 Gold Pass Heights, Colorado Springs, CO 80906

www.partnersinhousing.org

Supported transitional housing for homeless families with children, single adults and childless couples; services include casework, financial counseling, life skills classes and rent assessment.

Salvation Army 303-329-6490

Toll-Free Line for Donation Pick-Ups: 1-800-958-7825

2205 E. Colfax Ave., Denver, CO 80206

Urban Peak 303-777-9198

1630 S. Acoma, Denver, CO 80223

www.urbanpeak.org

Housing and life skills for homeless or runaway youth; education; case management; referrals

Vision Quest Laradon House 303-318-0113

5100 Lincoln St., Denver, CO 80216

www.vq.com

Housing and life skills for homeless/ runawayyouth; education; case management.

Women's Crisis & Family Outreach Center 303-688-1094

24-Hour Crisis Line: 303-688-8484

Giving victims a voice & families a future - - Crisis counseling; shelter assistance for women & children victimized by domestic violence

INFANT / EARLY CHILDHOOD SERVICES

- Arapahoe/Douglas Mental Health Network** 303-797-9426
Infant and Early Childhood Services
61 W. Davies Littleton, CO 80120
www.admhn.org
Provides services for children younger than six years old and their families.
- Colorado Child Care Assistance Program (CCCAP)** 303-688-4825
4400 Castleton Court, Castle Rock, CO 80109 ext. 5343
Childcare assistance for families who financially qualify
- Connect Us** 303-993-3839
6940 S. Holly Circle, Centennial, CO 80112
www.connectus-now.com
Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.
- Cooperative Extension – Douglas County** 720-733-6926
410 Fairgrounds Rd., Castle Rock, CO 80104
www.coopext.colostate.edu/douglas/
Child Care Providers List for Douglas County
- Developmental Pathways, Inc.** 303-360-6600
325 Inverness Drive South, Englewood, CO 80112
www.developmentalpathways.org
Early intervention program serves families with children younger than 3 years old who are exhibiting some type of developmental delay.
- Douglas County Child Care Association** 303-841-7718
Referrals:
Castle Rock 303-688-6516
Highlands Ranch-Lone Tree 303-346-9779
Parker and Elizabeth area 303-841-3150
www.douglascountychildcare.com
Referrals to local licensed childcare providers; resources for providers
- Douglas County Early Childhood Coalition** 720-560-7300
3950 Trail Boss Ln., Castle Rock, CO 80104
www.dcearlychildhood.org
Early childhood Council for Douglas County working to build community awareness of and connections to early childhood services.
- Douglas County Human Services** 303-688-4825
4400 Castleton Court, Castle Rock, CO 80109

(To report child abuse, ask for Intake Worker)
Child care assistance (referrals, finances, access to CCCAP listed above)

Douglas County Libraries 303-791-7323

www.douglascountylibraries.org

Many early literacy storytimes offered each week at all locations for children ages 0-5.

“Book Start” storytimes for early literacy offered at local childcare centers that can’t get to the library. Classes for parents in how to foster early literacy in their infants and children.

Castle Pines Library: 7437 Village Square Drive #110, Castle Pines

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch

Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree

Louviers Library, Louviers Village Club House, Louviers

Parker Library: 10851 S. Crossroads Dr., Parker

Roxborough Library: 8357 N. Rampart Range Rd., Littleton

Douglas County School District - Early Childhood Center

www.dcsdk12.org

ChildFind

303-387-0804

Early childhood assessment/referral for developmental delays in all areas ages birth -5 years of age

Early Childhood Center North

8200 E. Park Meadows Drive, Suite 204, Lone Tree, Co 80104

Early Childhood Center South

3950 Trail Boss Lane, Castle Rock, CO 80104

Early Childhood Connections for Arapahoe & Douglas 303-706-0075

8 Inverness Dr. South #255, Englewood, CO 80112

www.earlychildhoodconnections.org

Coordinated early education and support for children with development delays/disabilities; family support

Firefly Autism 303-759-1192

2685 S. Jersey St., Denver, CO 80222

www.fireflyautism.org

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Metro Denver Child Care Resource & Referral 303-381-2990

www.frcce.org/MDCCR.asp

More than 3,900 licensed child care providers; free referral service

The Rock MOPS (Mothers of Preschoolers)

www.therockmops.com

Support, community, practical advice and personal growth offered by other moms of children, pregnancy through kindergarten. Meetings 2nd and 4th Tuesday of each month; speakers, crafts, meals, fellowship. Registration & dues. Contact admin@therockmops.com.

Rocky Mountain Parents As Teachers 720-482-8068

3800 South Pierce Street, Denver, CO 80235

www.rmpat.org

An early-learning program for parents prenatal through age 5.

Social Pathways

303-834-7687

9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Rec)

20120 E. Mainstreet, Parker, CO 80138 (Parker Rec)

www.socialpathways.com

Toddlers to tweens. Testing for the following – social skills, education level, social/emotional/behavioral, cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.

Schaffer, Stacy

602-885-5485

5460 Ward Rd., Arvada, CO 80004

www.stacyschaffer.com

Therapeutic services for children & adolescents with an emphasis on grief and loss; specialty in play therapy. Does not accept insurance but will slide fees.

Tri-County Health Department

303-663-7650

4400 Castleton Court, Castle Rock, CO 80109

www.tchd.org

WIC Supplemental Nutrition

Children with Special Needs:

303-761-1340

Family Planning Services:

303-363-3018

Post Partum Depression

Edinburgh Postnatal Depression Scale (EPDS)

<http://www.fresno.ucsf.edu/pediatrics/downloads/edinburghscale.pdf>

Postpartum Support International

503-894-9453

Helpline:

800-944-4PPD

6706 SW 54th Ave., Portland, Oregon 97219

www.postpartum.net

Dedicated to helping women suffering from prenatal mood and anxiety disorders, including postpartum depression. Provides access to local support and resources.

Postpartum Support International Colorado Resource Guide

Colorado State Co-ordinators:

Katie Kripke, MSW, LSW

303-586-1564

Joan Getz-Heller, RN, LCSW

4770 E. Illiff Ave., #104, Denver, CO 80222

303-759-9171

The Kempe Center

303-864-5300

Postpartum Depression Intervention Program

The Gary Pavillion at The Children's Hospital

Anschutz Medical Campus

13123 E 16th Ave., B390 Aurora, CO 80045

www.kempe.org

Helping moms overcome a terrible disease so they, and their children, can thrive.

LEADERSHIP PROGRAMS FOR YOUTH

4-H Clubs

720-733-6940

410 Fairgrounds Rd., Castle Rock, CO 80104

www.douglascountyextension.org

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences

CALF (Colorado Agricultural Leadership Foundation)

720-733-6930

410 Fairgrounds Road, Castle Rock, CO 80104

<http://www.thecalf.org>

CALF provides opportunities for youth to develop leadership within the context of farming and ranching activities

Campfire USA

303-333-7142

5161 Sheridan Blvd., Denver, CO 80212

www.campfirerockies.org

Outdoor experiences, art & service-learning; summer camps

Define Your Peace / Fire Mountain Enterprises

303-242-5479

5745 Olde Stage Rd., Boulder, CO 80302

www.drugandalcoholinterventionspecialists.com

www.firemountainprograms.com

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Douglas County Youth Congress

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

<http://www.douglas.co.us/countyadmin/youth/index.html>

Yearly event where youth delegates meet with local elected officials and policy makers to make a difference on youth and family issues; high school-age program

x5327

Youth Leadership Douglas County

303-660-3749

Kristine.turner@youthleadershipdc.com

www.youthleadershipdc.com

Three-year intensive leadership experience providing leadership development and experiential opportunities. An emphasis is placed on service and ethics.

LEGAL ISSUES / ASSISTANCE

Advocacy

- Advocates for Children (Douglas Co.)*** 303-695-1882
10855 E. Bethany Dr. #200, Aurora, CO 80014
www.adv4children.org
Court advocate services for abused/neglected children within the 18th Judicial District (local CASA office)
- Colorado Juvenile Defenders Coalition*** 303-825-0194
670 Santa Fe Dr., Denver, CO 80204
www.cjdc.org
Statewide coalition working toward quality juvenile defense, access to counsel, due process for youth being filed on in adult court (direct file), advocacy for youth being held in adult facilities.
- Court Appointed Special Advocates (CASA)*** 303-695-1882
10855 E. Bethany Dr., Aurora, CO 80014
www.adv4children.org
Court advocate services for abused/neglected children within the 18th Judicial District
- Legal Center for People with Disabilities & Older People*** 303-722-0300
455 Sherman St., #130, Denver, CO 80203 TTY: 303-722-3619
www.thelegalcenter.org
Assistance with education access; investigation of abuse/neglect allegations; assistance with access to housing and employment
- North American Indian Legal Services*** 720-840-5438
2540 S. Josephine, Denver, CO 80210
www.nailsinc.org
Legal services for all youth; mentoring
- Office of the Child's Representative*** 303-860-1517
1650 Pennsylvania St., Denver, CO 80203
www.coloradochildrep.org
Guardian ad litem services for children; online resource center
- Rocky Mountain Children's Law Center*** 303-692-1165
1325 S. Colorado Blvd. #308, Denver, CO 80222
www.rockymountainchildrenslawcenter.org
Guardian ad litem services for abused/neglected children; pro bono services; foster parent training
- Stepping Stone Advocacy*** 720-276-0621
9674 E. Arapahoe Rd. #147, Greenwood Village, CO 80112
Information & advocacy for families who have youth in commitment with the Division of Youth Corrections; classes, parent/teen mediation, consultations.

Attorney Referral

Access to Justice

1900 Grant St., Suite 900, Denver, CO 80203-4336
www.cobar.org

303-824-5305

303-860-1115

A project of the Colorado Bar Association; pro bono (free) weeks, pro se clinics to help with self-representation, legal resource directory, services for veterans.

Call a Lawyer Program

www.coloradolegalservices.com
Free legal information provided by volunteer attorneys, every Wednesday from 4-6:30 p.m.

303-698-0999

Colorado Legal Services

1905 Sherman St. #400, Denver, CO
www.coloradolegalservices.org
Civil court legal information for low-income clients; self-help materials; referrals

303-837-1313

Colorado Public Defenders Office

611 Wilcox, #E, Castle Rock, CO 80104
www.state.co.us/defenders/officeinfo/douglas.html
Criminal defense for financially qualified defendants of all ages

303-688-3081

Metropolitan Lawyer Referral Service

899 Logan St. #408, Denver, CO 80203
www.denbar.org
Serves Douglas County; referral to attorney appropriate for legal issue at hand; low-cost initial conference

303-831-8000

Child Custody / Support

Broadbeck, Dee - Child & Family Center

308 Wilcox Street, Castle Rock, CO 80104
Experienced custody evaluator. No insurance or sliding fee.

303-688-6482

Child Support Division, Dept. of Human Services

720-895-8700

Douglas County Courts Self-Help Center

Douglas County Justice Center
4000 Justice Way, Castle Rock, CO 80109
Fridays from 8:30 a.m. to noon; onsite attorney provides assistance with divorce proceedings, legal separation and/or child custody matters.

Documents / Birth Certificates

Metro Caring

303-860-7200

1100 E. 18th Ave., Denver, CO 80218

Assistance obtaining documents such as birth certificates; financial assistance.

Shaw, Jonathan, Esq.

720-229-8351

Legal advocacy for the latino community, particularly those who've immigrated to the U.S. Free consultations and flexible pricing structure..

Guardians Ad Litem

Office of the Child's Representative

303-860-1517

1650 Pennsylvania St., Denver, CO 80203

www.coloradochildrep.org

Guardian ad litem services for children; online resource center

Rocky Mountain Children's Law Center

303-692-1165

1325 S. Colorado Blvd. #308, Denver, CO 80222

www.rockymountainchildrenslawcenter.org

Guardian ad litem services for abused/neglected children; pro bono services; foster parent training

General Resources & Services

Douglas County Youth Initiative

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

<http://www.douglas.co.us/countyadmin/youth/index.html>

Assistance in negotiating the juvenile justice system; referrals to various community services

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

- Juvenile Assessment Center, 18th J.D.** 720-874-3381
 7375 S. Potomac St. Pod #5, Centennial, CO 80112
www.jac18.org
Serves youth ages 10-17; jail screening; house arrest; mental health assessment; free general assessment; referral
- Juvenile Diversion, Justice Center** 303-814-7140
 4000 Justice Way #2440, Castle Rock, CO 80104
Individual and family therapy at low or no cost via the Juvenile Assessment Center; therapeutic diversion option for District Court.
- MADRE Program** 303-794-4890
 1610 W Littleton Blvd., 2nd Floor, Littleton, CO 80120 x119
 18th Judicial District Probation
Intervention for girls age 12-17 who are in serious conflict with a mother figure
- Marvin W. Foote Center (juvenile detention)** 303-768-7520
 13500 E. Fremont Pl., Englewood, CO 80112
Detention (jail) and post-sentencing commitment (incarceration) of juveniles accused or convicted of crimes
- Pre-Trial Services / SB 94** 303-660-7552
 Christensen Justice Center
 4000 Justice Way, Castle Rock, CO 80104
House arrest supervision; detention risk assessment
- Probation, 18th Judicial District (Douglas)** 303-814-7170
 Christensen Justice Center
 4000 Justice Way #2430, Castle Rock, CO 80104
Court-ordered supervision of adults and juveniles
- Shaw, Jonathan, Esq.** 720-229-8351
Legal advocacy for the latino community, particularly those who've immigrated to the U.S. Free consultations and flexible pricing structure..
- Weber, Susan, PsyD** 303-683-5620
 Compass Colorado Health Care, Inc.
 8671 S. Quebec St. #200, Highlands Ranch, CO 80130
www.compass_md.org
Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

Juvenile Criminal Defense

- Colorado Juvenile Defenders Coalition** 303-825-0194
670 Santa Fe Dr., Denver, CO 80204
www.cjdc.org
Statewide coalition working toward quality juvenile defense, access to counsel, due process for youth being filed on in adult court (direct file), advocacy for youth being held in adult facilities.
- Colorado Public Defenders Office** 303-688-3081
611 Wilcox, #E, Castle Rock, CO 80104
www.state.co.us/defenders/officeinfo/douglas.html
Criminal defense for financially qualified defendants of all ages
- Kianpour, Shazam & Associates, P.C.** 303-825-1075
190 E. 9th Ave. #420, Denver, CO 80203
www.shazamlaw.com
A fearless fighter on the side of juveniles accused of crimes; free initial consultation, payment schedules, possible sliding scale.

Restorative Justice / Mediation Services

- Center for Divorce & Parenting** 303-771-5424
P.O. Box 4642, Englewood, CO 80155
www.centerfordivorceandparenting.com
Divorce & Family Mediation; Civil Mediation; guidance on decision-making and communication throughout the divorce & co-parenting experience. Classes offered on parenting through divorce, Love & Logic parenting, conflict resolution. Coaching to assist with development of parenting / custody plans.
- Gresh Mediation Group, LLC** 303-915-1345
4833 Front St. #B, Castle Rock, CO 80104
www.greshmediation.com
Mediation and alternative dispute resolution services.
- Haven Corporation**
Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>

Victim empathy groups; teen anger management groups held separately for males and females; assessment and in-home coaching & therapy services.

Integrative Therapy Solutions

Serving Aurora, Denver & south metro area

<http://integrativetherapysolutions.org>

Criminal & juvenile justice concerns, restorative justice services. Will slide fees; no insurance.

720-285-6438

720-285-6437

Professional Counseling Services, Inc.

4155 E. Jewell Ave., Denver, CO 80222

Six-week course for youth with Minor In Possession – Alcohol charges; specializing in addictions and adolescents; individual and family counseling.

303-691-0225

Resolution Works

7000 S. Windermere St, Littleton, CO

www.yourresolutions.org

Victim/Offender Mediation, Parent/Teen Mediation, ReThinking Drinking Restorative Justice program (MIP-Alcohol diversion), Community Mediation, Public Dialogue, High-Risk Victim/Offender Dialogue

720-629-7028

Soaring Spirits Counseling

6650 W. 44th Ave., Wheat Ridge, CO 80033

www.soaringspiritscounseling.com

Mediation and restorative justice services designed to make victim, offender and the community whole again.

303-350-0054

Teen Court:

Teen Court, Town of Castle Rock

100 Perry St., Castle Rock, CO 80104

www.crgov.com

303-663-6134

Teen Court, Town of Parker

20120 E. Mainstreet, Parker, CO 80138

www.parkeronline.org

303-805-3101

Teen offenders are sentenced by a jury of their peers for misdemeanor offenses; volunteers between the ages of 12 and 17 serve as prosecutor, defense counsel, and jury.

MEDICAL SERVICES

Low-Income

ACS L.I.F.T. Mobile Medical Van 303-935-7230

Stops at the Douglas/Elbert Task Force Parking Lot
1638 N. Park Street, Castle Rock, CO 80109

www.ACSLIFT.org

Hours: 1st & 3rd Wednesday of each month, 6 p.m. to 7:30 p.m.

Services: FREE basic non-emergency care; non-narcotic prescriptions; immunizations

Colorado Indigent Care Program 303-761-4825

4400 Castleton Court, Castle Rock, CO 80109

Dept. of Human Services (Douglas)

Medical, psychiatric and dental services

Doctors Care 303-730-1313

191 E. Orchard Rd #102NE, Littleton, CO 80121

Low-cost/no-cost medical care; Medicaid accepted

Metro Community Provider Network 303-360-6276

Locations throughout the metro area

www.mcpcn.com

Range of low-cost medical services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Partnership for Prescription Assistance 1-888-477-2669

www.pparx.org

Assists qualified patients in accessing free or reduced-cost prescription medications.

Ronald McDonald Care Mobile 719-866-6789

Various locations & times throughout Douglas County

www.peakvista.org or www.rmhcs.org

Provides a range of low-cost medical services for children through the age of 21; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.

Call or check website for locations and dates.

Rocky Mountain Youth Clinics

AURORA – 750 Potomac St., #L-23 303-360-8111

DENVER – 1601 E. 19th Ave, #6300 303-869-2182

THORNTON – 9195 Grant St., #301 303-450-3690

www.rockymountainyouth.org

Low-cost/no-cost medical care for children; Medicaid & CHP+; clinics offering immunizations, sick visits, minor acute care, mental health/social services, mobile dental, etc.

Prescription Assistance

<i>Metro Community Provider Network</i>	303-360-6276
Locations throughout the metro area www.mcpn.com <i>Provides a range of low-cost pharmacy services for all ages; sliding scale, Medicaid, CHP+, CO Indigent Care Program, etc.</i>	
<i>Partnership for Prescription Assistance</i>	1-888-477-2669
www.pparx.org <i>Assists qualified patients in accessing free or reduced-cost prescription medications.</i>	

Castle Rock Area

<i>Castle Rock Adventist Health Campus</i>	720-455-5000
2350 Meadows Blvd., Castle Rock, CO 80109	
<i>Castle Rock Family Acupuncture</i>	303-660-4357
One Oakwood Park #106, Castle Rock, CO 80104	
<i>Castle Rock Family Physicians</i>	303-688-8989
1025 Perry Street, Castle Rock, CO 80104	
<i>Castle Rock Medical Clinic</i>	303-688-0660
3 Oakwood Park, Castle Rock, CO 80104	
<i>Castle Rock Pediatrics</i>	303-688-2228
1 Oakwood Park #106, Castle Rock, CO 80104	
<i>Integrative Medical</i>	303-814-9262
340 Third St., Castle Rock, CO 80104 www.imatcy.com <i>Holistic medical treatment including acupuncture, massage, herbal remedies</i>	
<i>Plum Creek Dental Group</i>	303-688-2229
1025 S. Perry St., Suite 105, Castle Rock, CO 80134	
<i>Plum Creek Medical</i>	303-688-6900
410 Wilcox, Castle Rock, CO 80104	

Highlands Ranch Area

<i>Highlands Ranch Family and Adult Medicine</i> 200 W. County Line Road #130, Highlands Ranch, CO 80126	303-791-0418
<i>Horizon's Women's Care</i> 10099 Ridgeway Pkwy, Lone Tree, CO 80124	303-791-2112
<i>Invision Imaging Center at Highlands Ranch</i> 9330 S. University Blvd. #139, Highlands Ranch, CO 80123	303-471-0500

Lone Tree Area

<i>Sky Ridge Medical Center</i> 10101 RidgeGate Parkway, Lone Tree, CO 80124	720-225-1000
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Parker Area

<i>Parker Family Medicine</i> 10471 Parker Rd., Parker, CO 80134	303-841-4028
<i>Parker Orthodontics</i> 19700 E. Parker Square Dr., Suite C, Parker, CO 80134	303-841-5500

Other Areas

<i>Centennial Healthcare Plaza</i> 14200 E. Arapahoe Road, Englewood, CO 80112	303-699-3000
<i>Elizabeth Family Health Center</i> 34061 Forrest Park Drive, Elizabeth, CO 80107	303-646-4071
<i>Hospice of Denver</i>	303-321-2828

501 S. Cherry St. #700, Denver, CO 80246
www.hospiceofmetrodenver.org
Palliative care for clients with terminal illnesses; 24-hour
Care Centers (inpatient); social services for clients and their families

Hospitals

<i>Aurora Regional Medical Center – ER</i> 1501 S. Potomac Street, Aurora, CO 80012	303-695-2628
<i>Castle Rock Adventist Health Campus</i> 2350 Meadows Blvd., Castle Rock, CO 80109	720-455-5000
<i>Children’s Hospital</i> 1056 E. 19th Avenue, Denver, CO 80218	303-861-8888
<i>Children’s Hospital - Parker</i> 9395 Crown Crest Blvd., Parker, CO 80138	720-777-1350
<i>Littleton Adventist Hospital</i> 7700 S. Broadway, Littleton, CO 80120	303-730-8900
<i>Parker Adventist Hospital</i> 9395 Crown Crest Blvd., Parker, CO 80138	303-269-4000
<i>Porter Memorial Hospital</i> 2525 S. Downing Street, Denver, CO 80210	303-778-1955
<i>Sky Ridge Medical Center</i> 10101 RidgeGate Parkway, Lone Tree, CO 80124	720-225-1000
<i>Swedish Medical Center – ER</i> 501 E. Hampden Avenue, Englewood, CO 80110	303-788-6911

MENTAL HEALTH TREATMENT

Abuse / Trauma

- Adams, Bethany, MA, NCC** 720-291-1482
Hope Counseling Services
9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012
www.hopencounselingservices.org
Anger management (adolescents & younger children); play therapy; behavior issues; social issues; mood disorders; trauma; cash or check; will slide fees.
- Arapahoe/Douglas Mental Health Network** 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Attoma-Matthews, Colleen, LCSW** 303-594-9085
1750 Humboldt St., #202, Denver, CO 80218
Specializes in adolescents and families. Substance abuse, self-harm, legal issues, trauma and sexual abuse. Takes some insurance.
- Castle Rock Counseling** 303-482-0904
Abby Blacklock, MA, NCC
399 Perry St. #305B, Castle Rock, CO 80104
www.castlerockcounseling.com
Specializes in individual and couples counseling. Grief/loss; anxiety/stress; depression; trauma/abuse; parenting skills.
- Cohen, Carol, LPC** 303-759-5126
823 S. Perry St., #100, Castle Rock, CO 80107
2121 S. Oneida, Suite 412, Denver, CO 80224
Specializes in adolescent stress, depression, family therapy, trauma and sexual abuse. Takes insurance.
- Emmons, John, LPC** 303-660-2319
751 Maleta Ln. #201, Castle Rock, CO 80104
Specialty areas: Teens, families, couples, incest survivors; domestic violence, chemical dependency, school drop-out, suicide prevention.
- Foundations Family Counseling** 303-393-0085
138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples

therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of mental health.

Highlands Behavioral Health System

720-348-2800

8565 S. Poplar Way, Littleton, CO 80130

www.highlandsbhs.com

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Holtby, Michael, MSW

303-722-1021

309 Cherokee St., Denver, CO 80223

www.denverpsychotherapy.com

Sex and sexuality issues, dysfunction, abuse and coming out. Does not take insurance, sliding scale available.

Howard, Rebecca PsyD, LLC

303-730-8083

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

www.drrebeccaihoward.com

. An introductory session can be provided at no cost if requested by the potential client. Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee.

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling

303-956-8949

900 Castleton Rd. #135, Castle Rock, CO 80109

www.iolitecounseling.com

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Jens, Kathryn, PhD.

303-773-8991

8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111

Adolescents and families, PTSD, bullying, abuse, generalist.

Works with some insurances and sliding scale. Works part-time in CCSD.

Kern, David, MD

303-322-2262

3773 Cherry Creek North Dr. #735, Denver, CO 80209

Specializes in child psychiatry; individuals, couples, family therapy. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, marriage therapy, much more.

- LDS Family Services** 800-453-3860
www.ldsfamilyservices.org
Fee for service or fast offerings used to assist in fee; Latter Day Saints
- Lounsbrough, Craig, M.Div., LPC** 303-593-0575
 19284 Cottonwood Drive, #202, Parker, CO 80138 Fax: 303-840-0902
www.craiglpc.com
Child, adolescent, ADD, ADHD, ODD and conduct disorders, trauma and abuse disorders, mood disorders. Individual, marriage and family counseling. No sliding scale, will reduce fee.
- Matson, Rebecca, LPC** 720-489-8555
Grace Counseling Services
 7921 South Park Plaza, #204, Littleton, CO 80120
Specializes in work with victims of sexual or mental abuse, testing for learning disabilities, family and parenting skills. Does not accept insurance, sliding scale may be available.
- People House** 303-480-5130
 3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.
- Proactive Counseling** 303-917-6211
 1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples; Julie Sheehan is a licensed psychotherapist utilizing multiple approaches and targeting multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, behavioral disorders, grief & loss, sexuality, stress management..
- Schaffer, Stacy** 602-885-5485
 5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
Therapeutic services for children & adolescents with an emphasis on grief and loss, along with many other issues; specialty in play therapy. Does not accept insurance but will slide fees.
- Stinson, Wynde** 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Works with children ages 2-18, ADHD, child abuse victims, sexual abuse issues, anxiety, depression, early-onset Bipolar. Takes insurance & will slide fees.
- Suttle, Tamara G., M.Ed, LPC** 303-660-4989
 6222 Lancaster Ave., Castle Rock, CO 80104
www.tamarasuttle.com
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.

Tackney-Moen, Mimsy, LCSW 303-637-2516
Moen, Dan 303-779-5335

6065 S. Quebec, Englewood, CO 80011
Adolescents and families, depression, anxiety, ADD, bipolar, and physical and sexual abuse. No drug or alcohol abuse as primary diagnosis. Accepts most health insurance. Appointments after school and evenings.

Trathen & Associates, PC 303-593-0575

19284 E. Cottonwood Dr., #202, Parker, CO 80138
www.drtrathen.com
Psychological assessment; EMDR; couples & families; all ages

Zimmerman, Jennifer MC 303-995-7354

Serendipity Counseling
15 Wilcox #207, Castle Rock, CO 80104
Specializes in individuals, couples, families; ADHD; depression; anxiety; grief/loss; behavior disorders; divorce; blended family/stepparent issues; parenting classes. Will slide fees

Advocacy / Support for Youth and Families

Advocacy In Education 720-297-2999

6093 S. Quebec St., # 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students and families; brain-based learning; interpretation of IEPs and 504 plans.

Colorado Division of Mental Health 303-866-7400

3824 W. Princeton Cr., Denver, CO 80236 TTY: 303-866-7471
www.cdhs.state.co.us/ohr/mhs/index.html
Access to state mental health inpatient facilities; therapy; case management; medication services

- EMPOWER Colorado** 1-866-213-4631
 2200 S. Jasmine St., Denver, CO 80222
www.empowercolorado.com
Acronym stands for Education Movement: Parents Offering Wisdom, Encouragement and Resources; advocacy, workshops, support groups, mentoring
- Federation of Families for Children's Mental Health** 303-572-0302
 2950 Tennyson St., Denver, CO 80212
www.coloradofederation.org
Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process
- Mental Health Association of Colorado** 720-208-2220
 1385 S. Colorado Blvd., #610, Denver, CO 80222
www.mhacolorado.org
Information and referrals at no cost
- Mental Health Ombudsman Program of Colorado** 303-813-1173
 2460 W. 26th Ave. #30-C, Denver, CO 80211
www.mhopc.org
Free advocacy services for mental health service consumers and their families
- National Alliance on Mental Illness (NAMI)** 303-991-7688
 Serving Arapahoe & Douglas Counties
www.namiadco.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.
- National Alliance on Mental Illness (Statewide)** 303-321-3104
 Serving the State of Colorado
www.namicolorado.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.
- Our Kids**
<http://www.our-kids.org/>
Provides information and support for children and parents
- Parent to Parent of Colorado** 877-472-7201
 801 Yosemite St, Denver, CO 80230
www.p2p-co.org
Support and advocacy network for families of those with special healthcare needs or disabilities

Anxiety / Stress

- Adams, Bethany, MA, NCC** 720-291-1482
Hope Counseling Services
9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012
www.hopencounselingservices.org
Cash, checks; sliding scale
- Anderson, Jennifer, MFT** 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124
- Arapahoe/Douglas Mental Health Network** 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Blue Pine Recovery Center** 720-854-5959
P.O. Box 630066, Littleton, CO 80163
www.bluepineco.com
In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues, services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.
- Briggs, Jana, MA, NCC, LPC** 303-495-0317
5777 S. Rapp St., #204, Littleton, CO 80120
www.janabriggs.com
- Brody, Brian, LCSW, PhD.** 303-979-0319
6901 S. Pierce St., #100M, Littleton, CO 80128
www.denvertherapycenter.com
Stress, loss, depression.
- Castle Rock Counseling** 303-482-0904
Abby Blacklock, MA, NCC
399 Perry St. #305B, Castle Rock, CO 80104
www.castlerockcounseling.com
- Cohen, Carol, LPC** 303-759-5126
823 S. Perry St., #100, Castle Rock, CO 80107
2121 S. Oneida, Suite 412, Denver, CO 80224

Takes insurance.

Collaborative Care Counseling 303-241-0421

Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.

Colorado Therapy Services 303-319-6176

Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
Sliding scale available; group therapy, teens, children, adults, couples, families.

Counseling Groups for Pre K-6th Grade

Lesley Hueman, Ed.S, Licensed School Psychologist 720-837-5573
Danielle Ross, MSW, School Social Worker 303-229-7092
www.counseling4children.com
Offer 8-week anxiety management groups. Children will learn strategies to cope with anxiety; \$40.00 per participant per session/private pay only, if paid in advance, one session free.

Davis, Linda, MSW, LCSW 303-480-8864

10303 E. Dry Creek Rd., Englewood, CO 80112 (Summit II)
<http://lindagdavis.com>
Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.

Denver Family Institute

Central Office 303-756-3340

7200 East Hampden Ave, Suite 301, Denver, CO 80224

North Office 303-756-3340

4891 Independence, Suite 165, Wheat Ridge, CO 80033

www.denverfamilyinstitute.org

Family, couples and individual therapy counseling is available for a wide variety of issues. Reasonable sliding-fee scale based on the client's income. The fee range for a 50 minute therapy session is \$15-\$50.

Duncan, Dwight, Psy. D.P.C. 303-355-7134

90 Madison St., Suite 405, Denver, CO 80206
Sliding scale.

Eckenwiler, John, LMFT 303-267-2282

9998 N. Dransfeldt Rd., Parker, CO 80134
9362 Teddy Lane, #206, Lone Tree, CO 80124
www.therapyhelpnow.com
Some insurances, private pay; might slide fees.

"Face Your Fears" Anxiety Group @ JFK Partners

13121 E. 17th Ave., #C234, Aurora, CO 80045
Allisonj901@aol.com to register
14-week group for children between the ages of 8 and 14 who are on the autism Spectrum and are experiencing anxiety. \$80.00 per week; insurance accepted.

- Finger, Jennifer, MSW, LSA** 303-765-1677
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Sliding scale available.
- Flemons, Joanna, LCSW** 303-675-7155
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Accepts insurance, cash & checks.
- Foundations Family Counseling** 303-393-0085
138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).
- Gartner, Laura, LPC** 303-601-8269
2516 W. Main St., Littleton, CO 80120
www.lgfamilytherapy.com
Adolescents, couples, adults; accepts some insurances (Aetna, Cigna, Medicaid, Kaiser POS & PPO).
- Gelwick, Julie, LCSW** 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Accepts some insurance and will slide fees.
- Gray, Kelley, LPC** 720-489-8555
Grace Counseling Services
7921 South Park Plaza, #204, Littleton, CO 80120
Does not accept insurance; sliding scale may be available.
- Guzman, Maria Elena, PhD** 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Services available in Spanish. Takes some insurance.
- Hanze, Doug, PhD.** 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
Accepts some insurances.
- Highlands Behavioral Health System** 720-348-2800
8565 S. Poplar Way, Littleton, CO 80130
www.highlandsbhs.com
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.
- Howard, Rebecca PsyD, LLC** 303-730-8083
609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
www.drrebeccaiahoward.com
An introductory session can be provided at no cost if requested by the potential client. Scholarships may be available for clients with demonstrated need for both therapy and assessment. This is determined on a case to case basis during the introductory session and ranges between 10-50% discount off of normal fee.

- Integrative Therapy Solutions** 720-285-6438
 Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families; will slide fees; no insurance.
- Iolite Counseling** 303-956-8949
 900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Free initial consultation; sliding scale available.
- Kendall-Grove, Kwai, PhD.** 303-662-9670
 2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Will slide fees.
- Kern, David, MD** 303-322-2262
 3773 Cherry Creek North Dr. #735, Denver, CO 80209
Specializes in child psychiatry; individuals, couples, family therapy. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, marriage therapy, much more.
- Kirk, Cher, MA, LPC** 303-503-4333
 Cher Kirk Counseling
 10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.
- Legacy Comprehensive Counseling & Consulting** 303-841-4005
 19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Accepts insurance and will slide fees.
- Life Support Behavioral Institute** 888-516-5995
 7853 E. Arapahoe Ct., Suite 1250, Centennial, CO 80112
www.LifeSupportInstitute.com
Most insurance accepted.
- McAllaster-Schmitz, Amy, M.A., LPC** 303-513-7822
 2629 W. Main Street, Suite 145, Littleton, CO 80120
www.amymscounseling.com
- McLain, Joanne, PhD** 720-244-6329
 P.O. Box 1234, Elizabeth, CO 80107
- Meinecke, Margaret E., LCSW, CACIII** 303-973-1064
 5911 South Middlefield, Littleton, CO 80123
- Mile High Behavioral Health** 303-875-2965

13791 E. Rice Place, Aurora, CO 80015
www.mhbhonline.com

Moffitt, Melissa, MA, LPC 303-805-4004
19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
FACT (Families Adjusting To Change and Transition)
Divorce classes, parenting. Takes most insurance.

Olkowski, Thomas, Ph.D. 303-759-8539
7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112
Almost all insurance, no sliding scale.

People House 303-480-5130
3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
*Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;
All ages, all issues. People House also offers workshops & classes & activities.*

Pikes Peak Counseling 720-244-0899
Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
12900 Stroh Ranch Way #220, Parker, CO 80134
*Does not accept insurance but can provide receipts to clients upon request and
accepts sliding scale clients.*

Proactive Counseling 303-917-6211
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples.

Reed, Kayla, MA, LPC 303-229-9281
6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Takes insurance and will slide fees.

Sawyer, Chip 303-229-3348
5690 DTC Blvd., #120W, Greenwood Village, CO
www.redimere.com

Smith, Jenna K., MSW 303-810-0658
5347 S. Valentia Way #120, Greenwood Village, CO 80111
*Specializing in working with elementary-age children & their families;
divorce, grief & loss, anxiety, ADHD, parenting.*

Southeast Psychotherapy Associates, PLLC 303-694-1795
6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com

Stevens, Michelle, MA, JD 303-916-8440
Introspection Counseling
2305 E. Arapahoe Rd., Centennial, CO 80122
www.introspectioncounseling.com
Initial consultation is free; accepts some insurance & will slide fees.

- Stinson, Wynde** 719-488-8998
 153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Takes insurance & will slide fees
- Sykes, William M., MD** 303-504-6565
Wellshire Behavioral Services
 4141 E. Dickenson Place, Denver, CO 80222
www.wbscolorado.org
*Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently located onsite, and his office is easily accessible from I-25 and Colorado Blvd.*
- Tackney-Moen, Mimsy, LCSW** 303-637-2516
Moen, Dan 303-779-5335
 6065 S. Quebec, Englewood, CO 80011
Accepts most health insurance. Appointments after school and evenings.
- Thoreson, Kirk, PsyD** 303-550-0030
 1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com
Accepts some insurance or sliding fee scale; free 20 minute phone consult.
- Thurn, Janice, PhD** 303-782-0545
 4770 E. Illiff Ave., #218, Denver, CO 80222
Individuals, couples, families, anxiety, depression, stress, relaxation, pain recovery services.
- Uhernik, Julie, LPC, RN** 303-918-1775
 19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; no insurance but will slide fees.
- Woodman, Nicole, MA, LPC, NCC** 303-895-8280
 9220 Teddy Lane, Lone Tree, CO 80124
www.newyoucounseling.com
Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.
- Worthing Carol Ann, PhD** 303-663-5846
 240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.
- Zimmerman, Jennifer MC** 303-995-7354

Serendipity Counseling
15 Wilcox #207, Castle Rock, CO 80104
Will slide fees

Attachment Issues

Anderson, Jennifer, MFT 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124

Arapahoe/Douglas Mental Health Network 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Evergreen Psychotherapy Center 303-674-4029
32065 Castle Court #325, Evergreen, CO 80439
www.attachmentexperts.com

Highlands Behavioral Health System 720-348-2800
8565 S. Poplar Way, Littleton, CO 80130
www.highlandsbhs.com
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Institute for Attachment & Child Development 303-674-1910
27618 Fireweed Dr., Evergreen, CO 80439
www.instituteforattachment.org

Legacy Comprehensive Counseling & Consulting 303-841-4005
19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Accepts insurance and will slide fees.

McKay, Linda 719-488-8998
153 N. Washington St., P.O. Box 1067, Monument, CO 80132

Meinecke, Margaret E., LCSW, CACIII 303-973-1064
5911 South Middlefield, Littleton, CO 80123

Behavior Disorders

- Adams, Bethany, MA, NCC** 720-291-1482
Hope Counseling Services
9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012
www.hopencounselingservices.org
Cash or check; sliding scale.
- Anderson, Jennifer, MFT** 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124
- Arapahoe/Douglas Mental Health Network** 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Baroffio, Jim, PhD.** 303-706-9722
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
*Specializes in developmental disorders – Autism,
Aspergers and behavioral disorders. Does assessments as well.*
- Behavioral Growing Tree** 866-300-0822
www.behavioralgrowingtree.com
*In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children
Identified with autism, other special needs or typical children with behavioral challenges.
Assessments, Functional Behavioral Assessments, social skills groups, parent support
groups, school consultations. Insurance accepted.*
- Brody, Brian, LCSW, PhD.** 303-979-0319
6901 S. Pierce St., #100M, Littleton, CO 80128
www.denvertherapycenter.com
Stress, loss, depression
- Children's Hospital** 303-777-1234
Child Development Unit @ Children's Hospital
13123 E. 16th Ave., Aurora, CO 80045
<http://www.childrenscolorado.org/conditions/behavior/index.aspx>
*Diagnostic & treatment services for children with developmental delays, learning
disabilities or behavioral problems. Comprehensive evaluations.*

- Collaborative Care Counseling** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Colorado Therapy Services** 303-319-6176
 Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
Sliding scale available; group therapy, teens, children, adults, couples, families.
- Demander, Sam, Psy.D.** 303-841-6561
 19731 E. Pikes Peak Court, Parker, CO 80138
Takes insurance and will consider sliding scale.
- Dennis, Kenny, M.A., N.C.C** 720-206-7768
 822 E. Boulder St., Colorado Springs, CO 80903
www.kennydennis.com
Sliding fees; can do in-home therapy.
- Developmental Disability Consultants, PC** 303-337-2210
 1211 S. Parker Rd., Suite 200, Denver, CO 80231
www.ddconsultants.org; pspragg@ddconsultants.org
Home-based behavior support.
- Epstein, Larry, Ph.D.** 303-433-8869
 1115 Grant Street, #106, Denver, CO 80203
Will help submit for insurance and can slide fees.
- Foundations Family Counseling** 303-393-0085
 138 W. 5th Ave., Denver, CO 80204
www.foundationfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).
- Hanze, Doug, PhD.** 303-688-8658
 405 S. Wilcox, #108, Castle Rock, CO 80104
Accepts some insurances.
- Haven Corporation**
 Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
 Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>
In-home coaching & therapy services designed to keep families intact.
- Highlands Behavioral Health System** 720-348-2800
 8565 S. Poplar Way, Littleton, CO 80130
www.highlandsbhs.com
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

- Integrative Therapy Solutions** 720-285-6438
 Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families; will slide fees; no insurance.
- Iolite Counseling** 303-956-8949
 900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Free initial consultation; sliding scale available.
- Kern, David, MD** 303-322-2262
 3773 Cherry Creek North Dr. #735, Denver, CO 80209
Specializes in child psychiatry; individuals, couples, family therapy. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, marriage therapy, much more.
- Legacy Comprehensive Counseling & Consulting** 303-841-4005
 19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Accepts insurance and will slide fees.
- Life Support Behavioral Institute** 303-516-5995
 7853 E. Arapahoe Ct. #1250, Centennial, CO 80112
Intensive outpatient; in-home family preservation program.
- Lounsbrough, Craig, M.Div., LPC** 303-593-0575
 19284 Cottonwood Drive, #202, Parker, CO 80138
www.craiglpc.com
No sliding scale, will reduce fee.
- Mile High Behavioral Health** 303-875-2965
 13791 E. Rice Place, Aurora, CO 80015
www.mhbhonline.com
- Moffitt, Melissa, MA, LPC** 303-805-4004
 19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
 FACT (Families Adjusting To Change and Transition)
Divorce classes, parenting. Takes most insurance.
- Moore, April, MS, LPC** 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com , April@DrTrathen.com
- Olkowski, Thomas, Ph.D.** 303-759-8539
 7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112
Almost all insurance, no sliding scale.
- People House** 303-480-5130
 3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

- Pikes Peak Counseling** 720-244-0899
Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
12900 Stroh Ranch Way #220, Parker, CO 80134
Does not accept insurance ; sliding scale available.
- Proactive Counseling** 303-917-6211
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples.
- Schaffer, Stacy** 602-885-5485
5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
Play therapy specialty. Does not accept insurance but will slide fees.
- Schaubman, Averi, LCSW** 303-906-2472
165 Cook Street, Suite 100, Denver, CO 80206
Sliding scale and insurance accepted.
- Seiffer, Sally, MSW** 303-928-0700
2305 E. Arapahoe Rd., #242, Centennial, CO 80121
www.southdenverpsychotherapy.com
Set fee \$75.00 per 50 minute session; no insurance
- Sokol-Struessel, Stacey, LCSW** 720-495-7061
Robert Weiland Center
3636 S. Independence Street, Lakewood, CO 80235
www.PaidionConsulting.com
- Southeast Psychotherapy Associates, PLLC** 303-694-1795
6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
- Southern Peaks Regional Treatment Center** 719-276-7567
700 Fourmile Parkway, Canon City, CO 81212
www.abraxasyfs.com
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth with a history of behavioral / mental health disorders and drug / alcohol issues. Gender-specific programming; also offers the Medicine Bear Native American track, tailored to the needs of native youth. Sex Offense Specific program for males, and the Haven Program for Sexually Exploited Children for either gender. Variable lengths of stay.
- Weber, Susan, PsyD** 303-683-5620
Compass Colorado Health Care, Inc.
8671 S. Quebec St. #200, Highlands Ranch, CO 80130
www.compass_md.org
Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.
- White, Molly, PhD** 303-588-8997

19025 E. Plaza Ct., #290, Parker, CO 80138

Psychological and behavioral testing & assessment; specializing in developmental disabilities, learning challenges, behavior management, social skills groups.

Zimmerman, Jennifer MC

303-995-7354

Serendipity Counseling

15 Wilcox #207, Castle Rock, CO 80104

Specializes in individuals, couples, families; ADHD; depression; anxiety; grief/loss; behavior disorders; divorce; blended family/stepparent issues; parenting classes. Will slide fees

Bipolar Disorder / Mood Disorders

Adams, Bethany, MA, NCC

720-291-1482

Hope Counseling Services

9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012

www.hopencounselingservices.org

Cash or check; sliding scale.

Anderson, Jennifer, MFT

720-227-4870

10475 Park Meadows Dr., #600, Lone Tree, CO 80124

Arapahoe/Douglas Mental Health Network

303-730-8858

5500 S. Sycamore St., Littleton, CO 80120

61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Blue Pine Recovery Center

720-854-5959

P.O. Box 630066, Littleton, CO 80163

www.bluepineco.com

In-home psycho-social rehabilitation and support for adults/families dealing with mental health. Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.

Collaborative Care Counseling

303-241-0421

Dr. John Barton; Sarah James

9362 Teddy Lane, Lone Tree, CO 80124

Accept most insurances and will slide fees.

Foundations Family Counseling

303-393-0085

138 W. 5th Ave., Denver, CO 80204

www.foundationsfamilycounseling.com

Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).

Highlands Behavioral Health System

720-348-2800

8565 S. Poplar Way, Littleton, CO 80130

www.highlandsbhs.com

*Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+).
Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm).
Free mental health level of care assessments by appointment or walk-in basis 24/7.*

- Hoffman, Daniel, M.D.** 303-741-4800
7800 E. Orchard Rd., #340, Greenwood Village, CO 80111
- Iolite Counseling** 303-956-8949
900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Free initial consultation; sliding scale available.
- Kern, David, MD** 303-322-2262
3773 Cherry Creek North Dr. #735, Denver, CO 80209
Specializes in child psychiatry; individuals, couples, family therapy. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, marriage therapy, much more.
- Life Support Behavioral Institute** 888-516-5995
7853 E. Arapahoe Ct., Suite 1250, Centennial, CO 80112
www.LifeSupportInstitute.com
Most insurance accepted.
- Lounsbrough, Craig, M.Div., LPC** 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138
www.craiglpc.com
No sliding scale, will reduce fee.
- Lyons, David, MD** 303-290-0967
6075 S. Quebec, Englewood, CO 80111 303-290-8842
Not on most insurance lists.
- McKay, Linda** 719-488-8998
153 N. Washington St., P.O. Box 1067, Monument, CO 80132
- Meinecke, Margaret E., LCSW, CACIII** 303-973-1064
5911 South Middlefield, Littleton, CO 80123
- Mile High Behavioral Health** 303-875-2965
13791 E. Rice Place, Aurora, CO 80015
www.mhbhonline.com
- Moore, April, MS, LPC** 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com , April@DrTrathen.com
- National Alliance on Mental Illness (NAMI)** 303-991-7688
Serving Arapahoe & Douglas Counties
www.namiadco.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.
- National Alliance on Mental Illness (Statewide)** 303-321-3104

Serving the State of Colorado

www.namicolorado.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House

303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT

www.pikespeakcounseling.com

12900 Stroh Ranch Way #220, Parker, CO 80134

Does not accept insurance ; sliding scale available.

Pinhas, Joan S., PhD.

303-759-5543

1720 S. Bellaire, #805, Denver, CO 80222

Takes insurance and sliding fees.

Sawyer, Chip

303-229-3348

5690 DTC Blvd., #120W, Greenwood Village, CO

www.redimere.com

Southeast Psychotherapy Associates, PLLC

303-694-1795

6081 S. Quebec St., #103, Englewood, CO 80111

www.sepsychotherapy.com

Assessment and treatment.

Southern Peaks Regional Treatment Center

719-276-7567

700 Fourmile Parkway, Canon City, CO 81212

www.abraxasyfs.com

Residential treatment program for males and females, ages 10-21, with a history of behavioral / mental health disorders and drug / alcohol issues.

Stinson, Wynde

719-488-8998

153 N. Washington St., P.O. Box 1067, Monument, CO 80132

Children ages 2-18; depression, early-onset Bipolar. Takes insurance & will slide fees,

Sykes, William M., MD

303-504-6565

Wellshire Behavioral Services

4141 E. Dickenson Place, Denver, CO 80222

www.wbscolorado.org

30 years of experience; began his career as a pediatrician. Can work with any diagnosis and uses a therapy dog in his practice. Most insurance accepted. Onsite pharmacy.

Tackney-Moen, Mimsy, LCSW

303-637-2516

Moen, Dan

303-779-5335

6065 S. Quebec, Englewood, CO 80011

Accepts most health insurance. Appointments after school and evenings.

Worthing Carol Ann, PhD 303-663-5846
240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Yancey, Asa, MD 303-740-0400
7310 E. Arapahoe Rd., #200, Centennial, CO 80112
Full payment expected at time of service. Fee for payment.

Compulsive Behaviors

Arapahoe/Douglas Mental Health Network 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Collaborative Care Counseling: 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.

Diffee, David, PhD 303-757-4399
1777 S. Harrison St., # 407, Denver, CO 80210

Highlands Behavioral Health System 720-348-2800
8565 S. Poplar Way, Littleton, CO 80130
www.highlandsbhs.com
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Flemons, Joanna, LCSW 303-675-7155
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Accepts insurance, cash & checks.

McAllaster-Schmitz, Amy, M.A., LPC 303-513-7822
2629 W. Main Street, Suite 145, Littleton, CO 80120
www.amymscounseling.com

National Alliance on Mental Illness (NAMI) 303-991-7688
Serving Arapahoe & Douglas Counties
www.namiadco.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide) 303-321-3104
Serving the State of Colorado
www.namicolorado.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House 303-480-5130
3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Worthing Carol Ann, PhD 303-663-5846
240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Couples / Marriage

Avila, Alexander A., M.A. 720-316-7771
Grace Counseling
7921 Southpark Plaza, #204, Littleton, CO 80120
www.alexanderavila.com
Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.

Bentley, David, MA, NCC 720-255-1572
7800 S. Elati St. #106, Littleton, CO 80120
www.marriageupgrade.com
David Bentley is on a mission to save marriages; couples, individuals; solution-oriented approach. Will slide fees and will consider offering services pro bono.

Davis, Linda, MSW, LCSW 303-480-8864

10303 E. Dry Creek Rd., Engelwood, CO 80112 (Summit II)

<http://lindagdavis.com>

Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.

Gartner, Laura, LPC

303-601-8269

2516 W. Main St., Littleton, CO 80120

www.lgfamilytherapy.com

Adolescents, couples, adults; specializing in blended family / divorce issues, couples / marriage counseling, depression, anxiety, parenting. Accepts some insurances (Aetna, Cigna, Medicaid, Kaiser POS & PPO).

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Kern, David, MD

303-322-2262

3773 Cherry Creek North Dr. #735, Denver, CO 80209

Specializes in child psychiatry; individuals, couples, family therapy. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, marriage therapy, much more.

People House

303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling

303-917-6211

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; Julie Sheehan is a licensed psychotherapist utilizing multiple approaches and targeting multiple issues.

Worthing Carol Ann, PhD

303-663-5846

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Depression

- Anderson, Jennifer, MFT** 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124
- Arapahoe/Douglas Mental Health Network** 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Briggs, Jana, MA, NCC, LPC** 303-495-0317
5777 S. Rapp St., #204, Littleton, CO 80120
www.janabriggs.com
- Brodie, Judith, MA, LPC, LLC** 303-503-5282
3939 E. Arapahoe Rd. #215, Centennial, CO 80122
www.judithbrodie.com
*Kind, compassionate support for children, adults and families dealing with grief
And loss, end-of-life transitions, serious illness or relationship difficulties.*
- Brody, Brian, LCSW, PhD.** 303-979-0319
6901 S. Pierce St., #100M, Littleton, CO 80128
www.denvertherapycenter.com
Stress, loss, depression
- Castle Rock Counseling** 303-482-0904
Abby Blacklock, MA, NCC
399 Perry St. #305B, Castle Rock, CO 80104
www.castlerockcounseling.com
- Cohen, Carol, LPC** 303-759-5126
823 S. 823 S. Perry St., #100, Castle Rock, CO 80107 Fax: 303-639-9965
Takes Insurance
- Collaborative Care Counseling** 303-241-0421

9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.

- Davis, Linda, MSW, LCSW** 303-480-8864
10303 E. Dry Creek Rd., Engelwood, CO 80112 (Summit II)
<http://lindagdavis.com>
Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.
- Duncan, Dwight, Psy. D.P.C.** 303-355-7134
90 Madison St., Suite 405, Denver, CO 80206
Sliding scale.
- Eckenwiler, John, LMFT** 303-267-2282
9998 N. Dransfeldt Rd., Parker, CO 80134
9362 Teddy Lane, #206, Lone Tree, CO 80124
www.therapyhelpnow.com
Some insurances, private pay; might slide fees.
- Finger, Jennifer, MSW, LSA** 303-765-1677
6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Sliding scale available.
- Five Star Counseling** 303-464-9192
7050 W. 120th Ave. #201, Broomfield, CO 80020
www.fivestarcounselingservices.com
Specializing in marriage counseling; depression; life coaching
- Flemons, Joanna, LCSW** 303-675-7155
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Accepts insurance, cash & checks.
- Foundations Family Counseling** 303-393-0085
138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).
- Gartner, Laura, LPC** 303-601-8269
2516 W. Main St., Littleton, CO 80120
www.lgfamilytherapy.com
Adolescents, couples, adults; specializing in blended family / divorce issues, couples / marriage counseling, depression, anxiety, parenting. Accepts some insurances (Aetna, Cigna, Medicaid, Kaiser POS & PPO).
- Gelwick, Julie, LCSW** 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Accepts some insurance and will slide fees.
- Gray, Kelley, LPC (Grace Counseling Services)** 720-489-8555

7921 South Park Plaza, #204, Littleton, CO 80120
Does not accept insurance; sliding scale may be available.

Guzman, Maria Elena, PhD 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Services available in Spanish. Takes some insurance.

Hanze, Doug, PhD. 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104

Haven Corporation
Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>
In-home coaching & therapy services designed to keep families intact.

Highlands Behavioral Health System 720-348-2800
8565 S. Poplar Way, Littleton, CO 80130
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Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hoffman, Daniel, M.D. 303-741-4800
7800 E. Orchard Rd., #340, Greenwood Village, CO 80111

Integrative Therapy Solutions 720-285-6438
Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families; will slide fees; no insurance.

Iolite Counseling 303-956-8949
900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Free initial consultation; sliding scale available.

Kendall-Grove, Kwai, PhD. 303-662-9670
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
Will slide fees.

Kern, David, MD 303-322-2262
3773 Cherry Creek North Dr. #735, Denver, CO 80209
Specializes in child psychiatry; individuals, couples, family therapy. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, marriage therapy, much more.

Kirk, Cher, MA, LPC 303-503-4333
Cher Kirk Counseling

10303 E. Dry Creek Rd., #111, Englewood, CO 80112

www.cherkirkcounseling.com

Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.

LDS Family Services

800-453-3860

www.ldsfamilyservices.org

Fee for service or fast offerings used to assist in fee; Latter Day Saints

Lincoln, Sarah, MSW, LCSW

303-691-6140

4900 E. Kentucky Ave., #100, Denver, CO 80246

Will take insurance.

Mile High Behavioral Health

303-875-2965

13791 E. Rice Place, Aurora, CO 80015

www.mhbhonline.com

Services for families, adolescents, adults ; dialectical behavioral therapy groups for adolescents ; mood disorders ; bipolar disorder ; anxiety ; behavior issues.

Minner, Dan, PhD.

303-721-8386

6402 S. Quebec Street, Englewood, CO 80111

Accepts some insurance and will slide fees.

Moffitt, Melissa, MA, LPC

303-805-4004

19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138

FACT (Families Adjusting To Change and Transition)

Divorce classes, parenting. Takes most insurance.

Monnet, Michael, M-Div, MA, LPC

303-387-4335

4725 Fox Sparrow Rd, Parker, CO 80134

National Alliance on Mental Illness (NAMI)

303-991-7688

Serving Arapahoe & Douglas Counties

www.namiadco.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

Serving the State of Colorado

www.namicolorado.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

People House

303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
12900 Stroh Ranch Way #220, Parker, CO 80134
Does not accept insurance ; sliding scale available.

Porter, William W., Ph.D 303-918-1829
7200 E. Hampden Ave., #201, Denver, CO 80224
Sliding scale; some insurance.

Proactive Counseling 303-917-6211
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples.

Reed, Kayla, MA, LPC 303-229-9281
6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Takes insurance and will slide fees.

Sawyer, Chip 303-229-3348
5690 DTC Blvd., #120W, Greenwood Village, CO
www.redimere.com

Schaffer, Stacy 602-885-5485
5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
Play therapy specialty. Does not accept insurance but will slide fees.

Southeast Psychotherapy Associates, PLLC 303-694-1795
6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com

STEP Program for Girls 303-359-0400
2620 S. Parker Rd. #275, Aurora, CO 80014
www.stepcolorado.net
Intensive outpatient, gender-specific treatment; insurance accepted.

Stevens, Michelle, MA, JD 303-916-8440
Introspection Counseling
2305 E. Arapahoe Rd., Centennial, CO 80122
www.introspectioncounseling.com
Initial consultation is free; accepts some insurance & will slide fees.

Stinson, Wynde 719-488-8998
153 N. Washington St., P.O. Box 1067, Monument, CO 80132
Takes insurance & will slide fees

Sykes, William M., MD 303-504-6565
Wellshire Behavioral Services
4141 E. Dickenson Place, Denver, CO 80222

www.wbscolorado.org

*Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently located onsite, and his office is easily accessible from I-25 and Colorado Blvd.*

Tackney-Moen, Mimsy, LCSW 303-637-2516

Moen, Dan 303-779-5335

6065 S. Quebec, Englewood, CO 80011

Accepts most health insurance. Appointments after school and evenings.

Thoreson, Kirk, PsyD 303-550-0030

1776 S. Jackson St., #207, Denver, CO 80203

www.drkirkthoreson.com

Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Thurn, Janice, PhD 303-782-0545

4770 E. Iliff Ave., #218, Denver, CO 80222

Individuals, couples, families, anxiety, depression, stress, relaxation, pain recovery services.

Uhernik, Julie, LPC, RN 303-918-1775

19753 E. Pikes Peak Ct., Parker, CO 80138

www.julieuhernik.com

Adolescents, adults, couples, families; no insurance but will slide fees.

Woodman, Nicole, MA, LPC, NCC 303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124

www.newyoucounseling.com

Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.

Worthing Carol Ann, PhD 303-663-5846

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Zimmerman, Jennifer MC 303-995-7354

Serendipity Counseling

15 Wilcox #207, Castle Rock, CO 80104

Specializes in individuals, couples, families; depression. Will slide fees

Equine Therapy / Programs

- Boots and Saddles Therapeutic Riding Center*** 303-688-1388
7193 S. Hwy 83, Franktown, CO 80116
- High Point Academy*** 303-663-9912
7749 E. Palmer Divide Rd., Larkspur, CO 80118
www.pinecreekfoundation.org
- Horsepower, Inc.*** 303-552-1393
5025 Garton Rd., Castle Rock, CO 80104
- Miss Helen's Place*** 303-840-1879
11413 E. Hilltop Rd., Parker, CO 80134
- Partners Equine Therapy*** 303-478-8734
Haven Farms, 36355 CR 13, Elizabeth, CO 720-933-8294
<http://equinetherapycolorado.org>
Children, teens, adults and families; Horses Healing Grief, serving people with Reactive attachment disorder, oppositional defiant disorder, depression, anxiety, Impulsivity, ADHD, post-traumatic stress disorder, behaviorial issues.
- Praying Hands Ranch*** 303-841-4043
4825 E. Daley Circle, Parker, CO 80138
www.prayinghandsranches.org
- Right Step*** 303-794-3052
7990 S. Santa Fe Dr., Littleton, CO
<http://coventryfarms.biz>
- Philippi Center, The*** 303-766-4111
Michael Dawson
13710 E. Rice Pl. Aurora, CO 80015
www.philippicenter.com

Equine assisted therapy practice, including horses healing grief.

Saddle Up Foundation 303-788-1666
11152 E. Daley Circle, Parker, CO 80134
www.saddleupfoundation.org

Zuma's Rescue Ranch 303-346-7493
7745 N. Moore Rd., Littleton, CO 80125
www.zumasrescueranch.com
Experiential learning, behavioral consultation, mentoring program - - all with trained professionals and rescued horses.

Family Therapy

Adams, Gail, PhD 303-694-0267
8000 E. Prentice Ave., Suite B4, Englewood, CO 80111
*General practice, families, acting out adolescent girls.
Not primary substance abuse or hospital practice. Licensed Psych.*

Anderson, Jennifer, MFT 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124

Arapahoe/Douglas Mental Health Network 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Attoma-Matthews, Colleen, LCSW 303-594-9085
1750 Humboldt St., #202, Denver, CO 80218
*Specializes in adolescents and families. Substance abuse,
self-harm, legal issues, trauma and sexual abuse. Takes some insurance.*

Bentley, David, MA, NCC 720-255-1572
7800 S. Elati St. #106, Littleton, CO 80120
www.marriageupgrade.com
David Bentley is on a mission to save marriages; couples, individuals; solution-oriented approach. Will slide fees and will consider offering services pro bono.

Bishop, Stephen, MD 303-759-3173
720 S. Colorado Blvd, #964, Denver, CO 80246
Provider for various insurances. Medications, complex adolescent issues, medicine, trauma, families.

Briggs, Jana, MA, NCC, LPC 303-495-0317
5777 S. Rapp St., #204, Littleton, CO 80120

www.janabriggs.com

Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.

Brodie, Judith, MA, LPC, LLC

303-503-5282

3939 E. Arapahoe Rd. #215, Centennial, CO 80122

www.judithbrodie.com

*Kind, compassionate support for children, adults and families dealing with grief
And loss, end-of-life transitions, serious illness or relationship difficulties.*

Castle Rock Counseling

303-482-0904

Abby Blacklock, MA, NCC

399 Perry St. #305B, Castle Rock, CO 80104

www.castlerockcounseling.com

Specializes in individual and couples counseling. Grief/loss; anxiety/stress; depression; trauma/abuse; parenting skills.

Cohen, Carol, LPC

303-759-5126

823 S. Perry St., #100, Castle Rock, CO 80107

2121 S. Oneida, Suite 412, Denver, CO 80224

Specializes in adolescent stress, depression, family therapy, trauma and sexual abuse. Takes insurance.

Collaborative Care Counseling

303-241-0421

Dr. John Barton; Sarah James

9362 Teddy Lane, Lone Tree, CO 80124

General practice for families & at-risk children; accept most insurances and will slide fees.

Colorado Therapy Services

303-319-6176

Various locations throughout Denver & south metro area

www.coloradotherapyservices.com

Sliding scale available; group therapy, teens, children, adults, couples, families.

Cucich, Timothy, M.D.

303-318-9725

658 Grant St., Denver, CO 80203

Specializes in children, adolescents, and families.

Davis, Linda, MSW, LCSW

303-480-8864

10303 E. Dry Creek Rd., Engelwood, CO 80112 (Summit II)

<http://lindagdavis.com>

Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.

Demander, Sam, Psy.D.

303-841-6561

19731 E. Pikes Peak Court, Parker, CO 80138

Family psychologist, teenagers, behavior, acting out, alcohol and substance abuse. Takes insurance and will consider sliding scale.

Dennis, Kenny, M.A., N.C.C

720-206-7768

822 E. Boulder St., Colorado Springs, CO 80903

www.kennydennis.com

At-risk adolescents with S.I.E.D.'s; extremely defiant behaviors; trauma; Autism Spectrum Disorder; learning difficulties; cognitive skills development; in-home therapy; EMDR; attachment disorder, will slide fees.

- Eckenwiler, John, LMFT** 303-267-2282
9998 N. Dransfeldt Rd., Parker, CO 80134
9362 Teddy Lane, #206, Lone Tree, CO 80124
www.therapyhelpnow.com
Individual, couples & family counseling; specializes in stress management, marital counseling, and work with adolescents. Some insurances, private pay; might slide fees.
- Finger, Jennifer, MSW, LSA** 303-765-1677
6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Individual and family therapy for adolescents and their families; self injury behaviors, drug use, depression, acting out, anxiety and school issues. Sliding scale available.
- Five Star Counseling** 303-464-9192
7050 W. 120th Ave. #201, Broomfield, CO 80020
www.fivestarcounselingservices.com
Specializing in marriage counseling; depression; life coaching
- Flemons, Joanna, LCSW** 303-675-7155
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Specializes in relationship issues; divorce; parenting; depression & anxiety; grief/loss; addictions; eating disorders. Accepts insurance, cash & checks.
- Foundations Family Counseling** 303-393-0085
138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.
- Gartner, Laura, LPC** 303-601-8269
2516 W. Main St., Littleton, CO 80120
www.lgfamilytherapy.com
Adolescents, couples, adults; specializing in blended family / divorce issues, couples / marriage counseling, depression, anxiety, parenting. Accepts some insurances (Aetna, Cigna, Medicaid, Kaiser POS & PPO).
- Gelwick, Julie, LCSW** 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Age 10 & up; adolescents, individuals, families; trauma work, depression/anxiety. Accepts some insurance and will slide fees.
- Grenhart, Rich, Psy.D.** 303-761-3520
3601 S. Clarkson St. #540, Englewood, CO 80113
Email : rgrenhart@aol.com

Family and individual counseling; adolescents. Communicates well with school; after school office hours. Psych evals. No sliding scale.

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>
In-home coaching & therapy services designed to keep families intact.

Integrative Therapy Solutions

Serving Aurora, Denver & south metro area 720-285-6438
<http://integrativetherapysolutions.org> 720-285-6437
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling

900 Castleton Rd. #135, Castle Rock, CO 80109 303-956-8949
www.iolitecounseling.com
Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Jackson, Steven W., M.S.W.

730 W. Hampden Ave., Suite 302, Englewood, CO 80110 303-789-1315
Specialize in working with kids, adolescents & families; Couples counseling. Takes some insurance and will slide fees.

JCL Counseling

Jared Heaslet, MA, NCC 303-330-6853
9220 Teddy Lane, #1200, Lone Tree, CO 80124
www.jclcounseling.net
Specializes in working with parents of children with chronic illnesses or other special needs; couples (premarital or marital); men's issues. Will slide fees.

Jens, Kathryn, PhD.

8000 E. Prentice, #B-12, Englewood, CO 80111 303-773-8991
Adolescents and families, PTSD, bullying, abuse, generalist. Works with some insurances and sliding scale. Works part-time in CCSD.

Johnson, Victoria, LCSW

26 West Dry Creek Circle, Suite 360, Littleton, CO 80120 303-798-8836
victoriajohnsonlcsw@comcast.net
Specializes in female adolescents, eating disorders, family therapy and trauma victims. Works with individuals, couples and groups.

Karlberg, Ann, LCSW

303-691-5677

- Therapeutic Alliance Professionals** 303-906-0630 cell
2755 S. Locust St., #113, Denver, CO 80222
Specializing in Adolescents and Families. Works with trauma issues.
- Kern, David, MD** 303-322-2262
3773 Cherry Creek North Dr. #735, Denver, CO 80209
Specializes in child psychiatry; individuals, couples, family therapy. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, marriage therapy, much more.
- Kirk, Cher, MA, LPC** 303-503-4333
Cher Kirk Counseling
10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.
- Knippenberg, Patterson & Associates** 303-756-4924
7531 S. Kendall Blvd, Littleton, CO
www.craigknippenberg.com
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees.
- Krafchick, Dana** 303-799-4110
7310 E. Arapahoe Rd., #200, Centennial, CO 80112
Psychiatrist – therapy and medication; families and adolescents.
- Legacy Comprehensive Counseling & Consulting** 303-841-4005
19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.
- Levitas-Eisner, Jane, LCSW** 303-826-7296
8000 E. Prentice Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy. Insurance and sliding scale.
- Life Support Behavioral Institute** 303-516-5995
7853 E. Arapahoe Ct. #1250, Centennial, CO 80112
Intensive outpatient; in-home family preservation program.
- Lounsbrough, Craig, M.Div., LPC** 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138
www.craiglpc.com
Child, adolescent, ADHD, ODD and conduct disorders, trauma/abuse disorders,

mood disorders. Individual, marriage, family counseling. Will reduce fee.

Matson, Rebecca, LPC 720-489-8555

Grace Counseling Services

7921 South Park Plaza, #204, Littleton, CO 80120

Specializes in work with victims of sexual or mental abuse; testing for learning disabilities; family and parenting skills. No insurance, might slide fees.

Max, Dana, PsyD 303-347-8498

5860 S. Curtice St., Littleton, CO 80120

www.danamax.com

Individual, family, group & couples psychotherapy; psychoeducational assessment; psychological testing; sees youth of all ages. Some insurance and will slide fees.

McAllaster-Schmitz, Amy, M.A., LPC 303-513-7822

2629 W. Main Street, Suite 145, Littleton, CO 80120

www.amymscounseling.com

Eating disorders, anxiety, OCD, divorce, family counseling and young kids.

Minner, Dan, PhD. 303-721-8386

6402 S. Quebec Street, Englewood, CO 80111

Adolescent boys & girls; depression, substance abuse, families, school achievement, ADHD. Excellent at communicating with families and schools. Accepts some insurance and will slide fees.

Moffitt, Melissa, MA, LPC 303-805-4004

19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138

FACT (Families Adjusting To Change and Transition)

Adolescents, Family Groups, self-injury, divorce classes, parenting, depression/anxiety, oppositional behavior. Takes most insurance.

Monnet, Michael, M-Div, MA, LPC 303-387-4335

4725 Fox Sparrow Rd, Parker, CO 80134

Services for families, adolescents, adults ; depression ; anxiety ; divorce & parenting issues ; trauma (EMDR certified) ; assessment

Moore, April, MS, LPC 303-593-0575

18801 E. Mainstreet, Suite 180, Parker, CO 80134

www.drtrathen.com, April@DrTrathen.com

Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, schizophrenia and psychosis; physical and/or sexual abuse; grief/loss; trauma, mental & physical disabilities

National Alliance on Mental Illness (NAMI) 303-991-7688

Serving Arapahoe & Douglas Counties

www.namiadco.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide) 303-321-3104

Serving the State of Colorado

www.namicolorado.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Newman, Hildie, LCSW

303-902-2084

6767 S. Spruce Street, Suite 250, Englewood, CO 80112

Specializes in working with families and adolescents

Olkowski, Thomas, Ph.D.

303-759-8539

7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112

Family, couples, individuals, children: preK through college. Specializes in anxiety, phobias, self esteem, transition issues, behavior therapy.

Is the author of "Moving with Children." Almost all insurance, no sliding scale.

People House

303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;

All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT

www.pikespeakcounseling.com

12900 Stroh Ranch Way #220, Parker, CO 80134

ADHD; social skills groups; bullying prevention; divorce groups; mother/daughter dynamics; mental health issues. Former school counselor. No insurance ; sliding scale available.

Proactive Counseling

303-917-6211

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; Julie Sheehan is a licensed psychotherapist utilizing multiple approaches and targeting multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, behavioral disorders, grief & loss, sexuality, stress management..

Rike, Dawn M., M.A.

720-346-3267

Springs of Joy, Inc.

107 Fifth Street, Castle Rock, CO 80104

www.springsofjoycounseling.org

Sawyer, Chip

303-229-3348

5690 DTC Blvd., #120W, Greenwood Village, CO

www.redimere.com

Specialty areas: Adolescents, adults, couples, marital counseling, family counseling, Christian counseling, PTSD, anxiety, depression, mood/personality disorders, addictions

Schaubman, Averi, LCSW

303-906-2472

165 Cook Street, Suite 100, Denver, CO 80206

Specialties: adolescent and families; collaborative problem solving, explosive children, EMDR trained. Sliding scale and insurance accepted.

- Smith, Jenna K., MSW** 303-810-0658
 5347 S. Valentia Way #120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.
- Soaring Spirits Counseling** 303-350-0054
 6650 W. 44th Ave., Wheat Ridge, CO 80033
www.soaringspiritscounseling.com
Mediation and restorative justice services designed to make victim, offender and the community whole again. Family & couples therapy; women's therapeutic group. Services to Douglas County.
- Southeast Psychotherapy Associates, PLLC** 303-694-1795
 6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD
- Suyeishi, Mark, Psy. D.** 303-290-0860
 6075 S. Quebec, #203, Englewood, CO 80111
Family, minority (Asian), grief, drugs, victim's assistance, Children, adolescents. Will take insurance and will slide fees.
- Sykes, William M., MD** 303-504-6565
Wellshire Behavioral Services
 4141 E. Dickenson Place, Denver, CO 80222
www.wbscolorado.org
*Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently located onsite, and his office is easily accessible from I-25 and Colorado Blvd.*
- Tackney-Moen, Mimsy, LCSW** 303-637-2516
Moen, Dan 303-779-5335
 6065 S. Quebec, Englewood, CO 80011
Adolescents and families, depression, anxiety, ADD, bipolar, and physical and sexual abuse. No drug or alcohol abuse as primary diagnosis. Accepts most insurance. Appointments after school and evenings.
- Therapeutic Alliance Professionals, L.L.C.** 303-691-5677
 2755 S Locust Street, Suite 219, Denver, CO 80222
www.therapeutic-alliance.com
Specializing in Adolescents and Families. Works with trauma issues as well as all other issues. Sliding scale fees and some insurance.
- Thoreson, Kirk, PsyD** 303-550-0030
 1776 S. Jackson St., #207, Denver, CO 80203

www.drkirkthoreson.com

Psychological and educational testing & assessment; teens, children, families, couples; specializes in learning disabilities, ADHD, depression, childhood anxiety. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Trathen, Daniel W., D.Min, PhD.

303-593-0575

18801 E. Mainstreet, Suite 180, Parker, CO 80134

www.drtrathen.com

Individual, adolescent, marriage, family counseling. Life / leadership coaching.

Uhernik, Julie, LPC, RN

303-918-1775

19753 E. Pikes Peak Ct., Parker, CO 80138

www.julieuhernik.com

Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling. No insurance but will slide fees.

White, Molly, PhD

303-588-8997

19025 E. Plaza Ct. #290, Parker, CO 80138

Psychological & behavioral testing & assessment; specializing in developmental disabilities, ADHD & other learning challenges, behavior management, social skills groups.

Wilson, Beverly, LSCW

303-986-6814

8400 E. Prentice Ave., #1401, Englewood, CO 80111

Will slide fee based on family income. Couples, families.

Woodman, Nicole, MA, LPC, NCC

303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124

www.newyoucounseling.com

Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.

Worthing Carol Ann, PhD

303-663-5846

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Zimmerman, Jennifer MC

303-995-7354

Serendipity Counseling

15 Wilcox #207, Castle Rock, CO 80104

Specializes in individuals, couples, families; ADHD; depression; anxiety; grief/loss; behavior disorders; divorce; blended family/stepparent issues; parenting classes. Will slide fees

Female-Specific / Mothers & Daughters

Adams, Gail, PhD

8000 E. Prentice Ave., Suite B4, Englewood, CO 80111

303-694-0267

Collaborative Care Counseling

Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.

303-241-0421

Excelsior Youth Centers

15001 E. Oxford Ave., Aurora, CO 80014

www.excelsioryc.org

*Female-specific services; inpatient; day treatment;
substance abuse treatment; living skills; on-campus school*

303-693-1550

Foundations Family Counseling

138 W. 5th Ave., Denver, CO 80204

www.foundationsfamilycounseling.com

Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.

303-393-0085

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO

303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865

<http://havencorporation.com>

Female-specific life skill coaching & mentoring programs; female-specific anger management groups; In-home coaching & therapy services designed to keep families intact.

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling

303-956-8949

900 Castleton Rd. #135, Castle Rock, CO 80109

www.iolitecounseling.com

Self-Esteem group for girls. Free initial consultation; sliding scale available.

Johnson, Victoria, LCSW

303-798-8836

26 West Dry Creek Circle, Suite 360, Littleton, CO 80120

victoriajohnsonlcsw@comcast.net

Kirk, Cher, MA, LPC

303-503-4333

Cher Kirk Counseling

10303 E. Dry Creek Rd., #111, Englewood, CO 80112

www.cherkirkcounseling.com

Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.

National Institute for Change

303-231-0090

Offices in Castle Rock, Lakewood, Lone Tree, Golden

Groups, individuals. Parenting classes. Sliding scale fee.

People House

303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT

www.pikespeakcounseling.com

12900 Stroh Ranch Way #220, Parker, CO 80134

Does not accept insurance ; sliding scale available.

Soaring Spirits Counseling

303-350-0054

6650 W. 44th Ave., Wheat Ridge, CO 80033

www.soaringspiritscounseling.com

Mediation and restorative justice services designed to make victim, offender and the community whole again. Family & couples therapy; women's therapeutic group. Services to Douglas County.

Starkey-Duncan, Renee, PhD. 303-355-7134
90 Madison St., Suite 405, Denver, CO 80206
No insurance, will slide fees.

STEP Program for Girls 303-359-0400
2620 S. Parker Rd. #275, Aurora, CO 80014
www.stepcolorado.net
Intensive outpatient, gender-specific treatment; insurance accepted.

Uhernik, Julie, LPC, RN 303-918-1775
19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
No insurance but will slide fees.

Wilson, Jackie, LCSW 303-347-9600
7310 E. Arapahoe Rd., #200, Centennial, CO 80112

In-Home Services

Anderson, Jennifer, MFT 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124

Arapahoe/Douglas Mental Health Network 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
Multi-systemic therapy & functional family therapy in-home; Intensive Services

Behavioral Growing Tree 866-300-0822
www.behavioralgrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Pine Recovery Center 720-854-5959
P.O. Box 630066, Littleton, CO 80163
www.bluepineco.com
In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues (schizophrenia, schizoaffective disorder, bipolar anxiety, PTSD, personality disorders), autism, ADHD, developmental

disabilities, traumatic brain injuries. Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.

Colorado Addictions Consulting, LLC 303-501-6921

Beth Baldwin, CAC III

www.coloradoaddictionsconsulting.com

Specializes in working with adolescents; services include substance abuse evaluation, recommendations for ongoing treatment, in-home substance abuse counseling. Case consultation offered at no cost; may slide fees.

Developmental Disability Consultants, PC 303-337-2210

1211 S. Parker Rd., Suite 200, Denver, CO 80231

<http://www.ddconsultants.org>; pspragg@ddconsultants.org

Mental health, home-based behavior support, counseling, parent training; training for children with developmental disabilities, autism, brain injury.

Family Advocacy, Care, Education, Support (FACES) 720-570-9333

3801 E. Florida Ave. #715, Denver, CO 80210

www.facesonline.org

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO

303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO

719-448-0865

<http://havencorporation.com>

In-home coaching & therapy services designed to keep families intact.

Life Support Behavioral Institute 303-516-5995

7853 E. Arapahoe Ct. #1250, Centennial, CO 80112

Intensive outpatient; in-home family preservation program. Specializing in behavioral management, work with youth with developmental disabilities, psychotherapy, home studies.

Savio House 303-225-4100

325 King St., Denver, CO 80219

www.saviohouse.org

In-home multi-systemic therapy; family therapy; substance abuse treatment

Schaffer, Stacy 602-885-5485

5460 Ward Rd., Arvada, CO 80004

www.stacyschaffer.com

Therapeutic services for children & adolescents with an emphasis on grief and loss, along with many other issues; specialty in play therapy. Does not accept insurance but will slide fees.

Shiloh House 303-932-9599

6400 W. Coal Mine Ave., Littleton, CO 80123

www.shilohhouse.org
Intensive in-home therapy; respite services

Synergy

1611 Federal Blvd. #201, Denver CO 80219 (outpatient)
www.artstreatment.com
In-home multi-systemic therapy; other community based services; substance use

303-781-7875

To The Rescue

17011 Lincoln Ave. #562, Parker, CO 80134
18320 E. Cottonwood Dr., Unit G (day facility)
<http://totherescue.net>
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

720-851-2100
720-641-0646

University of Colorado Hospital

13001 E. 17th Place, Mail Stop A011-04, Aurora, CO 80045
In-home multi-systemic therapy (MST) ; intensive family therapy (FT) ; specializing in mental health issues.

303-724-9404

Male-Specific / Fathers & Sons

Avila, Alexander A., M.A.

Grace Counseling
7921 Southpark Plaza, #204, Littleton, CO 80120
www.alexanderavila.com
Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.

720-316-7771

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO
<http://havencorporation.com>
Male-specific life skill coaching & mentoring; male-specific anger management classes; in-home coaching & therapy services designed to keep families intact.

303-862-5905

719-448-0865

Kirk, Cher, MA, LPC

Cher Kirk Counseling
10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.

303-503-4333

People House

303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

*Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;
All ages, all issues. People House also offers workshops & classes & activities.*

Outpatient Programs

Arapahoe/Douglas Mental Health Network

303-730-8858

5500 S. Sycamore St., Littleton, CO 80120

61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Aurora Mental Health Center

303-617-2300

11059 e. Bethany Dr., Aurora, CO 80014

*A variety of outpatient programs for children, teens, adults, older adults;
assessment; dual diagnosis; support and case management for homeless.*

Beacon Center

303-761-6756

333 W. Hampden Ave., Suite 305, Englewood, CO 80110

www.beaconcenter.org

*Community treatment for at-risk youth; drug and
alcohol counseling; independent living program*

Believing in Kids & Families, LLC

303-794-7008

5808 S. Rapp St., #100, Littleton, CO 80120

www.bikaf.com

*Play therapy; anger management; grief/loss recovery;
parenting counseling; couples therapy; relationship enhancement*

- Blue Pine Recovery Center** 720-854-5959
P.O. Box 630066, Littleton, CO 80163
www.bluepineco.com
In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues (schizophrenia, schizoaffective disorder, bipolar anxiety, PTSD, personality disorders), autism, ADHD, developmental disabilities, traumatic brain injuries. Services include medication support, case management, illness education, wellness skills training, social skills & recreation development, self-management/life skills & job training.
- Castle Rock Counseling** 303-482-0904
Abby Blacklock, MA, NCC
399 Perry St. #305B, Castle Rock, CO 80104
www.castlerockcounseling.com
Specializes in individual and couples counseling. Grief/loss; anxiety/stress; depression; trauma/abuse; parenting skills.
- Centennial Peaks Hospital** 303-673-9990
2255 S. 88th St., Louisville, CO 80027
www.centennialpeaks.com
Intensive outpatient for chemical dependency
- Colorado Division of Mental Health** 303-866-7400
3824 W. Princeton, Cr., Denver, CO 80236 TTY: 303-866-7471
www.cdhs.state.co.us/ohr/mhs/index.html
Access to state mental health inpatient facilities; therapy; case management; medication services
- Colorado Therapy Services** 303-319-6176
Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
Sliding scale available; group therapy, teens, children, adults, couples, families.
- Eating Disorder Center of Denver** 303-771-0861
950 S. Cherry St. #1010, Denver, CO 80246
www.edcdenver.com
Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older
- First Step Counseling** 303-840-2636
10292 S. Progress Way #105, Parker, CO 80134
www.firststepcounseling.org
Individual, family and group counseling for a variety of issues; court-ordered counseling to address drinking and driving issues
- Foundations Family Counseling** 303-393-0085
138 W. 5th Ave., Denver, CO 80204

wwwFOUNDATIONSfamilycounseling.com

Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO

303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO

719-448-0865

<http://havencorporation.com>

In-home coaching & therapy services designed to keep families intact.

Gender-specific anger management groups; gender-specific life skill coaching & mentoring; gang intervention program.

Highlands Behavioral Health System

720-348-2800

8565 S. Poplar Way, Littleton, CO 80130

www.highlandsbhs.com

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Hope Counseling Services

720-291-1482

9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012

www.hopencounselingservices.org

Anger management counseling, primarily for adolescents & younger children; play therapy; behavior issues; social issues; mood disorders; trauma; adjustment issues; family issues; cash or check; will slide fees.

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling

303-956-8949

900 Castleton Rd. #135, Castle Rock, CO 80109

www.iolitecounseling.com

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Legacy Comprehensive Counseling & Consulting

303-841-4005

19751 E. Mainstreet #215., Parker, CO 80138

www.legacyparker.com

Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Life Support Behavioral Institute 303-516-5995

7853 E. Arapahoe Ct. #1250, Centennial, CO 80112

Intensive outpatient; in-home family preservation program. Specializing in behavioral management, work with youth with developmental disabilities, psychotherapy, home studies.

Metro Community Provider Network 303-360-6276

Locations throughout the metro area

www.mcpcn.com

Services for persistently mentally ill, with a focus on the homeless; case management; sliding scale, Medicaid, CACP, etc.

Parker Counseling 303-841-0259

19555 E. Parker Square Dr., Parker, CO 80134

Counseling, support groups, parenting classes on a sliding fee scale

People House 303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling 303-917-6211

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; Julie Sheehan is a licensed psychotherapist utilizing multiple approaches and targeting multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, behavioral disorders, grief & loss, sexuality, stress management..

Redimere Group 303-713-1001

5690 DTC Blvd., #120W, Greenwood Village, CO

www.redimere.com

Specialty areas: Adolescents, adults, couples, marital counseling, Family counseling, Christian counseling, PTSD, anxiety, depression, mood/personality disorders, addictions

Running Creek Counseling Service 303-688-8231

7601 Burning Tree Drive, Franktown, CO 80116

19731 E. Pikes Peak Ct #G-1, Parker, CO 80138

Mental health / substance abuse treatment for adults; court-ordered treatment for domestic violence; parenting & marriage counseling

- Savio House** 303-225-4100
 325 King St., Denver, CO 80219
www.saviohouse.org
Day treatment for adolescents; in-home multi-systemic therapy; other community based services
- Servicios de la Raza** 303-458-5851
 4055 Tejon Street, Denver, CO 80211
www.serviciosdelaraza.org
Services to Latino community include individual and group counseling, medication management, and evaluations, HIV, Mental Health, Food Bank, Domestic Violence.
- South Denver Psychotherapy** 303-730-1104
 2305 E. Arapahoe Rd., #242, Centennial, CO 80121
www.southdenverpsychotherapy.com
Various rates for group, individual & family therapies; no insurance
- Southeast Psychotherapy Associates, PLLC** 303-694-1795
 6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD
- STEP Program for Girls** 303-359-0400
 2620 S. Parker Rd. #275, Aurora, CO 80014
www.stepcolorado.net
Intensive outpatient, gender-specific treatment; insurance accepted.
- Sykes, William M., MD** 303-504-6565
Wellshire Behavioral Services
 4141 E. Dickenson Place, Denver, CO 80222
www.wbscolorado.org
*Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently located onsite, and his office is easily accessible from I-25 and Colorado Blvd.*
- Synergy** 303-934-1008
 1212 S. Broadway Suite 200, Denver, CO 80210 Ext. 268
www.artstreatment.com
Specializing in drug and alcohol treatment for both adolescent males and females; community and office based services including outpatient treatment, multi-systemic therapy, day treatment, urine monitoring with incentives for abstinence and other treatment services, comprehensive substance abuse and psychological evaluations, family therapy.
- Tennyson Center (CO Christian Home)** 303-433-2541
 2950 Tennyson St., Denver, CO 80212

www.tennysoncenter.org

Day treatment for children ages 5-14; focus on abused and neglected children

University of Colorado Hospital

303-724-9404

13001 E. 17th Place, Mail Stop A011-04, Aurora, CO 80045

In-home multi-systemic therapy (MST) ; intensive family therapy (FT) ; specializing in mental health issues.

Weber, Susan, PsyD

303-683-5620

Compass Colorado Health Care, Inc.

8671 S. Quebec St. #200, Highlands Ranch, CO 80130

www.compass_md.org

Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

Phobias

Arapahoe/Douglas Mental Health Network

303-730-8858

5500 S. Sycamore St., Littleton, CO 80120

61 W. Davies, Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Highlands Behavioral Health System

720-348-2800

8565 S. Poplar Way, Littleton, CO 80130

www.highlandsbhs.com

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Iolite Counseling

303-956-8949

900 Castleton Rd. #135, Castle Rock, CO 80109

www.iolitecounseling.com

Free initial consultation; sliding scale available.

National Alliance on Mental Illness (NAMI)

303-991-7688

Serving Arapahoe & Douglas Counties

www.namiadco.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide)

303-321-3104

Serving the State of Colorado

www.namicolorado.org

Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Olkowski, Thomas, Ph.D.

303-759-8539

7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112

Almost all insurance, no sliding scale.

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT

www.pikespeakcounseling.com

12900 Stroh Ranch Way #220, Parker, CO 80134

ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Uhernik, Julie, LPC, RN

303-918-1775

19753 E. Pikes Peak Ct., Parker, CO 80138

www.julieuhernik.com

Adolescents, adults, couples, families; no insurance but will slide fees.

Post Partum Depression

Edinburgh Postnatal Depression Scale (EPDS)

<http://www.fresno.ucsf.edu/pediatrics/downloads/edinburghscale.pdf>

Postpartum Support International

503-894-9453

Helpline:

800-944-4PPD

6706 SW 54th Ave., Portland, Oregon 97219

www.postpartum.net

Dedicated to helping women suffering from prenatal mood and anxiety disorders, including postpartum depression. Provides access to local support and resources.

Postpartum Support International Colorado Resource Guide

Colorado State Co-ordinators:

Katie Kripke, MSW, LSW

303-586-1564

Joan Getz-Heller, RN, LCSW

4770 E. Illiff Ave., #104, Denver, CO 80222

303-759-9171

The Kempe Center

303-864-5300

Postpartum Depression Intervention Program

The Gary Pavillion at The Children's Hospital

Anschutz Medical Campus
13123 E 16th Ave., B390 Aurora, CO 80045
www.kempe.org

Helping moms overcome a terrible disease so they, and their children, can thrive.

Post-Traumatic Stress

Adams, Bethany, MA, NCC

Hope Counseling Services
9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012
www.hopencounselingservices.org
Cash or check; will slide fees

720-291-1482

Anderson, Jennifer, MFT

10475 Park Meadows Dr., #600, Lone Tree, CO 80124

720-227-4870

Arapahoe/Douglas Mental Health Network

5500 S. Sycamore St., Littleton, CO 80120
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

303-730-8858

Attoma-Matthews, Colleen, LCSW

1750 Humboldt St., #202, Denver, CO 80218
Takes some insurance.

303-594-9085

- Baker, Leigh, Dr.** 303-790-5585
7200 E. Hampden Ave., Suite 301, Englewood, CO 80112
www.leighbaker.com
- Bishop, Stephen, MD** 303-759-3173
720 S. Colorado Blvd, #964, Denver, CO 80246
Provider for various insurances.
- Blue Pine Recovery Center** 720-854-5959
P.O. Box 630066, Littleton, CO 80163
www.bluepineco.com
In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues. Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.
- Castle Rock Counseling** 303-482-0904
Abby Blacklock, MA, NCC
399 Perry St. #305B, Castle Rock, CO 80104
www.castlerockcounseling.com
- Cohen, Carol, LPC** 303-759-5126
823 S. Perry St., #100, Castle Rock, CO 80107
2121 S. Oneida, Suite 412, Denver, CO 80224
Takes insurance.
- Collaborative Care Counseling** 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Davis, Linda, MSW, LCSW** 303-480-8864
10303 E. Dry Creek Rd., Englewood, CO 80112 (Summit II)
<http://lindagdavis.com>
Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.
- Dennis, Kenny, M.A., N.C.C** 720-206-7768
822 E. Boulder St., Colorado Springs, CO 80903
www.kennydennis.com
EMDR; will slide fees.
- Foundations Family Counseling** 303-393-0085
138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma).

- Gelwick, Julie, LCSW** 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122
Accepts some insurance and will slide fees.
- Guzman, Maria Elena, PhD** 303-756-6870
3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Services available in Spanish. Takes some insurance.
- Haven Corporation**
Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>
In-home coaching & therapy services designed to keep families intact.
- Highlands Behavioral Health System** 720-348-2800
8565 S. Poplar Way, Littleton, CO 80130
www.highlandsbhs.com
Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.
- Integrative Therapy Solutions** 720-285-6438
Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families; will slide fees; no insurance.
- Iolite Counseling** 303-956-8949
900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Free initial consultation; sliding scale available.
- Jens, Kathryn, PhD.** 303-773-8991
8000 E. Prentice Ave #B12, Englewood, CO 80111
Works with some insurances and sliding scale.
- Johnson, Victoria, LCSW** 303-798-8836
26 West Dry Creek Circle, Suite 360, Littleton, CO 80120
victoriajohnsonlcsw@comcast.net
- Karlberg, Ann, LCSW** 303-691-5677 ext. 2
Therapeutic Alliance Professionals 303-906-0630 cell
2755 S. Locust St., #113, Denver, CO 80222
- Kern, David, MD** 303-322-2262
3773 Cherry Creek North Dr., Denver, CO 80209
Specializes in child psychiatry. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, much more.

- Legacy Comprehensive Counseling & Consulting** 303-841-4005
 19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Accepts insurance and will slide fees.
- Lounsbrough, Craig, M.Div., LPC** 303-593-0575
 19284 Cottonwood Drive, #202, Parker, CO 80138
www.craiglpc.com
No sliding scale, will reduce fee.
- McLain, Joanne, PhD** 720-244-6329
 P.O. Box 1234, Elizabeth, CO 80107
- Monnet, Michael, M-Div, MA, LPC** 303-387-4335
 4725 Fox Sparrow Rd, Parker, CO 80134
EMDR certified
- Moore, April, MS, LPC** 303-593-0575
 18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
- Myers-Barklage, Joy** 303-643-8914
 858 Happy Canyon Rd., #220, Castle Rock, CO 80104
 7860 E. Berry Place, Englewood, CO 80111
EMDR Certified. Accepts some insurance.
- National Alliance on Mental Illness (NAMI)**
 Serving Arapahoe & Douglas Counties (*calls returned within 24 hours*) 303-991-7688
www.namiadco.org
 Serving the State of Colorado 303-321-3104
www.namicolorado.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services..
- People House** 303-480-5130
 3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.
- Pikes Peak Counseling** 720-244-0899
 Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
 12900 Stroh Ranch Way #220, Parker, CO 80134
Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance ; will provide receipts to clients upon request and will slide fees.

- Proactive Counseling** 303-917-6211
1745 Shea Center Dr., Highlands Ranch, CO 80126
Individuals, couples.
- Sawyer, Chip** 303-229-3348
5690 DTC Blvd., #120W, Greenwood Village, CO
www.redimere.com
- Schaffer, Stacy** 602-885-5485
5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
Play therapy specialty. Does not accept insurance but will slide fees.
- Schaubman, Averi, LCSW** 303-906-2472
165 Cook Street, Suite 100, Denver, CO 80206
EMDR trained. Sliding scale and insurance accepted.
- Suttle, Tamara G., M.Ed, LPC** 303-660-4989
6222 Lancaster Ave., Castle Rock, CO 80104
www.tamarasuttle.com
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.
- Therapeutic Alliance Professionals, L.L.C.** 303-691-5677
Ann Karlberg, LCSW; Chaney Given, Psy.D;
Bart Dean, LCSW; Jay Fellers, LCSW
2755 S Locust Street, Suite 219, Denver, CO 80222
www.therapeutic-alliance.com
Sliding scale fees and some insurance.
- Uhernik, Julie, LPC, RN** 303-918-1775
19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; no insurance but will slide fees.
- Worthing Carol Ann, PhD** 303-663-5846
240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Residential Programs

<p>Aurora Mental Health Center: Ellin Mracheck House 14801 E. 18th Pl., Aurora, CO 80011 <i>Dual diagnosis, mental illness & developmental disability</i> Fitzsimons Treatment Center <i>Transition placement from hospitalization to community</i></p>	<p>303-364-6704</p>
<p>Beacon Center 333 W. Hampden Ave., Suite 305, Englewood, CO 80110 www.beaconcenter.org <i>Community treatment and residential program for at-risk youth; drug and alcohol counseling; independent living program</i></p>	<p>303-761-6756</p>
<p>Centennial Peaks Hospital 2255 S. 88th St., Louisville, CO 80027 www.centennialpeaks.com <i>Acute inpatient treatment for adolescents with addictions and/or psychiatric diagnoses; intensive outpatient for chemical dependency; residential and aftercare services</i></p>	<p>303-673-9990</p>
<p>Children's Hospital 1056 E. 19th Ave., Denver, CO 80218 www.childrenshospitalden.org <i>Psychiatric and behavioral science services; eating disorder treatment; bereavement counseling; juvenile fire-setter treatment</i></p>	<p>303-861-8888</p>
<p>Colorado Division of Mental Health 3824 W. Princeton Cr., Denver, CO 80236 www.cdhs.state.co.us/ohr/mhs/index.html <i>Access to state mental health inpatient facilities; therapy; case management; medication services</i></p>	<p>303-866-7400 TTY: 303-866-7471</p>
<p>Devereux Cleo Wallace Psychiatric Facility 8405 Church Ranch Blvd., Westminster, CO 80021 www.cleowallace.org <i>Psychiatric evaluations; day treatment; residential care for adolescents with acute mental illness; treatment of ADHD, bipolar, mood disorders, psychiatric disorders; family therapy</i></p>	<p>303-466-7391</p>
<p>Eating Disorder Center of Denver 950 S. Cherry St. #1010, Denver, CO 80246 www.edcdenver.com <i>Outpatient, partial hospitalization, and inpatient treatment of eating disordered individuals age 16 and older</i></p>	<p>303-771-0861</p>
<p>Evergreen Psychotherapy Center 32065 Castle Court #325, Evergreen, CO 80439 www.attachmentexperts.com <i>Specializing in treatment of unattached individuals of all ages</i></p>	<p>303-674-4029</p>
<p>Excelsior Youth Centers 15001 E. Oxford Ave., Aurora, CO 80014</p>	<p>303-693-1550</p>

www.excelsioryc.org

Female-specific services; inpatient; day treatment; substance abuse treatment; living skills; on-campus school

Forest Heights Lodge

303-674-6681

P.O. Box 789, Evergreen, CO 80437

www.forestheightslodge.org

Psychotherapeutic residential care for boys ages 5-14 who are emotionally disturbed or have been traumatized; recreation therapy

Griffith Centers for Children, Inc.

303-237-6865

14142 Denver West Pkwy, #225, Lakewood

www.griffithcenters.org

Residential and day treatment for youth with psychiatric, behavioral, educational or social challenges

Institute for Attachment & Child Development

303-674-1910

27618 Fireweed Dr., Evergreen, CO 80439

Mailing: P.O. Box 730, Kittredge, CO 80457

www.instituteforattachment.org

Counseling for unattached children; support for parents

Lilac Gardens Residential Childcare Facility

720-323-1489

7322 S. Valdai Circle, Aurora, CO 80016

Residential treatment for youth ages 8-18 diagnosed with mild/moderate developmental disabilities and/or psychiatric disorders

Monarch Center for Family Healing

303-569-0767

700 6th St., Georgetown, CO 80444

www.monarchfamilyhealing.com

Adventure based therapy to treat substance abuse, delinquency, family conflict, mental health issues; residential therapeutic care for youth ages 10-18; family trips; group trips

Mount St. Vincent Home

303-458-7220

4159 Lowell Blvd., Denver, CO 80211

www.msvhome.org

Residential and day treatment for youth diagnosed with a wide range of emotional/behavioral problems, outpatient & day care

Savio House

303-225-4100

325 King St., Denver, CO 80219

www.saviohouse.org

Day treatment for adolescents; residential treatment for adolescent males; in-home multi-systemic therapy; other community based services

Shiloh House

303-932-9599

6400 W. Coal Mine Ave., Littleton, CO 80123

www.shilohhouse.org

Day treatment for adolescents; residential treatment for adolescent males; intensive in-home therapy; respite services

Southern Peaks Regional Treatment Center 719-276-7567
700 Fourmile Parkway, Canon City, CO 81212
www.abraxasyfs.com
Residential treatment program for males and females, ages 10-21; delinquent or dependent youth with a history of behavioral / mental health disorders and drug / alcohol issues. Gender-specific programming; also offers the Medicine Bear Native American track, tailored to the needs of native youth. Sex Offense Specific program for males, and the Haven Program for Sexually Exploited Children for either gender. Variable lengths of stay.

Synergy Residential Services 303-781-7875
3738 W, Princeton Circle, Denver, CO 80236
www.artstreatment.com
Adolescent male specific drug and alcohol treatment, unlocked highly structured, nurturing, and intensive program; on-site school and integrated, specialized drug/alcohol treatment; comprehensive substance abuse and psychological evaluations, individual, group, and family therapy.

Tennyson Center (CO Christian Home) 303-433-2541
2950 Tennyson St., Denver, CO 80212
www.tennysoncenter.org
Residential treatment for children ages 5-14; focus on abused and neglected children

Third Way Center 303-780-9191
P.O. Box 61385, Denver, CO 80206
www.thirdwaycenter.org
Residential programs for male and female adolescents; home for teen mothers; nutritional counseling; mental health assessment and counseling; independent living skills; alternative school

Respite

To The Rescue 720-851-2100
17011 Lincoln Ave. #562, Parker, CO 80134 720-641-0646
18320 E. Cottonwood Dr., Unit G (day facility)
<http://totherescue.net>
Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Sex Offense Specific Treatment

Southern Peaks Regional Treatment Center 719-276-7567

700 Fourmile Parkway, Canon City, CO 81212

www.abraxasyfs.com

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth with a history of behavioral / mental health disorders and drug / alcohol issues. Gender-specific programming; also offers the Medicine Bear Native American track, tailored to the needs of native youth. Sex Offense Specific program for males, and the Haven Program for Sexually Exploited Children for either gender. Variable lengths of stay.

Sexuality / Sexually Exploited Children

Holtby, Michael, MSW

303-722-1021

309 Cherokee St., Denver, CO 80223

holtby@denverpsychotherapy.com

Sex and sexuality issues, dysfunction, abuse and coming out. Does not take insurance, sliding scale available.

Southern Peaks Regional Treatment Center

719-276-7567

700 Fourmile Parkway, Canon City, CO 81212

www.abraxasyfs.com

Residential treatment program for males and females, ages 10-21; delinquent or dependent youth with a history of behavioral / mental health disorders and drug / alcohol issues. Gender-specific programming; also offers the Medicine Bear Native American track, tailored to the needs of native youth. Sex Offense Specific program for males, and the Haven Program for Sexually Exploited Children for either gender. Variable lengths of stay.

MENTORING PROGRAMS

1 Liquid House

303-916-1515

6668 Lynx Cove

www.1liquidhouse.com

Mentoring by adults in music, film, and magazine production careers

4-H Clubs

720-733-6940

410 Fairgrounds Rd., Castle Rock, CO 80104

www.douglascountyextension.org

Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences

Big Brothers/Sisters

303-433-6002

2420 W. 26th Ave., Suite 450-D, Denver, CO

Boy Scouts of America, Local Troops:

Denver Area Council (referrals) 303-455-5522
Castle Rock, Troop 261
Ages 6-10: 303-257-6145
Ages 11-17: 303-249-0336
www.cubpack261.com or www.troop261.us
Highlands Ranch, Cub Pack 662 303-470-5751
www.pack662.org
Parker, Troop 88 303-805-0337
www.troop88.org
Parker, Troop 469 303-660-4287
www.troop169.org

Campfire USA 303-333-7142
5161 Sheridan Blvd., Denver, CO 80212
www.campfirerockies.org
Outdoor experiences, art & service-learning; summer camps

Define Your Peace / Fire Mountain Enterprises 303-242-5479
5745 Olde Stage Rd., Boulder, CO 80302
www.drugandalcoholinterventionspecialists.com
www.firemountainprograms.com
Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Douglas County Partners 720-733-1960
513 Wilcox St., Castle Rock, CO 80104
www.metrodenverpartners.org
Year-long adult-youth mentorships, activities; youth ages 8-17.

Explorers Clubs:

Castle Rock Police Department 303-663-6148
Parker Police Department 303-841-9800
An insider's look at police procedures for youth between the ages of 14 and 20; skills competitions

Friends for Youth 303-756-9285
5500 E. Yale Ave., Denver, CO 80222
www.friendsforyouth.com
Adult mentors for youth in the child welfare or juvenile justice systems; faith-based

Girl Scouts Mile Hi Council

Douglas County: 303-778-8774
Highlands Ranch Brownie Troop: 720-839-3216
www.girlscoutsofcolorado.org
Various troops linked to Douglas County public schools

Girls, Inc. 303-893-4363
1499 Julian St., Denver, CO 80204
www.girlsincdenver.org
*Empowering girls to be strong, smart and bold;
health, education, personal power advocacy*

Haven Corporation 303-862-5905
Denver: 494 Sheridan Blvd., Denver, CO
719-448-0865
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO
<http://havencorporation.com>
Gender-specific mentoring & life skill coaching programs.

House of Speed 720-273-9730
10199 Lodestone Way, Parker, CO 80134
www.houseofspeed.com
"Building character through sports." Intensively coached sports camps and clinics for ages 8 and older. Program works on character & sportsmanship at the same time as fitness and speed for excellence in life and sports.

Snowboard Outreach Society (SOS) 970-845-7040
P.O. Box 2020, Avon, CO 81620
www.sosoutreach.org
Mentoring, civic engagement, and recreation opportunities for low-income or at-risk youth partnered with cool snowboarders or skiers - DUDE! Seasonal: Dec –Jan and Jan.-Feb.

We Live the Power (Life Coaching/Goal-Setting) 303-332-7888
Valerie@welivethepower.com
www.welivethepower.com
Individual life coaching services; goal-setting workshops for teens

Zuma's Rescue Ranch 303-346-7493
7745 N. Moore Rd., Littleton, CO 80125
www.zumasrescueranch.com
Experiential learning, mentoring program - - all with trained professionals and rescued horses.

MILITARY FAMILIES

Colorado National Guard Family Program 1-866-333-8844
Family Program Office
12200 East Briarwood Ave., Suite 160 Centennial, CO 80112
www.cong.army.mil/family.html
To establish and facilitate ongoing communication, involvement, support and recognition between National Guard families and the National Guard.

Joint Family Assistance Program
Military Family Life Skills Group
Consultants:
DiGiamberardino, Lucille LCSW
Military Family Life Consultant

720-250-1194
720-384-3881

Specializing in marriage and family issues.
Green, Jim LPC 720-250-1198
Child and Youth Consultant 303-709-6823
Consultants travel around the state to provide: Group and individual support for adults and children; discussion and issues related to: deployment/multiple deployments, reunion/reintegration, marriage, finances, parenting, grief and loss. Referrals for specific services in local areas also available.

Military One Source 1-800-342-9647
www.militaryonesource.com
A 24/7 resource for military members, spouses and families.

National Alliance on Mental Illness (NAMI) 303-991-7688
Serving Arapahoe & Douglas Counties
www.namiadco.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.

National Alliance on Mental Illness (Statewide) 303-321-3104
Serving the State of Colorado
www.namicolorado.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.

Zero To Three 202-638-1144
2000 M St. NW, Suite 200, Washington, DC 20036
www.zerotothree.org/about-us/funded-projects/military-families/
Supports military families by working to increase awareness and collaboration throughout the military community so that parents and professionals can more effectively care for very young children and their families.

PARENTING

Adoption

Adoption Exchange 303-755-4756
14232 E. Evans Ave., Aurora, CO 80014
www.adoptex.org
Support for adoptive families and adopted children before, during & after the adoption process.

Alternatives Pregnancy Center
19029 E. Plaza Dr., #255, Parker, CO 80134 720-851-2040
2 West Dry Creek Cir. #180, Littleton, CO 80120 303-295-2288

www.youhavealternatives.org

Counseling and alternatives for pregnant women of all ages; pre- and post-natal support; healthcare referrals; free pregnancy testing

Anderson, Jennifer, MFT

720-227-4870

10475 Park Meadows Dr., #600, Lone Tree, CO 80124
Family and individual counseling related to adoption.

Arapahoe/Douglas Mental Health Network

303-730-8588

CHILD & FAMILY SERVICES
61 W. Davies Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Counseling & education classes regarding adoption and foster care, including The "Parenting Foster & Adopted Children" series, providing a combination of skill-building, resource development and support from other parents.

Colorado Coalition of Adoptive Families

303-562-9864

P.O. Box 270398, Louisville, CO 80027

www.cocaf.org

Vast array of supportive services for families considering adoption or who have adopted; classes, support groups, links to respite care resources, etc.

Colorado Post-Adoption Resource Center

303-755-4756

14232 E. Evans Ave., Aurora, CO 80014

www.adoptex.org

Assistance with adoption process; post-adoption resources such as mentoring, ongoing support and education; Advanced AdoptCare classes; Respite Care workshops; Sustainable Parenting & Diversity classes.

Howard, Rebecca PsyD, LLC

303-730-8083

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

www.drrebeccaihoward.com

Counseling services around adoption. Free introductory session; scholarships.

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; will slide fees; no insurance.

Parker Adventist Hospital

720-936-9021

Family to Family Adoption Support
9395 Crown Crest Blvd., Parker, CO 80138

www.parkerhospital.org

Supporting adoptive parents and birth parents in the adoption process.

Schaffer, Stacy

602-885-5485

5460 Ward Rd., Arvada, CO 80004

www.stacyschaffer.com

Specialty in play therapy. Does not accept insurance but will slide fees.

Transracial / Transcultural Adoptions

<http://transracial.adoption.com/?s=r>

Online resource center that is part of www.adoptions.com; articles and links to local services and supportive resources.

Divorce / Step-Parenting

- Arapahoe/Douglas Mental Health Network*** 303-730-8858
CHILD & FAMILY SERVICES
61 W. Davies Littleton, CO 80120
1189 S. Perry St., #150 Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
Family therapy and educational classes on healthy family functioning
- Center for Divorce & Parenting*** 303-771-5424
P.O. Box 4642, Englewood, CO 80155
www.centerfordivorceandparenting.com
Divorce & Family Mediation; Civil Mediation; guidance on decision-making and communication throughout the divorce & co-parenting experience. Classes offered on parenting through divorce, Love & Logic parenting, conflict resolution. Coaching to assist with development of parenting / custody plans.
- Child Support Division, Dept. of Human Services*** 720-895-8700
- Collaborative Care Counseling*** 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Colorado Therapy Services*** 303-319-6176
Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
Sliding scale available; group therapy, teens, children, adults, couples, families. Many specialties including anger management, stress management, social skill development, substance abuse intervention, family & parenting issues.
- Davis, Linda, MSW, LCSW*** 303-480-8864
10303 E. Dry Creek Rd., Englewood, CO 80112 (Summit II)
<http://lindagdavis.com>
Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.
- Denver Family Institute***
- Central Office** 303-756-3340
7200 East Hampden Ave, Suite 301, Denver, CO 80224
- North Office** 303-756-3340
4891 Independence, Suite 165, Wheat Ridge, CO 80033
www.denverfamilyinstitute.org
Family, couples and individual therapy counseling is available for a wide variety of issues. Sliding scale ranging from \$15-\$50 per session.

Douglas County Courts Self-Help Center

Douglas County Justice Center
4000 Justice Way, Castle Rock, CO 80109
Fridays from 8:30 a.m. to noon; onsite attorney provides assistance with divorce proceedings, legal separation and/or child custody matters.

Eckenwiler, John, LMFT

303-267-2282

9998 N. Dransfeldt Rd., Parker, CO 80134
9362 Teddy Lane, #206, Lone Tree, CO 80124
www.therapyhelpnow.com

Individual, couples, adolescents & family counseling; specializes in stress management, marital counseling. Some insurances, private pay; might slide fees.

Flemons, Joanna, LCSW

303-675-7155

9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Divorce; grief/loss; depression & anxiety; eating disorders; infidelity. Accepts insurance, cash & checks.

Foundations Family Counseling

303-393-0085

138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com

Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.

Gartner, Laura, LPC

303-601-8269

2516 W. Main St., Littleton, CO 80120
www.lgfamilytherapy.com

Adolescents, couples, adults; specializing in blended family / divorce issues, couples / marriage counseling, depression, anxiety, parenting. Accepts some insurances (Aetna, Cigna, Medicaid, Kaiser POS & PPO).

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>

In-home coaching & therapy services designed to keep families intact.

Howard, Rebecca PsyD, LLC

303-730-8083

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120
www.drrebeccaihoward.com

Counseling services centered around divorce and re-marriage. Free introductory session; scholarships may be available for clients with demonstrated need for both therapy and assessment.

- Integrative Therapy Solutions** 720-285-6438
 Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.
- Iolite Counseling** 303-956-8949
 900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Divorce group fro children. Free initial consultation; sliding scale available.
- Kirk, Cher, MA, LPC** 303-503-4333
 Cher Kirk Counseling
 10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.
- Legacy Comprehensive Counseling & Consulting** 303-841-4005
 19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.
- McAllaster-Schmitz, Amy, M.A., LPC** 303-513-7822
 2629 W. Main Street, Suite 145, Littleton, CO 80120
www.amymscounseling.com
- Moffitt, Melissa, MA, LPC** 303-805-4004
 19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
 FACT (Families Adjusting To Change and Transition)
Divorce classes, parenting. Takes most insurance.
- Monnet, Michael, M-Div, MA, LPC** 303-387-4335
 4725 Fox Sparrow Rd, Parker, CO 80134
Services for families, adolescents, adults ; depression ; anxiety ; divorce & parenting issues ; trauma (EMDR certified) ; assessment
- New Beginnings Co-Parenting** 303-706-9424
 558 Castle Pines Pkwy, Unit B-4 #364, Castle Rock, CO 80108
www.newbeginningscoparenting.com

Court-approved online co-parenting course for divorcing couples

- People House** 303-480-5130
3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
*Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;
All ages, all issues. People House also offers workshops & classes & activities.*
- Pikes Peak Counseling** 720-244-0899
Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
12900 Stroh Ranch Way #220, Parker, CO 80134
*Divorce groups for children & teens; individual & family therapy.
Does not accept insurance; sliding scale available.*
- Proactive Counseling** 303-917-6211
1745 Shea Center Dr., Highlands Ranch, CO 80126
*Individuals, couples; Julie Sheehan is a licensed psychotherapist utilizing multiple
approaches and targeting multiple issues such as marriage / family issues, parenting
issues, depression, anxiety / stress, trauma, behavioral disorders, grief & loss, sexuality,
stress management..*
- Reed, Kayla, MA, LPC** 303-229-9281
6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Takes insurance and will slide fees.
- Schaffer, Stacy** 602-885-5485
5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
*Therapeutic services for children & adolescents with an emphasis on
grief and loss, along with many other issues; specialty in play therapy.
Does not accept insurance but will slide fees.*
- Smith, Jenna K., MSW** 303-810-0658
5347 S. Valentia Way #120, Greenwood Village, CO 80111
*Specializing in working with elementary-age children & their families;
divorce, grief & loss, anxiety, ADHD, parenting.*
- South Denver Psychotherapy** 303-730-1104
2305 E. Arapahoe Rd., #242, Centennial, CO 80121
www.southdenverpsychotherapy.com
Various rates for group, individual & family therapies; no insurance
- Southeast Psychotherapy Associates, PLLC** 303-694-1795
6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
*Marriage & family therapy; addictions; bipolar & other depressive
disorders; educational & intellectual assessment; ADHD*
- Stepfamily Services** 303-637-4071

6901 S. Pierce #337, Littleton, CO 80238
www.stepfamilyservices.com
Workshops to strengthen stepfamilies

Thoreson, Kirk, PsyD 303-550-0030

1776 S. Jackson St., #207, Denver, CO 80203
www.drkirkthoreson.com

Families, children, teens, couples; offers therapeutic divorce groups for children; accepts some insurance or sliding fee scale; free 20 minute phone consult.

Uhernik, Julie, LPC, RN 303-918-1775

19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com

Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships. No insurance but will slide fees.

Wilson, Jackie, LCSW 303-347-9600

7310 E. Arapahoe Rd., #200, Centennial, CO 80112

Woodman, Nicole, MA, LPC, NCC 303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124
www.newyoucounseling.com

Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.

Worthing Carol Ann, PhD 303-663-5846

240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com

Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Zimmerman, Jennifer MC 303-995-7354

Serendipity Counseling

15 Wilcox #207, Castle Rock, CO 80104

Specializes in individuals, couples, families; behavior disorders; divorce; blended family/stepparent issues; parenting classes. Will slide fees.

Fatherhood

“Building Your Healthy Marriage or Responsible Fatherhood Program”

<http://hm.macrovolt.com>

Toolkit with a wide variety of tried & true support strategies for strong fathers and strong marriages & families.

Coalition for Equal Parenting

www.coalitionforequalparenting.org

Resources and supports for dads, as well as a regularly scheduled meeting.

DadsAdventure.com

949-754-9067

15375 Barrance Pkwy. Ste. H104, Irvine, CA 92618

www.dadsadventure.com

Dedicated to fostering the development of role models for new fathers in their communities, neighborhoods, and families by working to put out positive, constructive information and messages as well as tools and resources that help them do the job.

Dictionary For Dads

www.dictionaryfordads.com

Dictionary for Dad’s provides resources and information which are fundamental in assisting men in making informed decisions

DougCoDads

<http://dougcodad.mile-highdads.com>

Support and education for dads all over Douglas County; dad-facilitated. FOOD!

El Paso County DHS Center on Fathering

1-800-693-2334

325 N. El Paso St, Colorado Springs, CO

<http://dhs.elpasoco.com/pages/cof.aspx>

Fathering resources and groups; referrals.

Emu Consulting / The Grateful Dad

303-377-8081

7949 E. 28th Place, Denver, CO 80238

www.emuconsulting.com

Individual coaching for fathers; community & business education on role of fathers.

Fathers Rights for Colorado

www.fathersrightscolorado.com

Online resource for fathers seeking attorneys who specialize in fathers’ rights;

Meet-up group on fathers’ rights.

Men of Valor, Inc

720-635-5000

9492 E. Aspen Hill Place Lone Tree, CO 80124

www.menofvalor.net

Father and children monthly activities, training classes, workshops, and seminars on the responsibilities, challenges, and opportunities of fatherhood; a 15 session “Fathering” course

and a 10 session "Conflict-Resolution for Fathers"; parent education classes for incarcerated dads, or dads with domestic violence backgrounds; legal workshops for noncustodial parents are held quarterly with speakers from the legal profession and Denver and Douglas County's child support enforcement group.

Special Needs Advocate

Scott Forlenza

303-877-0414

9217 Sugarstone Circle Highlands Ranch, CO 80130

S4lenza44@comcast.net

Program focuses on serving fathers with special needs children.

WAIT Training Responsible Fatherhood Project

720-488-8888

10427 E. Dorado Pl. Greenwood Village, CO 80111

Works with Purpose Bound, a youth development program based in Windsor and Denver's Gillam Youth Services Center of the CO Division of Youth Correction to provide male detainees at the Gillam Center with instruction in fatherhood, healthy relationships and setting life goals.

General Resources / Summer Resources

Colorado Parent Information & Resouce Center

303-355-5387

3805 Martin Luther King Blvd., Denver, CO 80205

www.cpirc.org

Parenting resources, school-readiness materials & guides, parent involvement advice, all dedicated to building partnerships between parents & schools to increase student achievement. Materials in Spanish & English; partnership with Families First support line - - 303-695-7996.

Colorado Parent Summer Survival Guide

<http://www.flashedition.com/publication/login.php?i=31478&m=&l=&p=>

Online yearly resource for families to get through the summer months!

James Resource Network (for single moms)

jamesresourcenetwork@msn.com

Support & resources for single mothers.

The Rock MOPS (Mothers of Preschoolers)

www.therockmops.com

Support, community, practical advice and personal growth offered by other moms of children, pregnancy through kindergarten. Meetings are on the 2nd and 4th Tuesday of each month; speakers, crafts, meals, fellowship. Registration is required & there are dues. Contact admin@therockmops.com.

Parenting Classes / Counseling

- A Better Choice Counseling*** 303-523-6600
405 S. Wilcox, Suite 210, Castle Rock, CO 80104
"Love and Logic" parenting classes; family counseling
- AMEND of Arapahoe County*** 303-220-1911
6565 S. Dayton, #1500, Greenwood Village, CO 80111
Counseling for abusive men and their families
- Anderson, Jennifer, MFT*** 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124
Family and individual counseling related to parenting
- Arapahoe/Douglas Mental Health Network*** 303-730-8858
CHILD & FAMILY SERVICES
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150 Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
Family therapy and educational classes on health family functioning
- Assets for Colorado Youth*** 303-832-1587
1580 Logan St. #700, Denver, CO 80203
www.assetsforcoyouth.org
Support for community efforts based on developmental assets in youth
- Beyond Consequences Classes***
Women's Crisis & Family Outreach Center 303-688-1094
Ask for locations
www.wcfoc.org
Specialized parenting approach for children who are exhibiting challenging, troubling behaviors.
- Briggs, Jana, MA, NCC, LPC*** 303-495-0317
5777 S. Rapp St., #204, Littleton, CO 80120
www.janabriggs.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.
- Children's Hospital*** 720-777-5437
13123 E. 16th Ave., Aurora, CO
www.ednewsparent.org
Wide variety of free parenting workshops held at Children's Hospital; topics have included social networking & tweens, toddler language acquisition, sleeping

challenges, and toilet training.

- Colorado Therapy Services** 303-319-6176
Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
*Sliding scale available; group therapy, teens, children, adults, couples, families.
Many specialties including anger management, stress management, social skill
development, substance abuse intervention, family & parenting issues.*
- CSU Cooperative Extension in Douglas County** 720-733-6926
410 Fairgrounds Rd., Castle Rock, CO 80104
Family & Consumer services; parenting newsletters.
- Conflict Center** 303-433-4983
4140 Tejon Street, Denver, CO 80211
*Family mediation; anger/conflict management;
Latino parenting issues; GLBTQ partner classes*
- Davis, Linda, MSW, LCSW** 303-480-8864
10303 E. Dry Creek Rd., Englewood, CO 80112 (Summit II)
<http://lindagdavis.com>
*Adolescents, families, couples, adults; specializing in blended family / divorce issues,
grief & loss, depression,, anxiety / stress, parenting, play therapy.*
- Define Your Peace / Fire Mountain Enterprises** 303-242-5479
5745 Olde Stage Rd., Boulder, CO 80302
www.drugandalcoholinterventionspecialists.com
www.firemountainprograms.com
*Teen drug & alcohol prevention, interruption & intervention services. Teen
empowerment camps, coaching, life mastery course, ultimate family training.*
- Douglas County Early Childhood Coalition** 720-560-7300
3950 Trail Boss Ln., Castle Rock, CO 80104
www.dcearlychildhood.org
*Early childhood Council for Douglas County working to build community
awareness of and connections to early childhood services.*
- Douglas County Human Services** 303-688-4825
4400 Castleton Court, Castle Rock, CO 80109
Family Preservation intensive therapy; Youth In Conflict intake
- Douglas County School District** 303-387-0100
620 Wilcox, Castle Rock, CO 80104
www1.dcsdk12.org
- Child Find:** 303-387-0804
8204 E. Park Meadows #204
Sponsors STEP classes and support groups for

parents of children with special challenges

- Douglas County WrapAround** 303-663-6233
<http://www.douglas.co.us/countyadmin/youth/index.html>
Problem-solving process that is based on natural supports, strengths & interests of the family; family voice & choice, permanent results, whole-family approach that includes kids, parents and extended family.
- Douglas County Youth Initiative** 303-688-4825
4400 Castleton Court, Castle Rock, CO 80109
<http://www.douglas.co.us/countyadmin/youth/index.html>
Coordination and system improvement for local youth services; access assistance; referrals; access to WrapAround
- Eckenwiler, John, LMFT** 303-267-2282
9998 N. Dransfeldt Rd., Parker, CO 80134
9362 Teddy Lane, #206, Lone Tree, CO 80124
www.therapyhelpnow.com
Individual, couples & family counseling; specializes in stress management, marital counseling, adolescents. Some insurances, private pay; might slide fees.
- Families First** 303-745-0327
2163 S. Yosemite Street, Denver, CO 80231
www.FamiliesFirstColorado.org
Parenting classes; Circle of Parents support groups; Parenting Tools for Dad, Grandparents; emphasis on family strengths and positive approaches to discipline
- Flemons, Joanna, LCSW** 303-675-7155
9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126
Divorce; grief/loss; depression & anxiety; eating disorders; infidelity. Accepts insurance, cash & checks.
- Foundations Family Counseling** 303-393-0085
138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.
- Gartner, Laura, LPC** 303-601-8269
2516 W. Main St., Littleton, CO 80120
www.lgfamilytherapy.com
Adolescents, couples, adults; specializing in blended family / divorce issues, couples / marriage counseling, depression, anxiety, parenting. Accepts some insurances (Aetna, Cigna, Medicaid, Kaiser POS & PPO).
- Haven Corporation**
Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>
In-home coaching & therapy services designed to keep families intact.

- Integrative Therapy Solutions** 720-285-6438
 Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families; specialties include marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.
- Jewish Family Service** 303-597-5000
 3201 S. Tamarac Dr., Denver, CO 80231
www.jewishfamilyservice.org
- Kirk, Cher, MA, LPC** 303-503-4333
 Cher Kirk Counseling
 10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.
- Knippenberg, Patterson & Associates** 303-756-4924
 7531 S. Kendall Blvd, Littleton, CO
www.craigknippenberg.com
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees.
- Legacy Comprehensive Counseling & Consulting** 303-841-4005
 19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.
- Life Support Behavioral Institute** 303-516-5995
 7853 E. Arapahoe Ct. #1250, Centennial, CO 80112
Intensive outpatient; in-home family preservation program. Specializing in behavioral management, work with youth with developmental disabilities, psychotherapy, home studies.
- Littleton Hospital, Parenting Classes** 303-730-5810
 7700 S. Broadway Littleton, CO 80122
- Love and Logic Institute** 303-278-7552
 2207 Jackson St. #102, Golden, CO 80401
www.loveandlogic.com
Counseling for attachment disorder, parenting, marriage; emphasis on logical consequences and personal responsibility; educational discipline

- Monnet, Michael, M-Div, MA, LPC** 303-387-4335
 4725 Fox Sparrow Rd, Parker, CO 80134
Services for families, adolescents, adults ; depression ; anxiety ; divorce & parenting issues ; trauma (EMDR certified) ; assessment
- Moore, Paula, LCS, LMFT** 303-809-1704
 Pradera Community Center, Parker CO
"Love & Logic" facilitator offering a 7-week course for parents with children of all ages; \$70 individual or \$100 couple
- National Alliance on Mental Illness (NAMI)** 303-991-7688
 Serving Arapahoe & Douglas Counties
www.namiadco.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services; calls are returned within 24 hours.
- National Alliance on Mental Illness (Statewide)** 303-321-3104
 Serving the State of Colorado
www.namicolorado.org
Support groups, education programs, resources & advocacy for people and families affected by mental illness. No charge for any services.
- National Institute for Change** 303-231-0090
 Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.
- Parenting Wisely** 1-866-234-WISE
www.familyworksinc.com
Computer-based parenting program; parenting classes on CD-ROM
- Parents Encouraging Parents** 303-866-6846
Support group for parents of children with disabilities
- Parent to Parent of Colorado** 1-877-472-7201
 801 Yosemite St Denver, CO 80230
www.p2p-co.org
info@p2p-co.org
Offers encouragement to parents with sons and daughters with disabilities or special health care needs, by providing emotional and informational support, resources and by matching parents seeking support with a support parent.
- Parker Counseling** 303-841-0259
 19555 E. Parker Square Dr., Parker, CO 80134
Counseling, support groups, parenting classes on a sliding fee scale
- Partners in Parenting, Colorado State University** 1-800-457-2736
Resources for parents including a free newsletter
- Peak Parenting**
Laura Borner, M.S. 303-953-9943
www.peak-parenting.com
"Parent Coaching Institute" model of parent coaching for greater parental

confidence, exploration of parenting styles, consistency between parents, child motivation, encouragement of study habits, understanding effect of media on children, and much more.

People House 303-480-5130

3035 W. 25th Ave., Denver, CO 80211

<http://peoplehouse.org>

Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;
All ages, all issues. People House also offers workshops & classes & activities.

Proactive Counseling 303-917-6211

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; Julie Sheehan is a licensed psychotherapist utilizing multiple approaches and targeting multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, behavioral disorders, grief & loss, sexuality, stress management..

Redimere Group 303-713-1001

5690 DTC Blvd., #120W, Greenwood Village, CO

www.redimere.com

Family counseling; parent coaching

Resolution Works 720-629-7028

7000 S. Windermere St, Littleton, CO

www.yourresolutions.org

Victim/Offender Mediation, Parent/Teen Mediation, ReThinking Drinking Restorative Justice program (MIP-Alcohol diversion), Community Mediation, Public Dialogue, High-Risk Victim/Offender Dialogue

Rothkamp, Angie, MA, LPC 303-756-4924

Knippenberg, Patterson & Associates

7531 S. Kendall Blvd, Littleton, CO

www.craigknippenberg.com

Parenting classes; parent intervention. May slide fees.

Running Creek Counseling Services, Inc. 303-688-8231

7601 E. Burning Tree Dr., Franktown, CO 80116

Parenting classes; couples counseling; domestic violence intervention

Sawyer, Chip 303-229-3348

5690 DTC Blvd., #120W, Greenwood Village, CO

www.redimere.com

Family counseling; parent coaching

Schaffer, Stacy 602-885-5485

5460 Ward Rd., Arvada, CO 80004

www.stacyschaffer.com

Therapeutic services for children & adolescents with an emphasis on grief and loss, along with many other issues; specialty in play therapy. Does not accept insurance but will slide fees.

- Smith, Jenna K., MSW** 303-810-0658
 5347 S. Valentia Way #120, Greenwood Village, CO 80111
Specializing in working with elementary-age children & their families; divorce, grief & loss, anxiety, ADHD, parenting.
- South Denver Psychotherapy** 303-730-1104
 2305 E. Arapahoe Rd., #242, Centennial, CO 80121
www.southdenverpsychotherapy.com
Various rates for group, individual & family therapies; no insurance
- Southeast Psychotherapy Associates, PLLC** 303-694-1795
 6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
Marriage & family therapy
- Tennyson Center (CO Christian Home)** 303-433-2541
 2950 Tennyson St., Denver, CO 80212
www.tennysoncenter.org
Parent training and support
- Uhernik, Julie, LPC, RN** 303-918-1775
 19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Parenting, step-parenting, and mother-daughter issues; will slide fees.
- Wilson, Jackie, LCSW** 303-347-9600
 7310 E. Arapahoe Rd., #200, Centennial, CO 80112
Girls, adolescents, mother-daughter, divorce
- Woodman, Nicole, MA, LPC, NCC** 303-895-8280
 9220 Teddy Lane, Lone Tree, CO 80124
www.newyoucounseling.com
Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.
- Worthing Carol Ann, PhD** 303-663-5846
 240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.
- Zimmerman, Jennifer MC** 303-995-7354
Serendipity Counseling
 15 Wilcox #207, Castle Rock, CO 80104
Specializes in individuals, couples, families; divorce; blended family/stepparent issues; parenting classes. Will slide fees

Parenting Hotlines

Comitis Crisis Center 303-343-9890
Hotlines and referrals for families in crisis

Families First Family Support Line: 303-695-7996
Statewide Toll-Free: 1-877-695-7996
Consejos Para Familias Spanish language line: 1-866-527-3264
www.familiesfirstcolorado.org
Support, information and community referral on parenting and child development issues; resources for parents and primary caregivers via confidential phone consultations.

National Runaway Switchboard 1-800-RUNAWAY
Hotline providing crisis counseling and resources

Supervised Visitation Resources

Advocates for Children (Douglas Co.) 303-695-1882
10855 E. Bethany Dr. #200, Aurora, CO 80014
www.adv4children.org

Family Tree / Karlis Center 303-462-1060
1777 Kipling St., Lakewood, CO 80215
www.thefamilytree.org
Supervised parenting-time; safe exchanges of children between custodians; domestic violence support groups for children & adults

Legacy Comprehensive Counseling & Consulting 303-841-4005
19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Therapeutic supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Supervised Visitation Network (CO)

www.synetwork.net/co/
Online directory of providers

SuperVision Parenting

P.O. Box 260036, Lakewood, CO 80226
www.supervisionparenting.com
Therapeutic parenting supervision

720-297-1727

PREGNANCY – Teens / Parenting

Alternatives Pregnancy Center

19029 E. Plaza Dr., #255, Parker, CO 80134
2 West Dry Creek Cir. #180, Littleton, CO 80120
www.youhavealternatives.org
Counseling and alternatives for pregnant women of
all ages; pre- and post-natal support; healthcare
referrals; free pregnancy testing

720-851-2040
303-295-2288

Beacon Center

333 W. Hampden Ave., Suite 305, Englewood, CO 80110
www.beaconcenter.org
Classes for teens who are pregnant or have a child;
Young Parent independent living program

303-761-6756

FriendsFirst

P.O. Box 270302, Littleton, CO 80127
www.friendsfirst.org
STARS Mentoring program (Students Teaching About Relationships & Success)
promotes healthy relationship skills and avoidance of high-risk activities (abstinence
promotion; pregnancy prevention; substance use prevention); "The Art of Loving Well" is
promoted for development of healthy friend & romantic relationships.

720-981-9193

Metro Community Provider Network

Locations throughout the metro area
www.mcpcn.com
Teen pregnancy wellness and prevention services

303-360-6276

Planned Parenthood

131 W. County Line Rd., Littleton, CO 80129
Well-woman exams; family planning information

303-321-7526

Tri-County Health Department

4400 Castleton Court, Castle Rock, CO 80109
www.tchd.org

303-663-7650

**WIC Supplemental Nutrition
Nurse/Family Partnership Program**

303-663-7650

Health Care Program for Children with Special Needs: 303-761-1340
www.tchd.org/hcp.htm
Vital Statistics: 303-220-9200
Pregnancy testing; nursing division; nutrition; environmental health

WINGS Teen Parenting Program (DCSD) 303-387-1146
2842 Front Street, Castle Rock, CO 80104
Douglas County School District program offering information on teen mother health & prenatal care

PSYCHIATRISTS

Arapahoe/Douglas Mental Health Network 303-730-8858
CHILD & FAMILY SERVICES
61 W. Davies Littleton, CO 80120
1189 S. Perry St., #150 Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Bishop, Stephen, MD 303-759-3173
720 S. Colorado Blvd, #964, Denver, CO 80246
Provider for various insurances. Medications, complex adolescent medicine, trauma, families. Also works at the Center for Behavioral Health at Porter Hospital

Clark, R. Barkley, MD 303-797-2839
7720 S. Broadway, #390, Littleton, CO 80122
ADHD, medications, Tourette's Syndrome, complex medical issues, consults with several school districts.

Cucich, Timothy, M.D. 303-318-9725
658 Grant St., Denver, CO 80203
Specializes in children, adolescents, and families.

Hoffman, Daniel, M.D. 303-741-4800
7800 E. Orchard Rd., #340, Greenwood Village, CO 80111
Specializes in ADHD adolescents and co-morbid disorders, depression, bipolar. Neurotherapy clinic.

Kern, David, MD 303-322-2262
3773 Cherry Creek North Dr., Denver, CO 80209
Specializes in child psychiatry. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, much more.

Krafchick, Dana, MD 303-799-4110
7310 E. Arapahoe Rd., #200, Centennial, CO 80112
Specializes in work with kids & adolescents. Works well with schools.

Lyons, David, MD 303-290-0967
6075 S. Quebec, Englewood, CO 80111 303-290-8842

Therapy, medications; inpatient experience. Children and adolescents, mood disorders and ADHD. Limited availability. Not on most insurance lists.

Sykes, William M., MD 303-504-6565
Wellshire Behavioral Services
4141 E. Dickenson Place, Denver, CO 80222
www.wbscolorado.org
Experienced Child & Adolescent Psychiatrist (more than 30 years); began his career as a

Yancey, Asa, MD 303-740-0400
7310 E. Arapahoe Rd., #200, Centennial, CO 80112
Children/adolescents with severe emotional disturbance or developmental disabilities.

RECREATION / SPORTS

Clubs

4-H Clubs 720-733-6940
410 Fairgrounds Rd., Castle Rock, CO 80104
www.douglascountyextension.org
Positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities that focus on learning by doing & life skills; leadership programming; mentoring; volunteer opps for youth & adults; camps; conferences

Adventure Princesses (YMCA Littleton) 303-797-9622
11 West Dry Creek Court, Littleton, CO 80120
www.yadventureguides.com/Princesses-Program.htm
Father/daughter (5-12 y/o) group building relationships through fun & exciting activities, crafts, community service, and other structured events

Boy Scouts of America, Local Troops:

Castle Rock, Troop 261
Ages 6-10: 303-257-6145
Ages 11-17: 303-249-0336
www.cubpack261.com
www.troop261.us
Highlands Ranch, Cub Pack 662 303-470-5751
www.pack662.org

Campfire USA 303-333-7142
5161 Sheridan Blvd., Denver, CO 80212
www.campfirerockies.org
Outdoor experiences, art & service-learning; summer camps

Explorers Clubs:

Castle Rock Police Department 303-663-6148
Parker Police Department 303-841-9800
An insider's look at police procedures for youth between the ages of 14 and 20; skills competitions

Girl Scouts Mile Hi Council (Douglas)

www.girlscoutsmilehi.org

Various troops linked to Douglas County public schools

303-647-2312

Martial Arts

Castle Rock Martial Arts

4760 Castleton Way, Castle Rock, CO 80109

Little Ninjas program for ages 3-6 to improve confidence, social skills, and motor skills. Tae Kwan Do, Tai Chi, Kung Fu, Hapkido for various ages and level of ability. Also offers radKIDS courses on personal safety.

303-688-5051

Karate for Kids

10453 S. Parker Rd., Parker, CO 80134

www.karate4kids.com

Karate instruction for ages 3 through adult; self-defense courses for teens and adults.

303-841-2145

Parker Academy of Martial Arts

18632 Pony Express Dr., #103, Parker, CO 80134

www.kicksrus.com

Diversified martial arts instruction emphasizing fitness, fun, and character

303-841-0515

Premier Martial Arts

2030 E. County Line Rd., #C, Littleton, CO 80126

Leadership values course; empowering lives through martial arts training

303-347-CHOP

U.S. Tae Kwon Do Center

729 Barranca Dr., Castle Rock, CO 80104

Teaching respect, confidence, self-discipline, courtesy, perseverance, self-esteem, and safety

303-814-9300

United Studios of Self Defense

2229 Wildcat Reserve Pkwy #A6, Highlands Ranch, CO 80129

www.ussd.com

Black belt-level instructors teach physical, mental and emotional components of martial arts

303-470-5665

Universal Kempo Karate

7075 N. Shoreham, Castle Rock, CO 80109

www.kempocolorado.com

Martial arts instruction focused on physical conditioning and

720-272-0884

character development; 3-adult

Young Champions Martial Arts

303-814-0152

Cherokee Trail Elementary in Parker
Fox Creek Elementary in Highlands Ranch
Coyote Creek Elementary in Highlands Ranch

www.youngchampionsmartialarts.org

Character development and protective factor support, taught through martial arts; college scholarship foundation

Outdoor Adventure

Audubon Nature Center at Chatfield State Park

303-973-1038

Waterton Road, Chatfield State Park

www.denveraudubon.com

Discover, learn and take action! The Audubon Nature Center offers year-round classes including Little Fledglings (3-6 y/o fun outdoor education to develop science and academic skills), the Bluebird Project, Walk the Wetlands, and much more.

Highlands Ranch Metro District

303-791-2710

3280 Redstone Park Circle, Highlands Ranch, CO 80129

www.highlandsranch.org

Hunter safety courses; guided bird walks; map & compass workshops; many other nature-oriented programs offered outdoors & in

Outward Bound West

720-497-2400

910 Jackson Street, Golden, CO 80401

www.outwardboundwest.org

Specialized courses by interest for anyone from age 14 and up; "Ascent" program for at-risk youth

Women's Wilderness Institute

303-938-9191

6723 Arapahoe Ave #1B, Boulder, CO 80303

www.womenswilderness.org

Adventure programs for women and girls

Recreation Centers

- City of Lone Tree Recreation Center** 303-708-3500
10249 RidgeGate Circle, Lone Tree, CO 80124
Aquatics, indoor running track, racquetball courts, full-size gym, cardio and weightlifting programs
- Highlands Ranch Community Association**
www.hrcaonline.org
Sports Coordinator: 303-471-8849
Seasonal team and individual sports including basketball, soccer, aquatics, SCUBA diving, self-defense, adaptive recreation, tae kwon do
- Littleton Family YMCA** 303-797-9622
11 West Dry Creek Court, Littleton, CO 80120
www.denverYMCA.org
Gym; year-round sports; youth center; nursery; fitness center
- Parker Fieldhouse** 303-805-6300
18700 E. Plaza Dr., Parker, CO 80134
www.parkeronline.org
Climbing wall; indoor sports turf; batting cages; fitness Center; track; indoor playground; rink; gym
- Safe Splash Swim School** 303-799-1885
12240 Lioness Way Parker, CO 80134
www.safesplash.com
Specializes in teaching swimming to children ranging in age from infants (6 months) and up. Tuition for standard monthly classes is billed monthly with no registration fee.
- South Suburban Parks & Rec** 303-483-7064
10249 Ridgeway Cir., Lone Tree, CO 80124
www.ssprd.org
Rec & Rock program for 10 – 14 years olds on the 1st & 3rd Saturday of each month (contests, hang-out rec activities, and more); fitness; swimming; batting cages; VolunTeen program; Teen Skate

Town of Castle Rock, Parks and Recreation Dept. 303-660-1036
2301 N. Woodlands Blvd., Castle Rock, CO 80104
www.crgov.com
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure; adaptive recreation opportunities

Town of Parker, Recreation Dept. 303-841-4500
17301 Lincoln Ave., Parker, CO 80134
www.parkeronline.org
Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure

YMCA's Children's and Teens' Programs
11 W. Dry Creek Court, Littleton, CO 80120 303-797-9622
9083 W. Peakview Dr. #2, Littleton, CO 80123 303-979-3707
www.denverymca.org
Individual and group programs; sports; leadership; field trips; summer camps; teen social nights

Skateboarding

Castle Rock SkatePark 303-660-1036
Metzler Ranch Community Park
4175 Trail Boss Road, Castle Rock, CO 80104
Three skateable zones, including a street area, a variable-depth bowl, and a beginner area; ramps, steps, rails, lighting

Highlands Ranch Metro District 303-791-2710
Redstone Skate Park; The Tanks Park
www.highlandsranch.org
Redstone has a beginners' bowl, street skating, and a snake run with 8' vert bowl; Tanks offers a fun box, wedge, and 2 quarter pipes. Classes and competitions.

Parker SkatePark 303-841-4500
Next to Challenger Regional Park
17301 Lincoln Ave., Parker, CO 80134

Sports

- Bicycle Douglas County*** 720-344-2550
The Bicycle Pedal'r
2229 W. Wildcat Reserve Pkwy #A-7, Highlands Ranch, CO 80129
www.bicycledouglascounty.org
Advocacy group providing education and awareness for safe cycling
- Black Kettle Ranch*** 303-274-0224
1046 Park St., Castle Rock, CO 80104
www.blackkettleranch.com
Riding lessons, clinics, boarding and breeding.
- Colorado Intensity Club Volleyball*** 720-272-2606
Parker, CO
www.coloradointensityvbc.com
Competitive volleyball for boys and girls 12 to 18
- Douglas County Dolphin Youth Sports*** 303-688-4011
1046 Park St., Castle Rock, CO 80104
www.dcdolphins.com
Offering skill development in basketball, baseball, cheerleading, football, softball, volleyball
- Douglas County School District, Athletics*** 303-387-0100
620 Wilcox, Castle Rock, CO 80104
Many middle school and high school individual and team sports, including track/field, basketball, football, cheerleading, lacrosse & more
- Encore Gymnastics Academy*** 303-791-8178
8160 Blakeland Dr., Unit D, Littleton, CO 80125
www.egacademy.com
Classes, open gym, birthday parties; 18 months and up, adult fitness
- Highlands Ranch Metro District*** 303-791-2710
3280 Redstone Park Circle, Highlands Ranch, CO 80129

www.highlandsranch.org

Organized sports such as baseball, girls' fastpitch softball, lacrosse, flag football; sports camps; outdoor education & activities for all ages.

Highlands Ranch Soccer Association

303-797-2570

6557 S. Acoma St., Littleton, CO 80120

www.hattrix.org

Coaching and instruction by highly experienced USSF licensed soccer Professionals; teams assigned by age, preschool through 6th grade.

House of Speed

720-273-9730

10199 Lodestone Way, Parker, CO 80134

www.houseofspeed.com

"Building character through sports." Intensively coached sports camps and clinics for ages 8 and older. Program works on character & sportsmanship at the same time as fitness and speed for excellence in life and sports.

JungleQuest

303-738-9844

8000 S. Lincoln St. #10, Littleton, CO 80122

www.junglequest.net

Outdoor sports; rock climbing; ropes course; summer and winter indoor day camps for youth ages 5-14; special events

Kids & Horses

720-300-0109

Instruction in riding, basic horse care, shoeing, etc.

Little League Baseball (District 5)

303-202-9795

701 Harlan St., Denver, CO 80214

www.littleleague.org/southwest

Games: South Suburban Arena, 6580 S. Vine

Littleton Youth Hockey Association

303-703-8085

P.O. Box 2864, Littleton, CO 80161

www.littletonhockey.org

Games: South Suburban Arena, 6580 S. Vine

Parker Youth Sports, Inc.

303-840-2255

P.O. Box 1044, Parker, CO 80134

www.parkeryouthsports.com

Competitive and recreational programs for basketball, baseball, football, softball, cheerleading, lacrosse, and volleyball

Peak Athletics Plus

303-797-8082

399 Dad Clark Dr., Highlands Ranch, CO 80126

www.peakathleticsplus.com

Instruction for boys/girls from ages 18 months through 18 years

in cheerleading (special needs program available), gymnastics, and dance

- Real Colorado Soccer** 303-694-6882
8200 S. Akron St., #122, Centennial, CO 80112
www.realcolorado.net
Soccer camps, instruction, and teams (both competitive and recreational) for children and adults. Serving all Douglas County communities.
- Right Step** 303-794-3052
7990 S. Santa Fe Dr., Littleton, CO
<http://coventryfarms.biz>
Summer horse camps; English riding lessons; demos; horse boarding; all ages & abilities
- Safe Splash Swim School** 303-799-1885
12240 Lioness Way Parker, CO 80134
www.safesplash.com
Specializes in teaching swimming to children ranging in age from infants (6 months) and up. Tuition for standard monthly classes is billed monthly with no registration fee.
- Spoiled Rotten Sporthorses** 720-951-2030
Hidden Ridge Farm, Franktown, CO
Dressage lessons for all ages; indoor facility
- Stepping Stone Riding Club** 303-359-6546
Parker, CO
www.flintwoodfarm.com
Beginners' riding club; year-round sessions for youth 5-12
- Ready Set Cheer** 303-657-5385
www.readysetcheer.com
Cheerleading, pom-pom, tumbling, & hip-hop for all ages
- Upward Sports (Southeast Christian Church)** 720-842-5520
9650 Jordan Rd., Parker, CO 80134
www.sechristian.org
Basketball, cheerleading, soccer, sport camps with a Christian spin
- Warriors Youth Sports** 720-344-0616
P.O. Box 631161, Highlands Ranch, CO 80163
www.warriorsyouthsports.com
Non-profit program offering team for youth in northern Douglas County

REFUGEE / IMMIGRATION SERVICES

Al-Muslims Service Center

303-366-4666

almubarak@aol.com

Refugee services, counseling, interpreting, translation, notary, mediation, assistance with legal issues but not legal representation, services with special sensitivity to Muslim issues.

Asian Pacific Development Center

303-393-0304

1825 York St., Denver, CO 80206

1544 Elmira St., Aurora, CO 80010

303-365-2959

<http://apd.org>

Provides a variety of human services to the Asian/Pacific population in Colorado. They can assist with immigration issues (visas, removal issues, etc)

Catholic Charities Immigration Services

303-742-4971

2525 West Alameda Ave., Denver, CO 80219

Immigration assistance offered to persons with valid legal claims to status in the United States. (Consultations, attorney representation, translations, citizenship preparation classes and help with visas and other documents).

Colorado Refugee Services Program

303-863-8211

789 Sherman St., #250, Denver, CO 80203

Fax: 303-863-0838

http://stateboard.cdhs.state.co.us/oss/Refugee/refugee_services_program.htm

Employment; case management; supportive Social Services; transitional cash assistance; medical assistance; education and training; community education; community development; services coordination & referral.

Cross Community Cultures

303-292-3203

2332 East 46th St., Denver, CO 80216

Hours: M-F 9am-4pm.

Services for all with a concentration on Hispanic and undocumented populations.

Family advocacy and case management; Computer, ESL, and GED classes;

employment referrals; after school tutoring program.

Denver Indian Center

303-936-2688

4407 Morrison Road, Denver, CO 80219

<http://www.denverindiancenter.org/>

Emergency referrals and food bank assistance, youth programs, Native Workforce Program and free computer classes. All services are designed for American Indians individuals and their families.

Ecumencial Refugee Services, Inc

303-860-0128

190 East 9th Ave., Suite 420, Denver, CO 80203

www.ersden.org

Case management and assistance with obtaining: financial benefits and social services from the U.S. government, arrangements for housing, food, employment, English classes, medical services for asylees or refugees. Must be a refugee, aslyee, or asylum seeker in this county legally due to fear of death or persecution.

El Centro Humanitario

303-292-4115

2260 California Street, Denver CO 80205

<http://www.centrohumanitario.org>

Laborer organization, organized to defend the human rights of day laborers specifically immigrants. Offer employment, women's, legal, educational, finance, community organizing and public advocacy programs for day laborers.

Gallegos, Teresa

720-569-5930

Advocacy & resources for people who've immigrated to the U.S.; translation.

Immigrant Integration Initiative

303-795-3968

Bemis Public Library, 6014 S. Datura, Littleton

Fax: 303-795-3984

www.connectingimmigrants.com

Information center providing resources on topics such as employment; health; recreation; housing; legal issues; transportation; emergency services

Jewish Family Services

303-597-5000

3201 S. Tamarac Dr., Denver, CO 80231

www.jewishfamilyservice.org

Senior services include: assisted living, meal delivery. Food pantry, resettlement department for immigrants, group home, vocational training and employment assistants.

Mexican Consulate

303-311-1110

5350 Leetsdale Dr., Suite 100, Denver, CO 80246

www.consulmex-denver.com

Passports, military cards, documentation services, notary public, free legal aid in immigration, civil and employment law, information and referrals about services and cultural events in the community.

Shaw, Jonathan, Esq.

720-229-8351

Legal advocacy for the latino community, particularly those who've immigrated to the U.S. Free consultations and flexible pricing structure..

St. Francis of Assisi Community Assistance

303-688-3025

St. Francis of Assisi Catholic Church

2746 Fifth Street, Castle Rock, CO 80104

www.stfranciscr.org

Interpretation services, resource coordination for latino individuals who are here with or without documentation.

SENIOR SERVICES

- Arapahoe/Douglas Mental Health Network*** 303-730-8858
5500 S. Sycamore St., Littleton, CO 80120
www.admhn.org
Senior Peer Specialists & support groups
- Association for Senior Citizens*** 303-455-9642
2839 W. 44th Ave., Denver, CO 80211
Utility assistance & other services for metro-area seniors (55+).
- Castle Country Assisted Living:***
- www.castlecountryassistedliving.org/default.asp
- Cantril House 303-688-5365
221 Cantril St., Castle Rock, CO
- Valley House 303-814-0065
255 S. Valley Dr., Castle Rock, CO
- Victorian House 303-805-0631
19600 Victorian Drive, Parker, CO
Compassionate care & supportive communities for seniors; assisted living
- Castle Rock Senior Center*** 303-688-9498
2323 North Woodlands Blvd., Castle Rock, CO 80104
www.castlerockseniorcenter.org/
Health & financial services; shuttle services
- Department of Human Services*** 303-688-4825
4400 Castleton Court, Castle Rock, CO 80109
Adult Protection Services
Senior Outreach Services - 303-660-7519
- Long-Term Care Ombudsman*** 303-722-0300
The Legal Center
455 Sherman St., #130, Denver, CO 80203
Advocacy services for residents of long-term care facilities

Meals on Wheels 303-297-0408
2323 Woodlands Blvd., Castle Rock, CO 80104
Home delivery of meals to vulnerable residents

Seniors, Inc. 303-300-6956
5840 E. Evans Ave., Denver, CO 80222
Utility assistance & other services for metro-area seniors (55+).

To The Rescue 720-851-2100
17011 Lincoln Ave. #562, Parker, CO 80134 720-641-0646
18320 E. Cottonwood Dr., Unit G (day facility)
<http://totherescue.net>
Wide variety of services to help older citizens remain independent @ home as long as possible. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

SPECIAL NEEDS

ADHD

Advocacy In Education 720-297-2999
6093 S. Quebec St., Suite 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students with learning challenges; experts in 504 plans and IEPs.

Arapahoe/Douglas Mental Health Network 303-730-8588
CHILD & FAMILY SERVICES
61 W. Davies Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Blue Horizon Therapy 303-886-9921
P.O. Box 631374, Highlands Ranch, CO 80163
Find them on FaceBook - - website pending
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Blue Pine Recovery Center 720-854-5959
P.O. Box 630066, Littleton, CO 80163
www.bluepineco.com
In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues (schizophrenia, schizoaffective disorder, bipolar anxiety, PTSD, personality disorders), autism, ADHD, developmental disabilities, traumatic brain injuries. Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.

- Clark, R. Barkley, MD** 303-797-2839
7720 S. Broadway, #390, Littleton, CO 80122
ADHD, medications, Tourette's Syndrome, complex medical issues, consults with several school districts.
- Collaborative Care Counseling** 303-241-0421
9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Compass Educational Services** 303-888-9675
P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts At school and home, transitioning to high school, addressing all education gaps.
- Counseling Groups for Pre K-6th Grade**
Lesley Hueman, Ed.S, Licensed School Psychologist 720-837-5573
Danielle Ross, MSW, School Social Worker 303-229-7092
www.counseling4children.com
Offer 8-week ADHD groups for students who struggle with organization and impulse control. They will learn strategies in order to help them focus/attend; \$40.00 per participant per session/private pay only, if paid in advance, one session free.
- Dennis, Kenny, M.A., N.C.C** 720-206-7768
822 E. Boulder St., Colorado Springs, CO 80903
www.kennydennis.com
Autism Spectrum Disorder; learning difficulties; cognitive skills development; in-home therapy; EMDR; attachment disorder, sliding fees.
- Developmental Disability Consultants, PC** 303-337-2210
1211 S. Parker Rd., Suite 200, Denver, CO 80231
<http://www.ddconsultants.org>; pspragg@ddconsultants.org
Mental health, home-based behavior support, counseling, parent training; training for children with developmental disabilities, autism, brain injury
- Kern, David, MD** 303-322-2262
3773 Cherry Creek North Dr., Denver, CO 80209
Specializes in child psychiatry. Mood disorders, anxiety, ADHD, personality disorders, trauma / abuse, insomnia, much more.
- Moore, April, MS, LPC** 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com , April@DrTrathen.com
Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, etc.
- Pikes Peak Counseling** 720-244-0899
Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com

12900 Stroh Ranch Way #220, Parker, CO 80134
*ADHD ; social skills groups ; bullying prevention ; former school counselor.
Does not accept insurance; sliding scale available.*

Prescription for Success 303-993-4648
Parker, CO
www.prescriptionforsuccess.net
*Home-schooling services; assessment; tutoring; learning jump-starts;
Specializing in ADHD/ADD, learning disabilities, and dyslexia*

Schaffer, Stacy 602-885-5485
5460 Ward Rd., Arvada, CO 80004
www.stacyschaffer.com
*Therapeutic services for children & adolescents with an emphasis on
grief and loss, along with many other issues; specialty in play therapy.
Does not accept insurance but will slide fees.*

Smith, Jenna K., MSW 303-810-0658
5347 S. Valentia Way #120, Greenwood Village, CO 80111
*Specializing in working with elementary-age children & their families;
divorce, grief & loss, anxiety, ADHD, parenting.*

Southeast Psychotherapy Associates, PLLC 303-694-1795
6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
*Marriage & family therapy; addictions; bipolar & other depressive
disorders; educational & intellectual assessment; ADHD*

Sykes, William M., MD 303-504-6565
Wellshire Behavioral Services
4141 E. Dickenson Place, Denver, CO 80222
www.wbscolorado.org
*Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years
and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy
dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently
located onsite, and his office is easily accessible from I-25 and Colorado Blvd.*

White, Molly, PhD 303-588-8997
19025 E. Plaza Ct., #290, Parker, CO 80138
*Psychological and behavioral testing & assessment; specializing in developmental disabilities,
ADHD & other learning challenges, behavior management, social skills groups.*

Woodman, Nicole, MA, LPC, NCC 303-895-8280
9220 Teddy Lane, Lone Tree, CO 80124
www.newyoucounseling.com
*Solution-focused individual, group, family & couples counseling with a treatment
specialization for children & adolescents; grief/loss; depression; anxiety; body image
issues; divorce/blended families; school performance; college/career counseling;
conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.*

Worthing Carol Ann, PhD 303-663-5846
240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Zimmerman, Jennifer MC 303-995-7354
Serendipity Counseling
15 Wilcox #207, Castle Rock, CO 80104
Specializes in individuals, couples, families; ADHD; depression; anxiety; grief/loss; behavior disorders; divorce; blended family/stepparent issues; parenting classes. Will slide fees

Advocacy / Support

Advocacy In Education 720-297-2999
6093 S. Quebec St., Suite 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students with learning challenges; experts in 504 plans & IEPs.

Arapahoe/Douglas Mental Health Network 303-730-8588
CHILD & FAMILY SERVICES
61 W. Davies Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org

Bouzari, Louise, Esq. 303-228-1616
Desiree Vandelac; Law Offices of Louise Bouzari, LLC. 303-771-1288
7887 E. Belleview, Suite 1100, Englewood, CO 80111
*Practice includes both special education and discipline matters.
The firm's parent advocate is the mother of a special needs child.*

Compass Educational Services 303-888-9675
P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
*Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts
At school and home, transitioning to high school, addressing all education gaps.*

Council of Parent Attorneys & Advocates 410-372-0208
P.O. Box 6767, Towson, MA 21285
www.copaa.net

Support for parents of children with disabilities; national advocacy organization

Easter Seals of Colorado

303-223-1666

5755 W. Alameda Ave., Lakewood, CO 80226

www.eastersealsco.org

Support services for clients with disabilities; job training; adult day programs; camping & recreation

EMPOWER Colorado

1-866-213-4631

2200 S. Jasmine St., Denver, CO 80222

www.empowercolorado.com

"Education Movement: Parents Offering Wisdom, Encouragement, and Resources"; advocacy group for parents of children diagnosed with mental illness

Family Advocacy, Care, Education, Support (FACES)

720-570-9333

3801 E. Florida Ave. #715, Denver, CO 80210

www.facesonline.org

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Family Voices of Colorado

1-800-881-8272

El Grupo Vida (Spanish language line):

303-904-6073

2200 S. Jasmine St., Denver, CO 80222

www.familyvoicesco.org

Family advocacy group for children with special health care needs

Federation of Families for Children's Mental Health

303-572-0302

2950 Tennyson St., Denver, CO 80212

www.coloradofederation.org

Advocacy and support for parents of children with a diagnosed mental illness; support in IEP process

Learning Disabilities Association of Colorado

303-539-9832

www.ldaco.org

Education regarding laws and policies affecting children with learning disabilities, particularly in the school setting; advocacy and advice for parents and educators.

Our Kids

<http://www.our-kids.org/>

Provides information and support for children and parents

Owens, Steve, JD

720-529-9800

The Law Office of Steven R. Owens, PC

6041 S. Syracuse Way, #103, Greenwood Village, CO 80111
www.mydenverlawyer.com
Protective planning for families of children/adults with special needs

Parents Encouraging Parents

303-866-6846

www.cde.state.co.us/cdesped/PEP.asp
Support group for parents of children with disabilities

PEAK Parent Center

719-531-9400
1-800-284-0251

Parent Advisors / Hotline
611 N. Weber, #200, Colorado Springs, CO 80903
www.peakparent.org/about.asp
Support services for parents of children with disabilities

Social Security Supplemental Security Income (SSI)

www.socialsecurity.gov/notices/supplemental-security-income/

Spina Bifida Association of Colorado

303-797-7870

www.coloradospinabifida.org
Support groups; news letters; information.

YouthNet (CO Dept. of Labor)

http://dola.colorado.gov/wdc_youth/introduction
Searchable database of statewide youth services, particularly designed for youth with special needs who are transitioning to adulthood

After-School / Enrichment

Blue Horizon Therapy

303-886-9921

P.O. Box 631374, Highlands Ranch, CO 80163
Find them on FaceBook - - website pending
Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Compass Educational Services

303-888-9675

P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
Strategies to help students flourish, including: tutoring, how to deal with learning

*Difficulties, organization & time management skills, management of behavior conflicts
At school and home, transitioning to high school, addressing all education gaps.*

Firefly Autism

303-759-1192

2685 S. Jersey St., Denver, CO 80222

www.fireflyautism.org

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Autism / Asperger's Syndrome

Autism Society of America (Pikes Peak Chapter)

719-630-7072

918 Crown Ridge Dr., Colorado Springs, CO 80904

www.asappr.org

Advocacy for individuals with autism and their families

Autism Society of Colorado

720-214-0794

550 S. Wadsworth Blvd., #100, Lakewood, CO 80226

www.autismcolorado.org

Advocacy for individuals with autism and their families

Baroffio, Jim, PhD.

303-706-9722

8000 E. Prentice Ave., #B-12, Englewood, CO 80111

Specializes in developmental disorders – Autism, Aspergers and behavioral disorders with children and families. Does assessments as well.

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Horizon Therapy

303-886-9921

P.O. Box 631374, Highlands Ranch, CO 80163

Find them on FaceBook - - website pending

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language

pathology services and educational tutoring. Hours include after-school and Saturdays.

Blue Pine Recovery Center

720-854-5959

P.O. Box 630066, Littleton, CO 80163

www.bluepineco.com

In-home psycho-social rehabilitation and support for adults/families dealing With mental health issues (schizophrenia, schizoaffective disorder, bipolar Anxiety, PTSD, personality disorders), autism, ADHD, developmental Disabilities, traumatic brain injuries. Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.

Children's Hospital

303-777-1234

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Diagnostic & treatment services for children with developmental delays, learning disabilities or behavioral problems. Comprehensive evaluations; specialized experience in working with children with Down Syndrome, Fragile X, autism, etc.

Connect Us

303-993-3839

6940 S. Holly Circle, Centennial, CO 80112

www.connectus-now.com

Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Dennis, Kenny, M.A., N.C.C

720-206-7768

822 E. Boulder St., Colorado Springs, CO 80903

www.kennydennis.com

Autism Spectrum Disorder; learning difficulties; cognitive skills development; EMDR; trauma, attachment disorder

Developmental Disability Consultants, PC

303-337-2210

1211 S. Parker Rd., Suite 200, Denver, CO 80231

www.ddconsultants.org; pspragg@ddconsultants.org

Mental health, home-based behavior support, counseling, parent training & skills; training for children with developmental disabilities, autism and brain injury

Douglas County School District

ChildFind:

303-387-0800

Early childhood assessment/referral for developmental delays in all areas

"Face Your Fears" Anxiety Group

JFK Partners

13121 E. 17th Ave., #C234, Aurora, CO 80045

Allisonj901@aol.com to register

14-week group for children between the ages of 8 and 14 who are on the autism Spectrum and are experiencing anxiety. \$80.00 per week; insurance accepted.

Firefly Autism

303-759-1192

2685 S. Jersey St., Denver, CO 80222

www.fireflyautism.org

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

Liguori, Nick, Psy.D.

303-229-4216

8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111

Specialty areas: Child and adolescent psychotherapy; consultation and assessment. Aspergers and c-level disorders. No insurance – will work with reimbursement. Sliding scale.

Life Support Behavioral Institute

888-516-5995

7853 E. Arapahoe Ct, Suite 1250, Centennial, CO 80112

www.LifeSupportInstitute.com

Specializes in individual, family, and couples therapy for developmental disabilities including autism. Most insurances accepted.

Spragg, Paul, Ed. D., NCSP

303-337-2210

Developmental Disability Consultants, P.C.

Fax: 303-381-0559

1211 S. Parker, Rd., Denver, CO 80231

Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, technology assistance, community-based help. Medicaid, some insurance carriers.

Woodman, Nicole, MA, LPC, NCC

303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124

www.newyoucounseling.com

Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.

Daycare – Specialized

Developmental Pathways

303-360-6600

325 Inverness Drive South, Englewood, CO 80112

www.developmentalpathways.org

Wide range of agency & individual respite providers

- Metro Denver Child Care Resource & Referral** 303-381-2990
www.frcce.org/MDCCR.asp
 More than 3,900 licensed child care providers; free referral service
- New Day Services** 303-841-1399
 19025 E. Plaza Dr., Parker, CO 80134
 Developmental disabilities for adults
- Take-A-Break** 303-665-9741
 408 W. Baseline Rd., Lafayette, CO 80026
 Childcare
- To The Rescue** 720-851-2100
 17011 Lincoln Ave. #562, Parker, CO 80134 720-641-0646
 18320 E. Cottonwood Dr., Unit G (day facility)
<http://totherescue.net>
 Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Developmental Disability Advocacy / Support

- Advocacy In Education** 720-297-2999
 6093 S. Quebec St., Suite 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
 Advocacy & educational services for students with learning challenges; experts in 504 plans & IEPs.
- ARC of Arapahoe and Douglas Counties** 303-220-9228
 8100 E. Arapahoe Rd., #208, Centennial, CO 80112
www.arcarapahoedouglas.org
 Advocacy and support services for individuals and families, adult education.
- Baroffio, Jim, PhD.** 303-706-9722
 8000 E. Prentice Ave., #B12, Englewood, CO 80111
 Specializes in developmental disorders – Autism, Aspergers and behavioral disorders with children and families. Does assessments as well. Directive style.
- Behavioral Growing Tree** 866-300-0822
www.behavioralgrowingtree.com
 In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.
- Blue Horizon Therapy** 303-886-9921
 P.O. Box 631374, Highlands Ranch, CO 80163
 Find them on FaceBook - - website pending

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Blue Pine Recovery Center

720-854-5959

P.O. Box 630066, Littleton, CO 80163

www.bluepineco.com

In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues autism, ADHD, developmental disabilities, traumatic brain injuries. Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.

Council of Parent Attorneys & Advocates

410-372-0208

P.O. Box 6767, Towson, MA 21285

www.copaa.net

Support for parents of children with disabilities; national advocacy organization

Dennis, Kenny, M.A., N.C.C

720-206-7768

822 E. Boulder St., Colorado Springs, CO 80903

www.kennydennis.com

Will slide fees.

Developmental Disability Consultants, PC

303-337-2210

1211 S. Parker Rd., Suite 200, Denver, CO 80231

www.ddconsultants.org; pspragg@ddconsultants.org

Mental health, home-based behavior support, counseling, parent training and skills; training for children with developmental disabilities.

Developmental Pathways, Inc.

303-360-6600

325 Inverness Drive South, Englewood, CO 80112

www.developmentalpathways.org

Independent living skills, job prep, supported living placement, family support

Douglas County School District

ChildFind:

303-387-0800

Early childhood assessment/referral for developmental delays in all areas

Early Childhood Connections for Arapahoe & Douglas

303-706-0075

8 Inverness Dr. South #255, Englewood, CO 80112

www.eccad.info

Coordinated early education and support for children with development delays/disabilities; family support

Family Advocacy, Care, Education, Support (FACES)

720-570-9333

3801 E. Florida Ave. #715, Denver, CO 80210

www.facesonline.org

Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability,

mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Lilac Gardens Residential Childcare Facility 720-323-1489
7322 S. Valdai Circle, Aurora, CO 80016
Residential treatment for youth ages 8-18 diagnosed with mild/moderate developmental disabilities and/or psychiatric disorders

Moore, April, MS, LPC 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, schizophrenia and psychosis; physical and/or sexual abuse; grief/loss; trauma, mental & physical disabilities

Special Needs Dadvocate
Scott Forlenza 303-877-0414
9217 Sugarstone Circle Highlands Ranch, CO 80130
S4lenza44@comcast.net
Program focuses on serving fathers with special needs children.

Spragg, Paul, Ed. D., NCSP 303-337-2210
Developmental Disability Consultants, P.C. Fax: 303-831-0559
1211 S. Parker Rd., Denver, CO 80231
Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid, works with some insurance carriers.

White, Molly, PhD 303-588-8997
19025 E. Plaza Ct., #290, Parker, CO 80138
Psychological and behavioral testing & assessment; developmental disabilities, ADHD & other learning challenges, behavior management, social skills groups.

Yancey, Asa, MD 303-740-0400
7310 E. Arapahoe Rd., #200, Centennial, CO 80112
Children and adolescents with severe emotional disturbance; developmental disabilities. Full payment at time of service. Fee for service.

Down Syndrome

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Horizon Therapy

303-886-9921

P.O. Box 631374, Highlands Ranch, CO 80163

Find them on FaceBook - - website pending

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Children's Hospital

303-777-1234

Child Development Unit @ Children's Hospital

13123 E. 16th Ave., Aurora, CO 80045

<http://www.childrenscolorado.org/conditions/behavior/index.aspx>

Diagnostic & treatment services for children with developmental delays, learning Disabilities or behavioral problems. Comprehensive evaluations; specialized Experience in working with children with Down Syndrome, Fragile X, autism, etc.

- Colorado Developmental Disabilities Research Center** 303-864-5266
4200 E. 9th Ave, Box C221, Denver, CO 80262
- Colorado Springs Down Syndrome Association** 719-633-1133
P.O. Box 2364, Colorado Springs, CO 80901
Parent support and resources
- Mile High Down Syndrome Association, Inc.** 303-797-1699
2121 S. Oneida St., #600, Denver, CO 80224
Education, resources, support, advocacy
- National Down Syndrome Society** 800-221-4602
www.ndss.org
Education, resources, advocacy regarding Down Syndrome
- PEAK Parent Center** 719-531-9400
Parent Advisors / Hotline 1-800-284-0251
611 N. Weber, #200, Colorado Springs, CO 80903
www.peakparent.org/about.asp
Support services for parents of children with disabilities

Education Resources

- Achieve Reading** 720-328-9229
Highlands Ranch, CO 80126
www.achievereadng.com
Highly skilled direct instruction with a credentialed teacher for youth & children with reading challenges; dyslexia intervention using the Slingerland Approach. Can meet with clients at schools or at the Achieve Reading business location; free assessment. Group, private or semi-private instruction.
- Advocacy In Education** 720-297-2999
6093 S. Quebec St., Suite 201, Centennial, CO 80111 866-515-7171
www.advocacy-in-education.com; info@aie.cc
Advocacy & educational services for students with learning challenges; experts in 504 plans & IEPs.
- Behavioral Growing Tree** 866-300-0822
www.behavioralrowingtree.com
In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children Identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.
- Blue Horizon Therapy** 303-886-9921
P.O. Box 631374, Highlands Ranch, CO 80163
Find them on FaceBook - - website pending

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Bouzari, Louise, Esq. 303-228-1616
Desiree Vandelac; Law Offices of Louise Bouzari, LLC. 303-771-1288
7887 E. Belleview, Suite 1100, Englewood, CO 80111
*Practice includes both special education and discipline matters.
The firm's parent advocate is the mother of a special needs child.*

College Living Experience 303-825-2533
1391 Speer Blvd #400, Denver, CO 80204
www.cleinc.net
College/vocational school transition assistance for youth identified as having special needs; tutoring; study skills; HS diploma assistance; independent living; social skills

Compass Educational Services 303-888-9675
P.O. Box 63894, Littleton, CO 80163
www.compasstutoring.com
*Strategies to help students flourish, including: tutoring, how to deal with learning Difficulties, organization & time management skills, management of behavior conflicts
At school and home, transitioning to high school, addressing all education gaps.*

Connect Us 303-993-3839
6940 S. Holly Circle, Centennial, CO 80112
www.connectus-now.com
Social skill-building with children who are neuro-typical and those with Asperger's Syndrome and Autism. School-readiness groups. After-school enrichment groups, playgroups, socialization groups.

Council of Parent Attorneys & Advocates 410-372-0208
P.O. Box 6767, Towson, MA 21285
www.copaa.net
Support for parents of children with disabilities; national advocacy organization

Douglas County School District 303-387-0100
620 Wilcox, Castle Rock, CO 80104
Individual education plans; special needs programming
ChildFind: 303-387-0800
Early childhood assessment/referral for developmental delays in all areas

Learning Disabilities Association of Colorado 303-539-9832
www.ldaco.org
Education regarding laws and policies affecting children with learning disabilities, particularly in the school setting; advocacy and advice for parents and educators.

Legal Center for People with Disabilities & Older People 303-722-0300

455 Sherman St., #130, Denver, CO 80203

TTY: 303-722-3619

www.thelegalcenter.org

Assistance with education access; investigation of abuse/neglect allegations; assistance with access to housing and employment

Prescription for Success

303-993-4648

Parker, CO

www.prescriptionforsuccess.net

Cognitive learning center in Parker, CO, that specializes in treating Dyslexia, ADHD, Slow Processing, Auditory and Visual Processing problems, Inadequate Memory, Sensory Processing Disorder, and much more. Our comprehensive testing will pinpoint "WHY" your child is having learning difficulties. A personalized learning plan is developed for the client. K-Adult students are welcome.

Social Pathways

303-834-7687

9568 University Blvd, Highlands Ranch, CO 80126 (Eastridge Rec)

20120 E. Mainstreet, Parker, CO 80138 (Parker Rec)

www.socialpathways.com

Toddlers to tweens. Testing for the following – social skills, social/emotional/behavioral; education level; cognitive abilities. Functional behavior assessment. In-school consultation and inservices. Social skills training & groups.

SWAP / School to Work Alliance Program

303-387-1104

2842 Front Street, Castle Rock, CO 80104

Job placement, training, education, and follow-up

services for youth ages 16-25 with mild to moderate barriers to employment

Employment Resources

Bayaud Enterprises

303-830-6885

333 W. Bayaud Ave., Denver, CO 80223

www.bayaudenterprises.com

Bayaud provides a comprehensive array of employment-related services for people with disabilities or other barriers to getting and retaining a job. Services include vocational evaluation, transitional work adjustment placements in the community, general office skills training, job coaching, job placement, and access to the Community Resource Navigator for supportive services.

Epilepsy Information/Support

Colorado Neurological Institute Epilepsy Support Group

720-974-4092

Swedish Medical Center, Pine C

303-762-6677

501 E. Hampden, Englewood, CO 80113

Support Group every 3rd Tues, of each month, 6:30-7:30pm; please RSVP

Epilepsy Foundation of Colorado

234 Columbine St., Suite 333, Denver, CO 80206
www.epilepsycolorado.org/

303-377-9774
888-378-9779

You Are Not Alone

www.cdc.gov/Epilepsy/toolkit/index.htm
Online tool kit for parents of teens with epilepsy

Equine Therapy

Boots and Saddles Therapeutic Riding Center

7193 S. Hwy 83, Franktown, CO 80116

303-688-1388

High Point Academy

7749 E. Palmer Divide Rd., Larkspur, CO 80118
www.pinecreekfoundation.org

303-663-9912

Horsepower, Inc.

5025 Garton Rd., Castle Rock, CO 80104

303-552-1393

Miss Helen's Place

11413 E. Hilltop Rd., Parker, CO 80134

303-840-1879

Partners Equine Therapy

Haven Farms, 36355 CR 13, Elizabeth, CO
<http://equinetherapycolorado.org>

303-478-8734

720-933-8294

Children, teens, adults and families; Horses Healing Grief, serving people with reactive attachment disorder, oppositional defiant disorder, depression, anxiety, Impulsivity, ADHD, post-traumatic stress disorder, behaviorial issues.

Praying Hands Ranch

303-841-4043

4825 E. Daley Circle, Parker, CO 80138
www.prayinghandsranches.org

Right Step

7990 S. Santa Fe Dr., Littleton, CO
<http://coventryfarms.biz>

303-794-3052

Saddle Up Foundation

11152 E. Daley Circle, Parker, CO 80134
www.saddleupfoundation.org

303-788-1666

Zuma's Rescue Ranch

7745 N. Moore Rd., Littleton, CO 80125
www.zumasrescueranch.com

303-346-7493

Experiential learning, behavioral consultation, mentoring program - - all with trained professionals and rescued horses.

Fragile X

Children's Hospital

Colorado Fragile X Consortium
Child Development Unit @ Children's Hospital
13123 E. 16th Ave., Aurora, CO 80045

www.ucdenver.edu/academics/colleges/medicalschoo/programs/fragilex/

Diagnostic & treatment services for children with developmental delays, learning Disabilities or behavioral problems. Comprehensive evaluations; specialized Experience in working with children with Fragile X.

303-861-6630

Colorado Fragile X

6136 Russell Court, Arvada, CO 80403
<http://coloradofragile-x.org>

Support and resources for the families of children born with Fragile X gene impairment; events, educational workshops and fundraising for research.

Hearing

DCSD Audiology Department

720-433-0022

Pikes Peak Center on Deafness:

695 W. Monument St., Colorado Springs, CO 80905

www.ppcod.org

Assistive technology; advocacy; interpreting services

719-591-2333
(voice or TTY)

Douglas County School District

ChildFind:

Early childhood assessment/referral for developmental delays in all areas

303-387-0800

In-Home Services / Resources

Behavioral Growing Tree

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges.

Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

866-300-0822

Blue Pine Recovery Center

P.O. Box 630066, Littleton, CO 80163

www.bluepineco.com

In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues, autism, ADHD, developmental disabilities, traumatic brain injuries.

Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.

720-854-5959

Family Advocacy, Care, Education, Support (FACES)

3801 E. Florida Ave. #715, Denver, CO 80210

www.facesonline.org

Services to prevent child abuse & family violence, for families with

720-570-9333

children from 0-12 dealing with developmental delays, physical disability, mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Firefly Autism

303-759-1192

2685 S. Jersey St., Denver, CO 80222

www.fireflyautism.org

Serving children ages 18 months to 18 years old; assessment; social skill development; individual and group intervention; in-home assessment and coaching; school consultations; speech and occupational therapy; day treatment; therapeutic recreation; parent support and training.

To The Rescue

720-851-2100

17011 Lincoln Ave. #562, Parker, CO 80134

720-641-0646

18320 E. Cottonwood Dr., Unit G (day facility)

<http://totherescue.net>

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Outpatient Services

Arapahoe/Douglas Mental Health Network

303-730-8588

CHILD & FAMILY SERVICES

61 W. Davies Littleton, CO 80120

1189 S. Perry St., #150, Castle Rock, CO 80104

19751 E. Mainstreet, #247, Parker, CO 80138

www.admhn.org

Full continuum of outpatient services for dually diagnosed adolescents and adults

Baroffio, Jim, PhD.

303-706-9722

8000 E. Prentice Ave., #B-12, Englewood, CO 80111

Specializes in developmental disorders – Autism, Aspergers and behavioral disorders with children and families. Does assessments as well.

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support

groups, school consultations. Insurance accepted.

Blue Horizon Therapy 303-886-9921

P.O. Box 631374, Highlands Ranch, CO 80163

Find them on FaceBook - - website pending

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

Blue Pine Recovery Center 720-854-5959

P.O. Box 630066, Littleton, CO 80163

www.bluepineco.com

In-home psycho-social rehabilitation and support for adults/families dealing With mental health issues (schizophrenia, schizoaffective disorder, bipolar Anxiety, PTSD, personality disorders), autism, ADHD, developmental Disabilities, traumatic brain injuries. Services include medication support, case management, illness education, wellness skills training, social skills training, recreation development, self-management/life skills training and vocation/education training.

Clark, R. Barkley, MD 303-797-2839

7720 S. Broadway, #390, Littleton, CO 80122

ADHD, medications, Tourette's Syndrome, complex medical issues, consults with several school districts.

Collaborative Care Counseling 303-241-0421

9362 Teddy Lane, Lone Tree, CO 80124

Accept most insurances and will slide fees.

Dennis, Kenny, M.A., N.C.C 720-206-7768

822 E. Boulder St., Colorado Springs, CO 80903

www.kennydennis.com

Adolescents with S.I.E.D.'s; extremely defiant behaviors; Autism Spectrum; learning difficulties; cognitive skills development; EMDR; will slide fees; in-home therapy, trauma, attachment disorder.

Developmental Disability Consultants, PC 303-337-2210

1211 S. Parker Rd., Suite 200, Denver, CO 80231

<http://www.ddconsultants.org>; pspragg@ddconsultants.org

Mental health, home-based behavior support, counseling, parent training; training for children with developmental disabilities, autism, brain injury

Developmental Pathways, Inc. 303-360-6600

325 Inverness Drive South, Englewood, CO 80112

www.developmentalpathways.org

Job readiness, independent living skills, supported living placement, family support; community-centered board for Douglas County.

Disability Center for Independent Living 303-320-1345

1646 Elmira St., Aurora, CO 80010

TTY:

303-322-2330

www.dcilwebsite.org

Independent living center for people with disabilities; advocacy; assistance with system processes; mentoring; social groups.

Foundations Family Counseling

303-393-0085

138 W. 5th Ave., Denver, CO 80204

www.foundationsfamilycounseling.com

Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.

JCL Counseling

303-330-6853

Jared Heaslet, MA, NCC

9220 Teddy Lane, #1200, Lone Tree, CO 80124

www.jclcounseling.net

Specializes in working with parents of children with chronic illnesses or other special needs; couples (premarital or marital); men's issues. Will slide fees.

Legacy Comprehensive Counseling & Consulting

303-841-4005

19751 E. Mainstreet #215., Parker, CO 80138

www.legacyparker.com

Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.

Liguori, Nick, Psy.D.

303-229-4216

8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111

Specialty areas: Child and adolescent psychotherapy; consultation and assessment. Aspergers and c-level disorders. No insurance – will work with reimbursement. Sliding scale.

Moore, April, MS, LPC

303-593-0575

18801 E. Mainstreet, Suite 180, Parker, CO 80134

www.drtrathen.com , April@DrTrathen.com

Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, etc.

Pikes Peak Counseling

720-244-0899

Maddox, Amy, MAEd Coun., LPC, CSPT

www.pikespeakcounseling.com

12900 Stroh Ranch Way #220, Parker, CO 80134

ADHD; social skills groups; high end of autism spectrum disorders; does not accept insurance ; sliding scale available.

Spragg, Paul, Ed. D.

303-830-7345

Developmental Disability Consultants, P.C.

Fax: 303-831-0559

1211 S. Parker Rd., Denver, CO 80231

Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, technology assistance, community-based help. Medicaid, some insurance carriers.

White, Molly, PhD

303-588-8997

19025 E. Plaza Ct., #290, Parker, CO 80138

Psychological and behavioral testing & assessment; specializing in developmental disabilities, ADHD & other learning challenges, behavior management, social skills groups.

Yancey, Asa, MD

303-740-0400

7310 E. Arapahoe Rd., #200, Centennial, CO 80112

Children and adolescents with severe emotional disturbance; developmental disabilities. Full payment at time of service. Fee for service.

Performing Arts / Recreation

ABLE: A Better Life Experience

303-485-0023

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229

303-920-9279

Integrated activity services for young adults with developmental disabilities.

Ability Specialists

303-690-5203

4786 S. Zeno St., Aurora, CO 80015

Social skill building & fitness for special needs clients

ARC of Arapahoe and Douglas Counties

303-220-9228

8100 E. Arapahoe Rd., #208, Centennial, CO 80112

www.arcarapahoedouglas.org

Social skills/boundaries/dating groups, adult education.

Highlands Ranch Community Association

303-471-7020

Information:

303-471-7043

www.hrcaonline.org

Various locations in Highlands Ranch; therapeutic rec programs

Piano Pathways

303-948-3335

10677 W. Centennial Rd., Littleton, CO 80127

www.pianopathways.org

Music & performing arts education for underserved youth of all ages; specializes in services to youth who live at a low socioeconomic status, are in foster care, and/or have special needs.

Special Olympics Colorado

303-592-1361

410 17th Street #200, Denver, CO 80202

www.specialolympics.org

Sports competition and training for individuals with intellectual disabilities; winter and summer sports

Star Club

303-347-5999

Lone Tree Recreation Center

10249 Ridgeway Circle, Lone Tree, CO

www.sspr.org

Six-week program providing social opportunities, skill building & cultural exposure for people with special needs (ages 15 and up).

Town of Castle Rock, Parks and Recreation Dept.

303-660-1036

2301 N. Woodlands Blvd., Castle Rock, CO 80104

www.crgov.com

Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure; adaptive recreation opportunities

Town of Parker, Recreation Dept.

303-841-4500

17301 Lincoln Ave., Parker, CO 80134

www.parkeronline.org

Child, Youth and Adult team and individual athletics; arts & crafts; fitness & wellness; dance; outdoor adventure

Physical Disability

ABLE: A Better Life Experience

303-485-0023

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229

303-920-9279

Individual residential services & supports; non-integrated activities services; integrated activities services; integrated employment services; supported living services & supports; services for adults.

Cerebral Palsy of Colorado

303-691-9339

81 Yosemite, Denver, CO 80230

www.cpcoco.org

Information & referral for people diagnosed with CP; advocacy; public education; employment services, early childhood.

Kids Mobility Network

303-242-8281

4251 S. Natches Court, Suite C, Sheridan, CO 80110

www.kidsmobility.org

Warehouse of mobility-oriented equipment for children with physical

disabilities. Contributions are suggested for refurbished & donated equipment; scholarships are available. Equipment includes walkers, wheelchairs, standers, adaptive bikes, much more.

Spina Bifida Association of Colorado 303-797-7870

www.coloradospinabifida.org

Children's Play Grp (*Target Age 0-7 – Everyone Welcome!*) 303-694-9383

Youth Group (*Ages 7-12*) 03-771-5844

Teen Group (*Ages 13-21*) 303-750-4999

Adult Program (*Ages 18-21+*) 303-750-4999

Support groups; news letters; information

Sokol, Robert, Ph.D. 303-319-0470

4770 E. Iliff St., Suite 111, Denver, CO 80222

Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult.

To The Rescue 720-851-2100

17011 Lincoln Ave. #562, Parker, CO 80134

18320 E. Cottonwood Dr., Unit G (day facility)

<http://totherescue.net>

720-641-0646

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

Residential Programs / Residential Support

ABLE: A Better Life Experience 303-485-0023

550 E. Thornton Pkwy, Suite 118, Thornton, CO 80229

Typically serving an adult population after high school;

Support for individuals with developmental disabilities

Living on their own; residential program.

303-920-9279

Lilac Gardens Residential Childcare Facility 720-323-1489

7322 S. Valdai Circle, Aurora, CO 80016

Residential treatment for youth ages 8-18 diagnosed

with mild/moderate developmental disabilities and/or psychiatric disorders

Respite

To The Rescue

17011 Lincoln Ave. #562, Parker, CO 80134
18320 E. Cottonwood Dr., Unit G (day facility)

<http://totherescue.net>

Wide variety of services to help folks with physical health issues, disabilities and mental health issues stay in their own homes. Services tailored to the needs of the individual and may include respite, house cleaning, meals, assessments, in-home medical care, yard care, etc.

720-851-2100
720-641-0646

Sight / Blindness

Beyond Sight, Inc.

5650 S. Windermere St., Littleton, CO 80120

www.beyondsight.com

Adaptive technology for people with sight impairments

303-795-6455

Colorado Center for the Blind

2233 W. Shepperd Ave., Littleton, CO 80120

www.cocenter.org

303-778-1130

Douglas County School District

ChildFind:

Early childhood assessment/referral for developmental delays in all areas

303-387-0800

Speech

Anderson, M. Lynn

Denver

303-759-1273

Blue Horizon Therapy

P.O. Box 631374, Highlands Ranch, CO 80163

Find them on FaceBook - - website pending

Comprehensive services for youth with an identified disability such as autism, ADHD, bipolar disorder, Down Syndrome, developmental delays; services include physical therapy, occupational therapy, speech/language pathology services and educational tutoring. Hours include after-school and Saturdays.

303-886-9921

Chase, Kathleen

Centennial

720-339-8164

- Colorado Speech-Language-Hearing Association** 720-733-9097
 P. O. Box 345, Sedalia, CO 80135
<http://www.cshassoc.org/>
Referrals to local and metro area speech therapy practitioners
- Dodge, Darrell** 303-773-9550
 Centennial
- Douglas County School District**
ChildFind: 303-387-0800
Early childhood assessment/referral for developmental delays in all areas

SUBSTANCE ABUSE PREVENTION / TREATMENT

12 Step Programs

- Al-Anon and AlaTeen** 303-321-8788
 2460 W. 26th Ave., #138-C, Denver, CO 80211
- AlaTeen Local Meeting** 303-221-1743
 LIFEspot Youth Center
 7562 S. University Blvd. #K1, Centennial, CO 80122
Every Tuesday at 7 p.m.; support group for youth whose lives have been touched by alcoholism/addiction
- Alcoholics Anonymous (AA)** 303-322-4440

1800 Boulder St., #100, Denver, CO 80211
www.daccaa.org

Cocaine Anonymous (CA)

1-800-347-8998

Crystal Meth Anonymous (CMA)

www.crystalmeth.org
Website with meeting locator

Narcotics Anonymous (NA)

www.nacolorado.org
P.O. Box 1437, Denver, CO 80201
Castle Rock Meeting: Fridays @ 7:30 p.m., 3737 New Hope Way

Narcotics Anonymous Local Youth Meeting

Sky Ridge Medical Center, Admin Classroom
10101 RidgeGate Parkway, Lone Tree, CO 80124
Every Tuesday at 7:30 p.m.

Assessment

CeDAR (Center for Dependency, Addiction & Recovery)

720-848-3000

www.uch.edu/conditions/addictions/cedar-about-us.aspx
1693 N. Quentin St., Aurora, CO 80045
*Residential; aftercare; comprehensive diagnostics & assessment;
family program*

Colorado Addictions Consulting, LLC

303-501-6921

Beth Baldwin, CAC III
www.coloradoaddictionsconsulting.com
*Specializes in working with adolescents; services include substance abuse
evaluation, recommendations for ongoing treatment, in-home substance
abuse counseling. Case consultation offered at no cost; may slide fees.*

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>
Individual counseling, group education for youth & adults; classes last a minimum of six weeks; weekly UAs and regular reports to the referral source.

Worthing Carol Ann, PhD

240 Wilcox St., Castle Rock, CO 80104 303-663-5846
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment and treatment; generalizing in most psychological issues.

Awareness / Prevention

Alive @ 25

55 Wadsworth Blvd, Lakewood, CO 80226 866-605-3900
www.aliveat25.us
Four-hour programs available through DC Sheriff's Office, focused on teen driving & alcohol; media presentations, study sessions, driving simulator

BACCHUS / GAMMA

P.O. Box 100430, Denver, CO 80250 303-871-0901
www.bacchusgamma.org
School assemblies and other events with an aim of preventing college age substance use

Caitlyn Craig Foundation 720-269-4046
P.O. Box 270010, Littleton, CO 80127
School assemblies and other events with an aim of preventing teen auto crashes and DUIs

Douglas County School District
Social Norms Marketing Project: 303-387-0087
Substance Use Prevention Resources
<https://dcsdk12.org/studentwellness/studentwellnesstopic/index.htm>
Evidence-based prevention strategy that publicizes healthy norms; other resources

FriendsFirst 720-981-9193
P.O. Box 270302, Littleton, CO 80127
www.friendsfirst.org
STARS Mentoring program (Students Teaching About Relationships & Success) promotes healthy relationship skills and avoidance of high-risk activities (abstinence promotion; pregnancy prevention; substance use prevention); “The Art of Loving Well” is promoted for development of healthy friend & romantic relationships.

“A Parent’s Guide to Substance Abuse Prevention”
www.circleofconcernconsortium.org
Free online, downloadable resource for parents.

Children of Alcoholics / Substance Abusers

Betty Ford Center (CO) 800-434-7365
3204 S. Milwaukee St., Denver, CO 80210 720-284-2260
www.bettyfordcenter.org
Four-day program for children ages 7– 12 whose lives have been impacted by alcoholism/addiction.

Family Advocacy, Care, Education, Support (FACES) 720-570-9333
3801 E. Florida Ave. #715, Denver, CO 80210
www.facesonline.org
Services to prevent child abuse & family violence, for families with children from 0-12 dealing with developmental delays, physical disability,

mental illness or substance abuse issues. Home visitation program, therapeutic counseling, parent education, advocacy & support.

Tennyson Center (CO Christian Home)

2950 Tennyson St., Denver, CO 80212

www.tennysoncenter.org

Treatment for children ages 5-14; focus on abused and neglected children along with parent training

303-433-2541

Classes / Psycho-Educational Resources

A Better Choice Counseling

405 S. Wilcox, Suite 210, Castle Rock, CO 80104

Treatment for addictions, domestic violence; theft prevention group

303-523-6600

Betty Ford Center (CO)

3204 S. Milwaukee St., Denver, CO 80210

www.bettyfordcenter.org

Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.

800-434-7365

720-284-2260

- Council, The** 303-825-8113
 655 Broadway #200, Denver, CO 80203
www.milehighcouncil.org
Adult substance abuse treatment & DUI classes; intensive outpatient & recovery support. Youth services include 12 week "Relapse Prevention: A Brief Strategic Approach" groups for youth 16-24; prevention for early, middle school & high school ages.
- Douglas County School District**
Student Wellness Office: 303-387-0095
Asset-Based Intervention classes that address substance use
- Haven Corporation**
 Denver: 494 Sheridan Blvd., Denver, CO 303-862-5905
 Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO 719-448-0865
<http://havencorporation.com>
Individual counseling, group education for youth & adults; classes last a minimum of six weeks; weekly UAs and regular reports to the referral source.
- Institute for Substance Abuse Education (ISAE)** 303-433-1900
www.isaeonline.com
Court-ordered alcohol education, tobacco, theft, and violence programs, held in Castle Rock and other sites around Colorado
- People House** 303-480-5130
 3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.
- Prevention Information Center** 303-239-8633
 7525 W. 10th Ave., Lakewood, CO 80214
<http://preventioncolorado.org>
Resource & information library on substance abuse
- Professional Counseling Services, Inc.** 303-691-0225
 4155 E. Jewell Ave., Denver, CO 80222
Six-week course for youth with Minor In Possession – Alcohol charges; specializing in addictions and adolescents; individual and family counseling.
- Youth Education and Safety in our Schools (YESS)** 303-814-7033
 4000 Justice Way, Castle Rock, CO 80109
www.dcsheriff.net/Youth_Education_and_Safety_in_Schools.html
Middle school education curriculum; elementary school presentations by officers; Text-A-Tip; community mobilization.

Detox

Arapahoe House (14 locations)

Arapahoe/Douglas Detoxification Center

303-412-3701

New Vision at The Medical Center of Aurora

700 Potomac St., Aurora, CO 80011

www.auroramed.com

Medical stabilization for acute alcohol, opiate and/or benzodiazepine withdrawal in a safe hospital setting; 3-5 day stay; referrals; substances admitted include alcohol, heroin, prescription pills, benzodiazepines,

303-363-2121

cocaine (secondary), methamphetamines (secondary). Accepts most insurances as well as Medicaid and Medicare.

DUI Classes

Council, The

303-825-8113

1444 Wazee St. #125, Denver, CO 80202

www.milehighcouncil.com

Adult substance abuse treatment & DUI classes; intensive outpatient & recovery support. Youth services include early, middle school & high school prevention.

Hotlines

Alcohol and Drug Helpline

1-800-821-4357

Colorado Quitline (tobacco cessation)

1-800-784-8669
1-800-QUIT-NOW

Intervention Specialists

Define Your Peace / Fire Mountain Enterprises

303-242-5479

5745 Olde Stage Rd., Boulder, CO 80302

www.drugandalcoholinterventionspecialists.com

www.firemountainprograms.com

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

Marijuana Dependence Treatment

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO

303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO

719-448-0865

<http://havencorporation.com>

Individual counseling, group education for youth & adults; classes last a minimum of six weeks; weekly UAs and regular reports to the referral source.

Professional Counseling Services, Inc.

303-691-0225

4155 E. Jewell Ave., Denver, CO 80222

*Six-week course for youth with Minor In Possession – Alcohol charges;
specializing in addictions and adolescents; individual and family counseling.*

Synergy

303-781-7875

3738 W. Princeton Circle, Denver, CO 80236

1611 Federal Blvd. #201, Denver CO (outpatient)

www.artstreatment.com

*Day treatment for adolescents; residential treatment for adolescent males;
community based services; specializing in drug & alcohol treatment, including Motivational
Enhancement Therapy, Cognitive Behavioral Therapy and Multi-Systemic Therapy
approaches.*

Worthing Carol Ann, PhD

303-663-5846

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

*Psychological assessments for all ages; specializing in substance abuse assessment
and treatment; generalizing in most psychological issues.*

Outpatient Counseling

Arapahoe / Douglas Mental Health Center

303-730-8858

Aquarius Drug / Alcohol Treatment

303-797-9440

Douglas Co. Counseling Center

303-688-6276

1189 S. Perry St., #150, Castle Rock, CO 80104

Partial Hospitalization Program

303-797-9346 (intake)

Intensive outpatient program

303-347-6436

for chronic mental health issues

(program coord.)

- Attoma-Matthews, Colleen, LCSW** 303-594-9085
1750 Humboldt St., #202, Denver, CO 80218
Takes some insurance.
- Avila, Alexander A., M.A.** 720-316-7771
Grace Counseling
7921 Southpark Plaza, #204, Littleton, CO 80120
www.alexanderavila.com
Counseling to increase the health and intimacy of romantic relationships; couples, marriage counseling. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.
- Beacon Center** 303-761-6756
333 W. Hampden Ave., Suite 305, Englewood, CO 80110
www.beaconcenter.org
Community treatment and residential program for at-risk youth; drug and alcohol counseling; independent living program
- Believing in Kids & Families, LLC** 303-794-7008
5808 S. Rapp St., #100, Littleton, CO 80120
www.bikaf.com
Play therapy; anger management; substance abuse treatment
- Betty Ford Center (CO)** 800-434-7365
3204 S. Milwaukee St., Denver, CO 80210 720-284-2260
www.bettyfordcenter.org
Four-day program for children ages 7 – 12 whose lives have been impacted by alcoholism/addiction.
- Body Language Counseling & Wellness Center, LLC** 303-741-2918
5275 DTC Pkwy, Greenwood Village, CO 80111
www.bodylanguagecenter.com
Specializing in eating, weight and body image concerns as well as substance use.
- Brody, Brian, LCSW, PhD.** 303-979-0319
6901 S. Pierce, #100M, Littleton, CO 80128
www.denvertherapycenter.com
Works with children and adolescents dealing with addictions, anxiety, depression, suicide, behavior problems.
- Butler, Lynann** 303-691-0225
4155 E. Jewell Ave, Suite 308, Denver, CO 80222
Works with adolescents; specializes in addictions
- CeDAR (Center for Dependency, Addiction & Recovery)** 720-848-3000
www.uch.edu/conditions/addictions/cedar-about-us.aspx
1693 N. Quentin St., Aurora, CO 80045
Residential; aftercare; comprehensive diagnostics & assessment; family program
- Centennial Peaks Hospital** 303-673-9990

2255 S. 88th St., Louisville, CO 80027
www.centennialpeaks.com
Intensive outpatient for chemical dependency

Center for Behavioral Health 303-629-5293
1337 Delaware St., Denver, CO 80204
Treatment for all addictions, with a focus on opiates

Collaborative Care Counseling 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Individual, group, family & couples counseling; at-risk adolescents, female-specific issues, substance use, divorce, PTSD, stress/anxiety, learning disabilities, depression, mood disorders, compulsive behaviors, suicidal ideation; accept most insurances and will slide fees.

Colorado Addictions Consulting, LLC 303-501-6921
Beth Baldwin, CAC III
www.coloradoaddictionsconsulting.com
Specializes in working with adolescents; services include substance abuse evaluation, recommendations for ongoing treatment, in-home substance abuse counseling. Case consultation offered at no cost; may slide fees.

Colorado Therapy Services 303-319-6176
Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
Sliding scale available; group therapy, teens, children, adults, couples, families. Many other specialties including anger / stress management, social skills, parenting.

Cornerstone 303-690-0082
www.thecornerstoneprogram.com
11234 E. Caley Ave., Unit B, Centennial, CO 80111
Intensive outpatient for adolescents utilizing the "Enthusiastic Sobriety" model

Demander, Sam, Psy.D. 303-841-6561
19731 E. Pikes Peak Court, Parker, CO 80138 Fax: 303-696-1292
Family psychologist, teenagers, behavior, acting out. drug and substance abuse. Takes insurance and will consider sliding scale.

Diffie, David, PhD 303-757-4399
1777 S. Harrison St., # 407, Denver, CO 80210
Specializes in addiction and compulsive behaviors, personal injury, forensic.

Dynamic Directions Counseling, Inc.
409 S. Wilcox St., Suite H, Castle Rock 303-688-1116
8191 Southpark Lane, Suite 103, Littleton, CO 303-797-1440
www.dynamicdirectionscounseling.com
Adult / adolescent substance abuse counseling; Minor in Possession intervention; relapse prevention

Emmons, John, LPC 303-660-2319

751 Maleta Ln. #201, Castle Rock, CO 80104

Specialty areas: Teens, families, couples, incest survivors; domestic violence, chemical dependency, school drop-out, suicide prevention.

Families at Five

720-898-9399

Bonnie Mucklow, CACIII; 7241 S. Fulton St., Centennial, CO 80112

www.familiesatfive.com

Comprehensive four-week outpatient program for youth substance users and their families; group & individual; aftercare. Free intake appointment; insurance & private pay accepted.

Finger, Jennifer, MSW, LSA

303-765-1677

6300 E. Hampden Ave., Suite 2104, Denver, CO 80222

Individual and family therapy to adolescents/families. Self-injury behaviors, drug use, depression, acting out, anxiety and school issues. Sliding scale.

First Step Counseling

303-840-2636

10292 S. Progress Way, Parker, CO 80134

Focus on issue of drinking and driving

Flemons, Joanna, LCSW

303-675-7155

9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126

Specializes in relationship issues; divorce; parenting; depression & anxiety; grief/loss; addictions; eating disorders. Accepts insurance, cash & checks.

Haven Corporation

Denver: 494 Sheridan Blvd., Denver, CO

303-862-5905

Colo. Springs: 125 N. Parkside Dr., Colorado Springs, CO

719-448-0865

<http://havencorporation.com>

Individual counseling, group education for youth & adults; classes last a minimum of six weeks; weekly UAs and regular reports to the referral source. Haven also offers in-home family coaching & therapy with the aim of keeping families intact.

Integrative Therapy Solutions

720-285-6438

Serving Aurora, Denver & south metro area

720-285-6437

<http://integrativetherapysolutions.org>

Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.

Iolite Counseling

303-956-8949

900 Castleton Rd. #135, Castle Rock, CO 80109

www.iolitecounseling.com

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

- Juvenile Diversion, Justice Center** 303-814-7140
 4000 Justice Way #2440, Castle Rock, CO 80104
*Individual and family therapy at low or no cost; most counselors have their CAC.
 Therapeutic diversion option for District Court.*
- LDS Family Services (Addiction Recovery Program)** 303-646-5366
www.ldsfamilyservices.org; E-Mail: lds@mail2help.com
Recovery meetings; referrals/resources; Latter Day Saints
- Lincoln, Sarah, MSW, LCSW** 303-691-6140
 4900 E. Kentucky Ave., #100, Denver, CO 80246 Fax: 303-757-3008
Children and adolescents. Substance abuse, cutting, depression. Specialty in 0-5 year ages. Will take insurance.
- Lost and Found** 303-420-8080
 6700 West 44th Ave., Wheat Ridge, CO 80033
Outpatient and residential faith-based treatment; family counseling
- McLain, Joanne, PhD** 720-244-6329
 P.O. Box 1234, Elizabeth, CO 80107
*Addictions counseling; general issue counseling;
 Reflexology; Reiki; trauma healing; stress reduction*
- Minner, Dan, PhD.** 303-721-8386
 6402 S. Quebec Street, Englewood, CO 80111
Adolescent boys & girls ; depression, substance abuse, families, school achievement, ADHD. Accepts some insurance and will slide fees.
- National Institute for Change** 303-231-0090
 Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.
- People House** 303-480-5130
 3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
*Affordable Counseling Program offers services on a sliding scale starting @ \$15.00;
 All ages, all issues. People House also offers workshops & classes & activities.*
- Pikes Peak Counseling** 720-244-0899
 Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
 12900 Stroh Ranch Way #220, Parker, CO 80134
ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play

and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Professional Counseling Services, Inc. 303-691-0225

4155 E. Jewell Ave., Denver, CO 80222

Six-week course for youth with Minor In Possession – Alcohol charges; specializing in addictions and adolescents; individual and family counseling.

Running Creek Counseling Service 303-688-8231

7601 Burning Tree Drive, Franktown, CO 80116

Mental health / substance abuse treatment for adults; court-ordered treatment

Savio House 303-225-4100

325 King St., Denver, CO 80219

www.saviohouse.org

Day treatment for teens; residential treatment for adolescent males; in-home multi-systemic therapy; psycho-educational groups re drug / alcohol abuse

Servicios de la Raza 303-458-5851

4055 Tejon Street, Denver, CO 80211

www.serviciosdelaraza.org

Services to Latino community include drug and alcohol treatment, u/a and b/a monitoring, and alcohol education

Southeast Psychotherapy Associates, PLLC 303-694-1795

6081 S. Quebec St., #103, Englewood, CO 80111

www.sepsychotherapy.com

Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD

STEP Program for Girls 303-359-0400

2620 S. Parker Rd. #275, Aurora, CO 80014

www.stepcolorado.net

Intensive outpatient, gender-specific treatment; insurance accepted.

Stevens, Michelle, MA, JD 303-916-8440

Introspection Counseling

2305 E. Arapahoe Rd., Centennial, CO 80122

www.introspectioncounseling.com

Specializing in codependency and issues facing adult children of alcoholics, Depression, grief / loss, anxiety / stress, infidelity, life transitions. Initial consultation is free; accepts some insurance & will slide fees.

Suyeishi, Mark, Psy. D. 303-290-0860

6075 S. Quebec, #203, Englewood, CO 80111

Fax: 303-796-0324

Family, minority (Asian), grief, drugs, victim's assistance, Children, adolescents. Will take insurance and will slide fees.

Synergy

303-781-7875

3738 W. Princeton Circle, Denver, CO 80236
1611 Federal Blvd. #201, Denver CO (outpatient)

www.artstreatment.com

*Day treatment for adolescents; residential treatment for adolescent males;
community based services; specializing in drug & alcohol treatment*

Valley Hope Association

303-841-7857

22422 East Mainstreet, Parker, CO 80134
Drug/alcohol rehabilitation services for adults

Worthing Carol Ann, PhD

303-663-5846

240 Wilcox St., Castle Rock, CO 80104

www.individualandfamilypsychotherapy.com

*Psychological assessments for all ages; specializing in substance abuse assessment
and treatment; generalizing in most psychological issues.*

Recovery Coaching

Strategies for Life & Business

303-815-8404

Parker, CO

www.strategiesforlifeandbusiness.com

Life coaching for addictions recovery

Residential Facilities

Arapahoe House (14 locations)

Adolescent Outpatient Treatment, Aurora

303-657-3700

Adult DUI and Other Services, Aurora Arapahoe/Douglas Detoxification Center	303-657-3700 303-412-3701
Beacon Center 333 W. Hampden Ave., Suite 305, Englewood, CO 80110 www.beaconcenter.org <i>Community treatment and residential program for at-risk youth; drug and alcohol counseling; independent living program</i>	303-761-6756
CeDAR (Center for Dependency, Addiction & Recovery) www.uch.edu/conditions/addictions/cedar-about-us.aspx 1693 N. Quentin St., Aurora, CO 80045 <i>Residential; aftercare; comprehensive assessment; family program</i>	720-848-3000
Centennial Peaks Hospital 2255 S. 88 th St., Louisville, CO 80027 www.centennialpeaks.com <i>Acute inpatient treatment for adolescents with addictions and/or psychiatric diagnoses; intensive outpatient for chemical dependency; residential/aftercare</i>	303-673-9990
Excelsior Youth Centers 15001 E. Oxford Ave., Aurora, CO 80014 www.excelsioryc.org <i>Female-specific services; inpatient; day treatment; on-campus school</i>	303-693-1550
Gateway Treatment Center 1250 S. Parker Rd., Suite 103, Denver, CO 80231	303-696-8407
Lost and Found 6700 West 44 th Ave., Wheat Ridge, CO 80033 <i>Outpatient and residential faith-based treatment; family counseling</i>	303-420-8080
New Vision at The Medical Center of Aurora 700 Potomac St., Aurora, CO 80011 www.auroramed.com <i>Medical stabilization for acute alcohol, opiate and/or benzodiazepine withdrawal in a safe hospital setting; 3-5 day stay; referrals; substances admitted include alcohol, heroin, prescription pills, benzodiazepines, cocaine (secondary), methamphetamines (secondary). Accepts most insurances as well as Medicaid and Medicare.</i>	303-363-2121
Savio House 325 King St., Denver, CO 80219 www.saviohouse.org <i>Day treatment for adolescents; residential treatment for adolescent males; in-home multi-systemic therapy; psycho-ed groups re drug / alcohol abuse</i>	303-225-4100
Southern Peaks Regional Treatment Center 700 Fourmile Parkway, Canon City, CO 81212 www.abraxasyfs.com <i>Residential treatment program for males and females, ages 10-21; delinquent or</i>	719-276-7567

dependent youth with a history of behavioral / mental health disorders and drug / alcohol issues. Gender-specific programming; also offers the Medicine Bear Native American track, tailored to the needs of native youth. Sex Offense Specific program for males, and the Haven Program for Sexually Exploited Children for either gender. Variable lengths of stay.

Synergy

303-781-7875

3738 W. Princeton Circle, Denver, CO 80236
1611 Federal Blvd. #201, Denver CO (outpatient)

www.artstreatment.com

Day treatment for adolescents; residential treatment for adolescent males; community based services; specializing in drug & alcohol treatment

Valley View Youth Recovery Center

970-384-3440

1906 Blake Ave., Glenwood Springs, CO 81601

www.vvh.org

Inpatient addictions treatment for adolescents

Support Resources for Families / Community

Alcohol and Drug Abuse/Division of Behavioral Health

303-866-7480

3824 W. Princeton Cr., Denver, CO 80236

The Council

Formerly “Denver Mile Hi Council of Alcoholism & Drug Abuse”

303-825-8113

Daily Strength

<http://www.dailystrength.org>

Anonymous and free online support groups

Define Your Peace / Fire Mountain Enterprises

5745 Olde Stage Rd., Boulder, CO 80302

www.drugandalcoholinterventionspecialists.com

www.firemountainprograms.com

Teen drug & alcohol prevention, interruption & intervention services. Teen empowerment camps, coaching, life mastery course, ultimate family training.

303-242-5479

National Clearinghouse for Alcohol and Drug Abuse

1-800-729-6686

Our Kids

<http://www.our-kids.org/>

Provides information and support for children and parents

“A Parent’s Guide to Substance Abuse Prevention”

www.circleofconcernconsortium.org

Free online, downloadable resource for parents.

Prevention Information Center

7525 W. 10th Ave., Lakewood, CO 80215

303-239-6976

Tri-County Health Department

4400 Castleton Court, Castle Rock, CO 80109

www.tchd.org

Tobacco cessation and prevention programming

303-663-7650

Testing / Drug Screening Resources

At Your Site Drug Screening

303-995-2672

6140 S. Gun Club Rd., # 202, Aurora, CO 80016

www.atyoursitedrugscreening.com

Various methods of testing for drug use, including hair follicle and urine analysis. Home drug-testing kits. Paternity & DNA testing. Mobile service comes to workplaces, schools, homes, anyplace that should be "drug-free."

Drug Screening Solutions

720-271-1103

9227 E. Lincoln Ave. #200-120, Lone Tree, CO 80124

www.drugscreeningsolutions.com

Various methods of testing for drug use, including hair follicle and urine analysis. Home drug-testing kits. Paternity & DNA testing. Mobile service comes to workplaces, schools, homes, anyplace that should be "drug-free."

OnSite Medical Testing Parker

720-851-8733

10222 S. Progress Lane, Parker, CO 80134

<http://onsitemedicaltestingparker.vpweb.com>

Various methods of testing for drug use, including nail/hair follicle and urine analysis. Home drug-testing kits. Antabuse monitoring. DNA testing. Mobile service comes to workplaces, schools, homes, anyplace that should be "drug-free." No appointment necessary.

SUICIDE PREVENTION / INTERVENTION / SUPPORT

- American Association of Suicidology** 202-237-2280
 5221 Wisconsin Ave NW, Washington, DC 20015
www.suicidology.org
Conferences; literary & research resources; services to survivors
- Arapahoe/Douglas Mental Health Network** 303-730-8588
 61 W. Davies Littleton, CO 80120
 1189 S. Perry St., #150, Castle Rock, CO 80104
 19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Brody, Brian, LCSW, PhD.** 303-979-0319
 6901 S. Pierce St., #100M, Littleton, CO 80128
www.denvertherapycenter.com
Stress, loss, depression
- Children's Grief Education Association & Lighthouse** 303-722-2319
 2379 S. High St., Denver, CO 80210 Toll-Free: 877-722-2319
www.childgrief.org
Lighthouse refuge for grieving children, teens and adults; online education courses on children & grief; grief/loss curriculum available for schools (all ages); online resources; counseling by masters level interns with sliding scale available.
- Collaborative Care Counseling** 303-241-0421
 Dr. John Barton; Sarah James
 9362 Teddy Lane, Lone Tree, CO 80124
Accept most insurances and will slide fees.
- Douglas County Project Safety Net** 303-387-0122
 620 Wilcox Ave., Castle Rock, CO 80104
http://dcsuicideprevention.org/Douglas_County_Suicide_Prevention_Alliance/Home.html
Coordinating entity for suicide prevention efforts across Douglas County; oversight for Suicide Prevention Alliance, coordination of trainings.
- Douglas County Suicide Prevention Alliance** 303-387-0122
 620 Wilcox Ave., Castle Rock, CO 80104
http://dcsuicideprevention.org/Douglas_County_Suicide_Prevention_Alliance/Home.html
Community coalition working toward suicide prevention in Douglas County.
- Emmons, John, LPC** 303-660-2319
 751 Maleta Ln. #201, Castle Rock, CO 80104
- Finger, Jennifer, MSW, LSA** 303-765-1677
 6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Sliding scale available.
- Heartbeat (South Metro Chapter)** 303-770-1859
 8174 S. Holly St. #206, Centennial, CO 80122

www.spinheartbeat.com

Support group for family and friends after a suicide.

Highlands Behavioral Health System

720-348-2800

8565 S. Poplar Way, Littleton, CO 80130

www.highlandsbhs.com

Inpatient mental health treatment for children & adolescents (ages 9-18) and adults (18+). Full-day outpatient mental health therapy for adults (Mon-Fri 9am-3pm). Clinicians available 24/7 for free mental health level of care assessments by appointment or walk-in basis.

Iolite Counseling

303-956-8949

900 Castleton Rd. #135, Castle Rock, CO 80109

www.iolitecounseling.com

Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

Jason Foundation, Inc

1-800-SUICIDE

181 E. Main St., #5, Hendersonville, TN 37075

1-800-784-2433

www.jasonfoundation.com

Resources and research on teen suicide.

Lincoln, Sarah, MSW,LCSW

303-691-6140

4900 E. Kentucky Ave., #100, Denver, CO 80246

Will take insurance.

Littleton Adventist Hospital

303-738-2629

Kim Muramoto, RN

7700 S. Broadway, Littleton, CO 80122

ASIST suicide prevention training; Yellow Ribbon

Moffitt, Melissa, MA, LPC

303-805-4004

19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138

FACT (Families Adjusting To Change and Transition)

Divorce classes, parenting. Takes most insurance.

Office of Suicide Prevention

303-692-2560

4300 Cherry Creek Dr. S., Denver, CO 80246

<http://www.cdphe.state.co.us/pp/Suicide/index.html>

Statistical analysis; community linkages; public awareness.

Porter, William W., Ph.D

303-918-1829

7200 E. Hampden Ave., #201, Denver, CO 80224

Fax: 303-758-6140

Sliding scale; some insurance.

Reed, Kayla, MA, LPC

303-229-9281

6535 S. Dayton St, Suite 1600, Englewood, CO 80111

Takes some insurance and will slide fees.

- Rothkamp, Angie, MA, LPC** 303-756-4924
Knippenberg, Patterson & Associates
7531 S. Kendall Blvd, Littleton, CO
www.craigknippenberg.com
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent issues including self-esteem, self-injury and parent intervention. May slide fees.
- Second Wind Foundation of Douglas County** 303-988-2645
www.swfmd.org x 0
Assessment, referral and funding program for youth who are suicidal; referrals via school counselors. Participating therapists include:
- Caster, Jeff, PhD** 303-870-7881
2305 E. Arapahoe Rd, S & G Plaza #216, Centennial, CO 80122
- Champeau, Kristel** 303-797-9432
19751 E. Mainstreet, #247, Parker, CO 80138 x502
- Baker, Sherry** 303-347-6445
61 W. Davies, Littleton, CO 80120
- Collaborative Care Counseling** 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
- Hamilton, Cynthia** 303-902-1539
61 W. Davies, Littleton, CO 80120
1189 S. Perry St., #150, Castle Rock, CO 80104
- Levitas-Eisner, Jane** 303-826-7296
8000 Prentice Ave, #B-12, Englewood, CO 80111
- Pipich, Michael** 720-255-9113
8400 E. Prentice Ave., Penthouse, Greenwood Village, CO 80111
www.michaelpipich.com 303-409-7780
- Stockman, Gary** 303-669-7268
19563 E. Mainstreet, #205, Parker, CO 80138
www.garystockman.com

Starfish Program 303-549-7454

2100 W. Meadows Parkway, Castle Rock, CO 80109

leslie.clemensen@dcsdk12.org

School District-coordinated support groups for elementary students and teens who have suffered the death of a loved one.

Suicide Prevention Alliance of Douglas County

303-387-0122

www.dcsuicideprevention.org

Meetings @ Sky Ridge Medical Center

1st Wednesday of each month at 1:00 p.m.

Suicide Prevention LifeLine

1-800-273-8255

www.suicidepreventionlifeline.org

THERAPISTS / COUNSELORS

(By geographic area; please also look under specific subject area)

Castle Rock

- Arapahoe/Douglas Mental Health Network*** 303-730-8588
1189 S. Perry St., #150, Castle Rock, CO 80104
www.admhn.org
- Broadbeck, Dee - Child & Family Center*** 303-688-6482
308 Wilcox Street, Castle Rock, CO 80104
Experienced custody evaluator. No insurance or sliding fee.
- Castle Rock Counseling*** 303-482-0904
Abby Blacklock, MA, NCC
399 Perry St. #305B, Castle Rock, CO 80104
www.castlerockcounseling.com
Specializes in individual and couples counseling. Grief/loss; anxiety/stress; depression; trauma/abuse; parenting skills.
- Cohen, Carol, LPC*** 303-759-5126
823 S. Perry St., #100, Castle Rock, CO 80107
2121 S. Oneida, Suite 412, Denver, CO 80224
Specializes in adolescent stress, depression, family therapy, trauma and sexual abuse. Takes insurance.
- Elliot, Jennifer L., M.Ed, LPC, RPT-S, ACS*** 303-949-1087
599 Topeka Way #300, Castle Rock, CO 80104
Play therapy; child and adolescent psychotherapy
- Emmons, John, LPC*** 303-660-2319
751 Maleta Ln. #201, Castle Rock, CO 80104
Specialty areas: Teens, families, couples, incest survivors; domestic violence, chemical dependency, school drop-out, suicide prevention.
- Hanze, Doug, PhD.*** 303-688-8658
405 S. Wilcox, #108, Castle Rock, CO 80104
Individual, family, children, adolescents. Diagnose and treat depression, anxiety, ADHD and behavior disorders. Accepts some insurances.
- Iolite Counseling*** 303-956-8949
900 Castleton Rd. #135, Castle Rock, CO 80109
www.iolitecounseling.com
Serving children through adults. Specializing in substance abuse counseling, grief/loss, divorce, trauma/abuse, suicide prevention, mood disorders, anxiety, domestic violence, bullying, phobias, school-related concerns, social skill development. Free initial consultation; sliding scale available.

- Leder, Lois, MSW** 303-756-5269
Center for Recovery (substance abuse) 303-694-7492
 3 Oakwood Professional Ctr., Castle Rock, CO 80104
www.coloradotherapists.com
Specializes in adolescents, substance abuse, families.
No insurance or sliding scale.
- Myers-Barklage, Joy** 303-643-8914
 858 Happy Canyon Rd., #220, Castle Rock, CO 80104
 7860 E. Berry Place, Englewood, CO 80111
Specializes in working with families, couples, & adolescents.
EMDR Certified. Accepts some insurance.
- Schmidtlein, Paula R., Psy.D** 303-638-6092
 751 Maleta Lane, Suite 202, Castle Rock, CO 80108
drpaulaschmidtlein.com
Specializes in psychotherapy, counseling, and assessment for adolescents,
adults, couples and families. Payment plans available.
- Springs of Joy, Inc.** 720-346-3267
M. Dawn Rike, MA
 107 Fifth St., Castle Rock, CO 80104
springsofjog@live.com
Youth, young adults, families. Specializes in helping people realize potential.
- Suttle, Tamara G., M.Ed, LPC** 303-660-4989
 6222 Lancaster Ave., Castle Rock, CO 80104
www.tamarasuttle.com
Individual, couple, and group therapy; trauma; abuse; grief/loss; GLBTQ.
- Worthing Carol Ann, PhD** 303-663-5846
 240 Wilcox St., Castle Rock, CO 80104
www.individualandfamilypsychotherapy.com
Psychological assessments for all ages; specializing in substance abuse assessment
and treatment; generalizing in most psychological issues.
- Zimmerman, Jennifer MC** 303-995-7354
Serendipity Counseling
 15 Wilcox #207, Castle Rock, CO 80104
Specializes in individuals, couples, families; ADHD; depression; anxiety; grief/loss; behavior
disorders; divorce; blended family/stepparent issues; parenting classes. Will slide fees

Centennial

- Brodie, Judith, MA, LPC, LLC** 303-503-5282
3939 E. Arapahoe Rd. #215, Centennial, CO 80122
www.judithbrodie.com
*Kind, compassionate support for children, adults and families dealing with grief
And loss, end-of-life transitions, serious illness or relationship difficulties.*
- Caster, Jeff, PhD** 303-870-7881
2305 E. Arapahoe Rd, S & G Plaza #216, Centennial, CO 80122
Licensed Clinical Psychologist. Specializes in adolescents, children and families.
- Colorado Therapy Services** 303-319-6176
Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
*Sliding scale available; group therapy, teens, children, adults, couples, families.
Many specialties including anger management, stress management, social skill
development, substance abuse intervention, family & parenting issues.*
- Germain, Jason, Ph.D., NCSP** 303-947-0707
2305 E. Arapahoe, SG Plaza #216, Centennial, CO 80122
- Gray, Kelley, LPC** 720-489-8555
Grace Counseling Services
7921 South Park Plaza, #204, Littleton, CO 80120
*Eating disorders, singles issues, anxiety and depression in adolescents
and young adults. Does not accept insurance; sliding scale may be available.*
- Kendall-Grove, Kwai, PhD.** 303-662-9670
2305 E. Arapahoe Road, Suite 149, Centennial, CO 80122
*Specializes in adolescents, eating disorders, depression, anxiety,
ADHD evaluations. Ages 5 and up. She will slide fees.*
- Krafchick, Dana** 303-799-4110
7310 E. Arapahoe Rd., #200, Centennial, CO 80112
Psychiatrist – therapy and medication. Specializes in families and adolescents.
- Landon, STACY, M.A.** 303-855-3933
6075 S. Quebec Street, #202, Centennial, CO 80111
Specializes in working with women with eating disorders
- Life Support Behavioral Institute** 303-516-5995
7853 E. Arapahoe Ct. #1250, Centennial, CO 80112
*Intensive outpatient; in-home family preservation program. Specializing in
behavioral management, work with youth with developmental disabilities,
psychotherapy, home studies.*
- Matson, Rebecca, LPC** 720-489-8555
Grace Counseling Services
7921 South Park Plaza, #204, Littleton, CO 80120
Works with victims of sexual or mental abuse; testing for learning

disabilities; family/parenting skills. No insurance, sliding scale may be available.

Olkowski, Thomas, Ph.D.

303-759-8539

7500 E. Arapahoe Rd., Suite 325, Centennial, CO 80112

Family, couples, individuals, children: preschool through college ages.

Specializes in anxiety, phobias, self esteem, transition issues, behavior therapy.

Author of "Moving with Children." Almost all insurance, no sliding scale.

Reeves, Suann Ph.D

303-525-9692

Bridge Centers

20971 East Smoky Hill Road, Suite 105A Centennial, CO 80015

Licensed psychologist specializing in child, adolescent, and adult therapy.

Concentration areas include developmental and or learning disabilities, emotional and related behavioral issues, and transitional challenges such as divorce or death of a loved one.

Seiffer, Sally, MSW

303-928-0700

2305 E. Arapahoe Rd., #242, Centennial, CO 80121

Specializes in working with adolescents, behavior disorders;

set fee \$75.00 per 50 minute session; no insurance

Stevens, Michelle, MA, JD

303-916-8440

Introspection Counseling

2305 E. Arapahoe Rd., Centennial, CO 80122

www.introspectioncounseling.com

Specializing in codependency and issues facing adult children of alcoholics,

Depression, grief / loss, anxiety / stress, infidelity, life transitions. Initial

consultation is free; accepts some insurance & will slide fees.

Wilson, Jackie, LCSW

303-347-9600

7310 E. Arapahoe Rd., #200, Centennial, CO 80112

Girls, adolescents, mother-daughter, divorce

Denver

- Attoma-Matthews, Colleen, LCSW** 303-594-9085
1750 Humboldt St., #202, Denver, CO 80218
Specializes in adolescents and families. Substance abuse, self-harm, legal issues, trauma and sexual abuse. Takes some insurance.
- Butler-Sanchez, Annie** 303-691-0225
4155 E. Jewell Ave, Suite 308, Denver, CO 80222
Works with adolescents ; specializes in addictions and GLBT issues
- Cohen, Carol, LPC** 303-759-5126
823 S. Perry St., #100, Castle Rock, CO 80107
2121 S. Oneida, Suite 412, Denver, CO 80224
Specializes in adolescent stress, depression, family therapy, trauma and sexual abuse. Takes insurance.
- Colorado Therapy Services** 303-319-6176
Various locations throughout Denver & south metro area
www.coloradotherapyservices.com
Sliding scale available; group therapy, teens, children, adults, couples, families. Many specialties including anger management, stress management, social skill development, substance abuse intervention, family & parenting issues.
- Denver Family Institute**
- Central Office** 303-756-3340
7200 East Hampden Ave, Suite 301, Denver, CO 80224
- North Office** 303-756-3340
4891 Independence, Suite 165, Wheat Ridge, CO 80033
www.denverfamilyinstitute.org
Family, couples and individual therapy counseling is available for a wide variety of issues. Therapy services fees are calculated using a reasonable sliding-fee scale based on the client's annual household income. The fee range for a 50 minute therapy session is \$15-\$50. Some clients will also spread out appointments to further reduce their costs.
- Diffie, David, PhD** 303-757-4399
1777 S. Harrison St., # 407, Denver, CO 80210
Specializes in addiction and compulsive behaviors, personal injury, forensic.
- Duncan, Dwight, Psy. D.P.C.** 303-355-7134
90 Madison St., Suite 405, Denver, CO 80206
Medical Psychologist. Ages 12 and up. Medical illness; loss and grief; relationships; depression and anxiety. Sliding scale.
- Epstein, Larry, Ph.D.** 303-433-8869
1115 Grant Street, #106, Denver, CO 80203
Children and adolescents. Works with explosive, non-compliant, oppositional, easily frustrated children and adolescents. Will help submit for insurance and can slide fees.

- Finger, Jennifer, MSW, LSA** 303-765-1677
 6300 E. Hampden Ave., Suite 2104, Denver, CO 80222
Provides both individual and family therapy to adolescents and their families. Focuses on issues such as self injury behaviors, drug use, depression, acting out, anxiety and school issues. Sliding scale available.
- Foundations Family Counseling** 303-393-0085
 138 W. 5th Ave., Denver, CO 80204
www.foundationsfamilycounseling.com
Individual therapy with children, adolescents & adults; family & couples therapy; life coaching; wilderness therapy; psychological assessment; play therapy; EMDR (trauma). Addressing all areas of psychology and mental health, including depression, dealing with divorce, dealing with disabilities or chronic pain, female/girls issues, much more.
- Guzman, Maria Elena, PhD** 303-756-6870
 3801 E. Florida Avenue, Suite 701, Denver, CO 80210
Specializes in trauma, depression, anxiety. Private testing ; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.
- Holtby, Michael, MSW** 303-722-1021
 309 Cherokee St., Denver, CO 80223
holtby@denverpsychotherapy.com
Sex & sexuality issues, dysfunction, abuse, coming out. No insurance, sliding scale available.
- Integrative Therapy Solutions** 720-285-6438
 Serving Aurora, Denver & south metro area 720-285-6437
<http://integrativetherapysolutions.org>
Children, teens, adults, couples, families; ITS addresses many areas including marriage issues, divorce, addictions, parenting, behavioral issues, trauma, depression, anxiety, grief & loss, women's issues, anger management, criminal & juvenile justice concerns, career & life coaching, and social skill development. Will slide fees; no insurance.
- Karlberg, Ann, LCSW** 303-691-5677 ext. 2
Therapeutic Alliance Professionals 303-906-0630 cell
 2755 S. Locust St., #113, Denver, CO 80222
Specializing in Adolescents and Families. Works with trauma issues.
- Knippenberg, Patterson & Associates** 303-756-4924
 2833 S. Colorado Blvd, Suite 2445, Denver, CO 80222
Individual, family and group counseling services as well as parenting classes. Specialty in child & adolescent neurobehavioral disorders. May slide fees.
- Lincoln, Sarah, MSW, LCSW** 303-691-6140
 4900 E. Kentucky Ave., #100, Denver, CO 80246
Children and adolescents. Substance abuse, cutting, depression. Specialty in 0-5 year ages. Will take insurance.

- People House** 303-480-5130
 3035 W. 25th Ave., Denver, CO 80211
<http://peoplehouse.org>
Affordable Counseling Program offers services on a sliding scale starting @ \$15.00; All ages, all issues. People House also offers workshops & classes & activities.
- Pinhas, Joan S., PhD.** 303-759-5543
 1720 S. Bellaire, #805, Denver, CO 80222
Adolescents/families. Eating disorders, mood disorders. Insurance & sliding fees.
- Poole, Claire C., P.C.** 303-782-0252
 Denver, CO
- Porter, William W., Ph.D** 303-918-1829
 7200 E. Hampden Ave., #201, Denver, CO 80224
Licensed Clinical Psychologist / Educational Consultant. Specializes in adolescent depression and suicide. Author of "Bully Proofing Your Schools". Sliding scale; some insurance.
- Schaubman, Averi, LCSW** 303-906-2472
 165 Cook Street, Suite 100, Denver, CO 80206
Specialties: adolescent and families; collaborative problem solving, explosive children, EMDR trained. Sliding scale and insurance accepted.
- Sokol, Robert, Ph.D.** 303-319-0470
 4770 E. Iliff St., Suite 111, Denver, CO 80222
Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult. Psychotherapy practice - individuals and couples ages 13 – Adult. Clinical Director: Colo. Neuropsychological Associates.
- Spragg, Paul, Ed. D., NCSP** 303-337-2210
Developmental Disability Consultants, P.C. Fax: 303-831-0559
 1211 S. Parker Rd., Denver, CO 80231
Treatment, assessment, consultation, and training for severe developmentally disabled, Autistic, Downs Syndrome, self-injurious behavior, compulsions; technology assistance, community-based help. Accepts Medicaid, works with some insurance carriers.
- Starkey-Duncan, Renee, PhD.** 303-355-7134
 90 Madison St., Suite 405, Denver, CO 80206
Eating disorders, adolescent girls, ages 12 and up, women's issues. No insurance, will slide fees.
- Sykes, William M., MD** 303-504-6565
Wellshire Behavioral Services
 4141 E. Dickenson Place, Denver, CO 80222
www.wbscolorado.org
Dr. Sykes has been practicing Child & Adolescent Psychiatry for more than 30 years

and began his career as a pediatrician. He can work with any diagnosis and **uses a therapy dog** in his practice. Dr. Sykes accepts many insurance plans. A pharmacy is conveniently located onsite, and his office is easily accessible from I-25 and Colorado Blvd.

Therapeutic Alliance Professionals, L.L.C.

303-691-5677

Ann Karlberg, LCSW; Chaney Givens, Psy.D;

Bart Dean, LCSW; Jay Fellers, LCSW

2755 S Locust Street, Suite 219, Denver, CO 80222

www.therapeutic-alliance.com

Specializing in Adolescents and Families. Works with trauma issues as well as all other issues. Sliding scale fees and some insurance.

Thoreson, Kirk, PsyD

303-550-0030

1776 S. Jackson St., #207, Denver, CO 80203

www.drkirkthoreson.com

Psychological and educational testing & assessment; specializing in learning disabilities, ADHD, depression, childhood anxiety, groups for children whose families have divorced. Accepts some insurance or sliding fee scale; free 20 minute phone consult.

Thurn, Janice, PhD

303-782-0545

4770 E. Illiff Ave., #218, Denver, CO 80222

Individuals, couples, families, anxiety, depression, stress, relaxation, pain recovery services.

Elizabeth

McLain, Joanne, PhD

720-244-6329

P.O. Box 1234, Elizabeth, CO 80107

Addictions counseling; general issue counseling;

Reflexology; Reiki; trauma healing; stress reduction

Englewood

- Adams, Gail, PhD** 303-694-0267
8000 E. Prentice Ave., Suite B4, Englewood, CO 80111
*General practice, families, acting out adolescent girls.
Not primary substance abuse or hospital practice. Licensed Psych.*
- Adams, Bethany, MA, NCC** 720-291-1482
Hope Counseling Services
9800 Mt. Pyramid Ct., Suite 400, Englewood, CO 80012
www.hopencounselingservices.org
Specializes in work with children ages 3-18; anger management counseling; play therapy; behavior issues; social issues; mood disorders; trauma work; adjustment issues; cash or check; will slide fees.
- Baker, Leigh, Dr.** 303-790-5585
7200 E. Hampden Ave., Suite 301, Englewood, CO 80112
www.leighbaker.com
Specializes in working with traumatized children and adolescents
- Baroffio, Jim, PhD.** 303-706-9722
8000 E. Prentice, #B12, Englewood, CO 80111
*Specializes in developmental disorders – Autism,
Aspergers and behavioral disorders with children and families.
Does assessments as well. Directive style.*
- Davis, Linda, MSW, LCSW** 303-480-8864
10303 E. Dry Creek Rd., Englewood, CO 80112 (Summit II)
<http://lindagdavis.com>
Adolescents, families, couples, adults; specializing in blended family / divorce issues, grief & loss, depression,, anxiety / stress, parenting, play therapy.
- Grenhart, Rich, Psy.D.** 303-761-3520
3601 S. Clarkson St. #540, Englewood, CO 80113
Email : rgrenhart@aol.com
Family and individual counseling; adolescents. Communicates well with school; after school office hours. Psych evals. No sliding scale.
- Jackson, Steven W., M.S.W.** 303-789-1315
730 W. Hampden Ave., Suite 302, Englewood, CO 80110
*Specialize in working with kids, adolescents & families;
Couples counseling. Takes some insurance and will slide fees.*
- Jens, Kathryn, PhD.** 303-773-8991
8000 E. Prentice, #B12, Englewood, CO 80111
Adolescents and families, PTSD, bullying, abuse, generalist.

Works with some insurances and sliding scale. Works part-time in CCSD.

Kirk, Cher, MA, LPC 303-503-4333

Cher Kirk Counseling
10303 E. Dry Creek Rd., #111, Englewood, CO 80112
www.cherkirkcounseling.com
Certified Eating Disorder Therapist; additional specialties with women, men, grief/loss, anxiety, depression, parenting/family and life transitions. Free initial consultation; may slide fees.

Levitas-Eisner, Jane, LCSW 303-826-7296

8000 E Maplewood Ave., Suite B-12, Englewood, CO 80111
Child, adolescent, family, and couples therapy. Accepts insurance; sliding scale.

Minner, Dan, PhD. 303-721-8386

6402 S. Quebec Street, Englewood, CO 80111
Adolescent boys & girls ; depression, substance abuse, families, school achievement, ADHD. Accepts some insurance and will slide fees.

Newman, Hildie, LCSW 303-902-2084

6767 S. Spruce Street, Suite 250, Englewood, CO 80112
Specializes in working with families and adolescents

Reed, Kayla, MA, LPC 303-229-9281

6535 S. Dayton St, Suite 1600, Englewood, CO 80111
Specializes in kids dealing with divorce, anxiety/depression and suicide. Takes insurance and will slide fees.

Southeast Psychotherapy Associates, PLLC 303-694-1795

6081 S. Quebec St., #103, Englewood, CO 80111
www.sepsychotherapy.com
Marriage & family therapy; addictions; bipolar & other depressive disorders; educational & intellectual assessment; ADHD

Suyeishi, Mark, Psy. D. 303-290-0860

6075 S. Quebec, #203, Englewood, CO 80111
Family, minority (Asian), grief, drugs, victim's assistance, Children, adolescents. Will take insurance and will slide fees.

Tackney-Moen, Mimsy, LCSW 303-637-2516

Moen, Dan 303-779-5335

6065 S. Quebec, Englewood, CO 80011
Adolescents and families, depression, anxiety, ADD, bipolar, and physical and sexual abuse. No drug or alcohol abuse as primary diagnosis. Accepts most health insurance. Appointments after school and evenings.

Wilson, Beverly, LSCW 303-986-6814

8400 E. Prentice Ave., #1401, Englewood, CO 80111
Will slide fee based on family income. Couples, families.

Greenwood Village

Colorado Therapy Services

303-319-6176

Various locations throughout Denver & south metro area

www.coloradotherapyservices.com

*Sliding scale available; group therapy, teens, children, adults, couples, families.
Many specialties including anger management, stress management, social skill
development, substance abuse intervention, family & parenting issues.*

Front Range Psychology Services

720-839-1694

McNutt, Colton, PsyD

6500 S. Quebec St Suite 300, Greenwood Village, CO 80111

DrColton@frpsychservices.com

*Offers adult and adolescent individual therapy, couples therapy, and group therapy; also offers
psychological assessments and evaluations. Does not accept insurance; free initial
consultation; accepts cash and checks only.*

Levitas-Eisner, Jane, LCSW

303-826-7296

8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111

Child, adolescent, family, couples therapy. Accepts insurance and sliding scale.

Liguori, Nick, Psy.D.

303-229-4216

8000 E Prentice Ave., Suite B-12, Greenwood Village, CO 80111

*Specialty areas: Child and adolescent psychotherapy;
consultation and assessment. Aspergers and c-level disorders.*

No insurance – will work with reimbursement. Sliding scale.

Myers-Barklage, Joy

303-643-8914

858 Happy Canyon Rd., #220, Castle Rock, CO 80104

7860 E. Berry Place, Englewood, CO 80111

Specializes in working with families, couples, & adolescents.

EMDR Certified. Accepts some insurance.

Sawyer, Chip

303-229-3348

5690 DTC Blvd., #120W, Greenwood Village, CO

www.redimere.com

*Specialty areas: Adolescents, adults, couples, family counseling, Christian
counseling, PTSD, anxiety, depression, mood/personality disorders, addictions*

Smith, Jenna K., MSW

303-810-0658

5347 S. Valentia Way #120, Greenwood Village, CO 80111

*Specializing in working with elementary-age children & their families;
divorce, grief & loss, anxiety, ADHD, parenting.*

Highlands Ranch

Flemons, Joanna, LCSW

303-675-7155

9331 S. Colorado Blvd. #60, Highlands Ranch, CO 80126

Specializes in relationship issues; divorce; parenting; depression & anxiety; grief/loss; addictions; eating disorders. Accepts insurance, cash & checks.

Proactive Counseling

303-917-6211

1745 Shea Center Dr., Highlands Ranch, CO 80126

Individuals, couples; Julie Sheehan is a licensed psychotherapist utilizing multiple approaches and targeting multiple issues such as marriage / family issues, parenting issues, depression, anxiety / stress, trauma, behavioral disorders, grief & loss, sexuality, stress management..

Weber, Susan, PsyD

303-683-5620

Compass Colorado Health Care, Inc.

8671 S. Quebec St. #200, Highlands Ranch, CO 80130

www.compass_md.org

Assessment and treatment for people of all ages; specializing in juvenile / adult forensic psychology.

Lakewood

Brown, Jessica

303-231-0090

National Institute for Change

Offices in Castle Rock, Lone Tree

3333 S. Wadsworth, Suite 321, Lakewood, CO 80227

Specializes in child play therapy, family therapy, parenting classes, anger management, substance abuse.

Does work on sliding scale – initial contact free.

National Institute for Change

303-231-0090

Offices in Castle Rock, Lakewood, Lone Tree, Golden

Groups, individuals. Parenting classes. Sliding scale fee.

Sokol-Struessel, Stacey, LCSW

720-495-7061

Robert Weiland Center

3636 S. Independence Street, Lakewood, CO 80235

www.PaidionConsulting.com

Works primarily with younger kids; behavior issues in home and community. Consultation for childcare centers.

Littleton

Arapahoe/Douglas Mental Health Network 303-730-8588
61 W. Davies Littleton, CO 80120
www.admhn.org

Avila, Alexander A., M.A. 720-316-7771
Grace Counseling
7921 Southpark Plaza, #204, Littleton, CO 80120
www.alexanderavila.com
Counseling to increase the health and intimacy of romantic relationships. Facilitator of the "Hold Me Tight" program for couples. Addictions counseling. Counseling for men.

Bentley, David, MA, NCC 720-255-1572
7800 S. Elati St. #106, Littleton, CO 80120
www.marriageupgrade.com
David Bentley is on a mission to save marriages; couples, individuals; solution-oriented approach. Will slide fees and will consider offering services pro bono.

Briggs, Jana, MA, NCC, LPC 303-495-0317
5777 S. Rapp St., #204, Littleton, CO 80120
www.janabriggs.com
Play therapy; anger management; grief/loss recovery; parenting counseling; couples therapy; relationship enhancement.

Brody, Brian, LCSW, PhD. 303-979-0319
6901 S. Pierce St., #100M, Littleton, CO 80128
www.denvertherapycenter.com
Works with children and adolescents dealing with addictions, anxiety, depression, suicide, behavior problems.

DeMoss, Yvonne, PhD, LPC, CAC III 303-797-1440
6683 W. Ottawa Ave., Littleton, CO
Specialty in addictions

Gartner, Laura, LPC 303-601-8269
2516 W. Main St., Littleton, CO 80120
www.lgfamilytherapy.com
Adolescents, couples, adults; specializing in blended family / divorce issues, couples / marriage counseling, depression, anxiety, parenting. Accepts some insurances (Aetna, Cigna, Medicaid, Kaiser POS & PPO).

Gelwick, Julie, LCSW 720-840-9500
8089 S. Lincoln Street, Suite 203, Littleton, CO 80122

Age 10 & up; adolescents, individuals, families. Specializes in trauma work, depression/anxiety. Accepts some insurance and will slide fees.

Howard, Rebecca PsyD, LLC 303-730-8083

609 W. Littleton Blvd., Suite 303, Littleton, CO 80120

www.drrebeccaiahoward.com

Free initial consultation if requested; scholarships may be available

Johnson, Victoria, LCSW 303-798-8836

26 West Dry Creek Circle, Suite 360, Littleton, CO 80120

victoriajohnsonlcsw@comcast.net

Specializes in female adolescents, eating disorders, family therapy and trauma victims. Works with individuals, couples and groups.

Knippenberg, Patterson & Associates 303-756-4924

7531 S. Kendall Blvd, Littleton, CO

www.craigknippenberg.com

Individual, family and group counseling services as well as parenting classes.

Specialty in child & adolescent neurobehavioral disorders. May slide fees.

Lazarus, Stephen, PhD. 303-267-2194

4 W. Dry Creek Circle, Littleton, CO 80120

Kids of all ages

Max, Dana, PsyD 303-347-8498

5860 S. Curtice St., Littleton, CO 80120

www.danamax.com

Individual, family, group & couples psychotherapy; psychoeducational assessment; psychological testing; sees youth of all ages. Some insurance and will slide fees.

McAllaster-Schmitz, Amy, M.A., LPC 303-513-7822

2629 W. Main Street, Suite 145, Littleton, CO 80120

www.amymscounseling.com

Specializing eating disorders, anxiety, OCD, divorce, families, young kids.

McBride, Janice 303-832-1068

Mines and Associates

800-873-7138

10367 W. Centennial Road, #100. Littleton, CO 80127ext.4989

Coordinates a network of around 150 therapists;

Excellent resource for families seeking referral to a specialist.

Meinecke, Margaret E., LCSW, CACIII 303-973-1064

5911 South Middlefield, Littleton, CO 80123

Bipolar disorder, anxiety disorder, attachment disorder.

Mines, Bob PhD. 303-832-1068

Mines and Associates

10367 W. Centennial Road, Littleton, CO 80127

Eating disorders specialist-all age groups. Employee assistance program, private practice. Does not accept insurance. May offer sliding scale.

Rothkamp, Angie, MA, LPC 303-756-4924
Knippenberg, Patterson & Associates
7531 S. Kendall Blvd, Littleton, CO
www.craigknippenberg.com
Individual, family and group counseling services; parenting classes. Specialty in child & adolescent issues including self-esteem, self-injury and parent intervention. May slide fees.

Lone Tree

Anderson, Jennifer, MFT 720-227-4870
10475 Park Meadows Dr., #600, Lone Tree, CO 80124
Specializes in anxiety, attachment, adoption, behavior disorders, bipolar & mood disorders, depression, PTSD; family or individual; will do in-home

Brown, Jessica 303-231-0090
National Institute for Change (Offices in Castle Rock, Lone Tree)
3333 S. Wadsworth, Suite 321, Lakewood, CO 80227
Specializes in child play therapy, family therapy, parenting classes, anger management, substance abuse. Sliding scale – initial contact free.

Collaborative Care Counseling 303-241-0421
Dr. John Barton; Sarah James
9362 Teddy Lane, Lone Tree, CO 80124
Individual, group, family & couples counseling; at-risk adolescents, female-specific issues, substance use, divorce, PTSD, stress/anxiety, learning disabilities, depression, mood disorders, compulsive behaviors, suicidal ideation; accept most insurances and will slide fees.

Eckenwiler, John, LMFT 303-267-2282
9362 Teddy Lane, #206, Lone Tree, CO 80124
www.therapyhelpnow.com
Individual, couples & family counseling; specializes in stress management, marital counseling, and work with adolescents. Some insurances, private pay; might slide fees.

JCL Counseling 303-330-6853
Jared Heaslet, MA, NCC
9220 Teddy Lane, #1200, Lone Tree, CO 80124
www.jclcounseling.net
Specializes in working with parents of children with chronic illnesses or other special needs; couples (premarital or marital); men's issues. Will slide fees.

Monnet, Michael, M.Div., LPC 303-870-3997
Lone Tree Institute
9226 Teddy Lane, Suite 150, Lone Tree, CO 80124

National Institute for Change 303-231-0090
Offices in Castle Rock, Lakewood, Lone Tree, Golden
Groups, individuals. Parenting classes. Sliding scale fee.

Wilson, John, LCC, CSAC 720-838-0450

Lone Tree Institute

9226 Teddy Lane, Suite 150, Lone Tree, CO 80124

Woodman, Nicole, MA, LPC, NCC

303-895-8280

9220 Teddy Lane, Lone Tree, CO 80124

www.newyoucounseling.com

Solution-focused individual, group, family & couples counseling with a treatment specialization for children & adolescents; grief/loss; depression; anxiety; body image issues; divorce/blended families; school performance; college/career counseling; conflict resolution; parenting strategies; ADHD; Autism; marital and premarital counseling.

Monument

McKay, Linda

719-488-8998

153 N. Washington St., P.O. Box 1067, Monument, CO 80132

Attachment issues, bipolar, ADHD

Stinson, Wynde

719-488-8998

153 N. Washington St., P.O. Box 1067, Monument, CO 80132

Children ages 2-18; ADHD, child abuse victims, sexual abuse issues, anxiety, depression, early-onset Bipolar. Takes insurance & will slide fees

Parker

- Arapahoe/Douglas Mental Health Network*** 303-730-8588
19751 E. Mainstreet, #247, Parker, CO 80138
www.admhn.org
- Demander, Sam, Psy.D.*** 303-841-6561
19731 E. Pikes Peak Court, Parker, CO 80138
Family psychologist, teenagers, behavior, acting out. drug and substance abuse. Takes insurance and will consider sliding scale.
- Eckenwiler, John, LMFT*** 303-267-2282
9998 N. Dransfeldt Rd., Parker, CO 80134
www.therapyhelpnow.com
Individual, couples & family counseling; specializes in stress management, marital counseling, and work with adolescents. Some insurances, private pay; might slide fees.
- Legacy Comprehensive Counseling & Consulting*** 303-841-4005
19751 E. Mainstreet #215., Parker, CO 80138
www.legacyparker.com
Individual and group counseling for individuals, children and families. Specializing in social skills, adjusting to divorce, parenting skills & classes, anger management, mental illness, stress, attachment issues, testing & assessment for behavior & psychological concerns (particularly ADHD, other learning challenges and developmental disabilities), behavior management, supervised parenting, child/family investigations. Accepts insurance and will slide fees.
- Lounsbrough, Craig, M.Div., LPC*** 303-593-0575
19284 Cottonwood Drive, #202, Parker, CO 80138
www.craiglpc.com
Child, adolescent, ADD, ADHD, ODD and conduct disorders, trauma, mood disorders. Individual, marriage and family counseling. Will reduce fees
- Moffitt, Melissa, MA, LPC*** 303-805-4004
19731 E. Pikes Peak Ct., Suite 206, Parker, CO 80138
FACT (Families Adjusting To Change and Transition)
Adolescents, Family Groups, self-injury, divorce classes, parenting, depression/anxiety, oppositional behavior. Takes most insurance.
- Monnet, Michael, M-Div, MA, LPC*** 303-387-4335
4725 Fox Sparrow Rd, Parker, CO 80134
Services for families, adolescents, adults ; depression ; anxiety ; divorce & parenting issues ; trauma (EMDR certified) ; assessment

Moore, April, MS, LPC 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com, April@DrTrathen.com
Children, adolescents and families. Emphasis in adjustment and mood disorders, anxiety, conduct, ADHD, schizophrenia and psychosis; physical and/or sexual abuse; grief/loss; trauma, mental & physical disabilities

Pikes Peak Counseling 720-244-0899
Maddox, Amy, MAEd Coun., LPC, CSPT
www.pikespeakcounseling.com
12900 Stroh Ranch Way #220, Parker, CO 80134
ADHD; behavior management; social skills & divorce groups; school & family issues; grief & loss; abuse/trauma, phobias; anxiety; depression; mother/daughter dynamics; Certified Play and EMDR Therapist; works with children as young as 5 years of age; does not accept insurance but can provide receipts to clients upon request and accepts sliding scale clients.

Trathen, Daniel W., D.Min, PhD. 303-593-0575
18801 E. Mainstreet, Suite 180, Parker, CO 80134
www.drtrathen.com
Individual, adolescent, premarital, marriage, and family counseling. Life and leadership coaching.

Uhernik, Julie, LPC, RN 303-918-1775
19753 E. Pikes Peak Ct., Parker, CO 80138
www.julieuhernik.com
Adolescents, adults, couples, families; specializes in parenting and step-parenting issues, mother-daughter relationships, anxiety, trauma, chronic illness, eating disorders, depression, and infertility counseling. No insurance but will slide fees.

White, Molly, PhD. 303-588-8997
19025 E. Plaza Ct., #290, Parker, CO 80138
Individual, family, group therapy; assessment & testing for developmental disabilities & behavior disorders; social skills group for children with ADHD or other behavior challenges.

Wheat Ridge

Soaring Spirits Counseling 303-350-0054
6650 W. 44th Ave., Wheat Ridge, CO 80033
www.soaringspiritscounseling.com
Mediation and restorative justice services designed to make victim, offender and the community whole again. Family & couples therapy; women's therapeutic group. Services to Douglas County.

THERAPISTS, BILINGUAL

Asian Pacific Development Center of Colorado

1544 Elmira St., Aurora, CO 80010

303-365-2959

1825 York St., Denver, CO 80206

303-393-0304

www.apdc.org

Community Mental Health Clinic that is culturally competent & bilingual

Guzman, Maria Elena, PhD

303-756-6870

3801 E. Florida Avenue, Suite 701, Denver, CO 80210

Specializes in trauma, depression, anxiety. Private testing; qualified to do most SPED testing. Services available in Spanish. Takes some insurance.

Savio House

303-922-5576

Servicios de la Raza

303-458-5851

4055 Tejon St., Denver, CO 80211

University of Colorado Hospital

303-724-9404

13001 E. 17th Place, Mail Stop A011-04, Aurora, CO 80045

In-home multi-systemic therapy (MST) ; intensive family therapy (FT) ; specializing in mental health issues.

TRANSITION-AGE YOUTH – Supportive Resources

Employment

Arapahoe/Douglas WORKS

Main Office 303-636-1160

5500 S. Quebec St., #175, Greenwood Village, CO 80111

Castle Rock Office

4400 Castleton Court, Castle Rock, CO 303-688-4825

www.adworks.org

GED prep and testing; alternative school; school-to-work preparation

ARC of Arapahoe and Douglas Counties

303-220-9228

8100 E. Arapahoe Rd., #208, Centennial, CO 80112

www.arcarapahoedouglas.org

Social skills/boundaries/dating groups, adult education.

Autism Society of Colorado

720-214-0794

550 S. Wadsworth Blvd., #100, Lakewood, CO 80226

www.autismcolorado.org

Advocacy for individuals with autism and their families

Bayaud Enterprises

303-830-6885

333 W. Bayaud Ave., Denver, CO 80223

www.bayaudenterprises.com

Bayaud provides a comprehensive array of employment-related services for people with disabilities or other barriers to getting and retaining a job. Services include vocational evaluation, transitional work adjustment placements in the community, general office skills training, job coaching, job placement, and access to the Community Resource Navigator for supportive services.

Bridging the Gap @ Mile High United Way

303-433-8383

2505 18th Street, Denver, CO 80211

www.unitedwaydenver.org

Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.

SWAP / School to Work Alliance Program

303-387-1104

2842 Front Street, Castle Rock, CO 80104

Job placement, training, education, and follow-up services for youth ages 16-25 with mild to moderate barriers to employment

General Resources

- ARC of Arapahoe and Douglas Counties*** 303-220-9228
8100 E. Arapahoe Rd., #208, Centennial, CO 80112
www.arcarapahoedouglas.org
Social skills/boundaries/dating groups, adult education.
- Autism Society of Colorado*** 720-214-0794
550 S. Wadsworth Blvd., #100, Lakewood, CO 80226
www.autismcolorado.org
Advocacy for individuals with autism and their families
- Bridging the Gap @ Mile High United Way*** 303-433-8383
2505 18th Street, Denver, CO 80211
www.unitedwaydenver.org
Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.
- Learning for Life*** 720-266-2140
2505 18th Street, Denver, CO 80211
<http://learning.learningforlife.org/programs/special-ed/>
Transition program for youth involved with special education; partnership between Boy Scouts of America and local school districts. The program provides a curriculum on life skills, personal / social skills, vocational skills, money management, etc.
- T.R.A.C.S*** 303-347-6587
5500 S. Sycamore St., Littleton, CO 80012 303-347-6416
www.admhn.org
Young adults (17-24) who are receiving services through A/D Mental Health Network can join this weekly group to develop positive social relationships and the necessary living skills to live a healthy & independent life.

Housing

- Bridging the Gap @ Mile High United Way*** 303-433-8383
2505 18th Street, Denver, CO 80211
www.unitedwaydenver.org
Multiple programs to prepare youth graduating from foster care for successful, Independent lives. Programs include financial education, Individual Development Accounts, housing, education, employment & supportive coaching.
- Urban Peak*** 303-777-9198
1630 S. Acoma, Denver, CO 80223
www.urbanpeak.org

Housing and life skills for homeless or runaway youth; education; case management; referrals

TRAUMATIC BRAIN INJURY

Behavioral Growing Tree

866-300-0822

www.behavioralgrowingtree.com

In-home 1:1 services utilizing the Applied Behavioral Analysis process; serving children identified with autism, other special needs or typical children with behavioral challenges. Assessments, Functional Behavioral Assessments, social skills groups, parent support groups, school consultations. Insurance accepted.

Blue Pine Recovery Center

720-854-5959

P.O. Box 630066, Littleton, CO 80163

www.bluepineco.com

In-home psycho-social rehabilitation and support for adults/families dealing with mental health issues as well as traumatic brain injuries. Services include medication support, case management, illness education, social skills training, recreation development, life skills training and vocation/education training.

Brain Injury Alliance of Colorado

303-355-9969

4200 W. Conejos Place #524, Denver, CO 80204

www.biacolorado.org

Support groups for brain injury or stroke sufferers and their loved ones; educational resources; utility assistance; access to the TBI Trust; Resource Guide for brain injury issues; advocacy.

Colorado Traumatic Brain Injury Trust Fund

888-331-3311

1575 Sherman St., 4th Floor, Denver, CO 80203

www.tbicolorado.org

Care coordination and services for adults and children with a brain injury; TBI Trust Fund resources can help pay for services that are pre-approved and not otherwise covered by insurance; educational programs & research.

Denver OPTIONS

303-636-5600

9900 E. Iliff Ave., Denver, CO 80231

www.denveroptions.org

Care coordination from birth through adulthood for people with intellectual disabilities and traumatic brain injuries; employment readiness and opportunities; clinical services; supported living service brokers.

Developmental Disability Consultants, PC

303-337-2210

1211 S. Parker Rd., Suite 200, Denver, CO 80231

www.ddconsultants.org; pspragg@ddconsultants.org

Mental health, home-based behavior support, counseling, parent training and skills; training for children with developmental disabilities, autism, TBI

Parker Adventist Hospital

303-269-4000

9395 Crown Crest Blvd., Parker, CO 80138

www.ddconsultants.org; pspragg@ddconsultants.org

Center for Rehabilitation & Sports Medicine offers immediate and ongoing resources for recovery from brain injuries, strokes, other neurological disorders.

Sokol, Robert, Ph.D.

303-319-0470

4770 E. Iliff St., Suite 111, Denver, CO 80222

Neuropsychologist – Traumatic Brain Injury; assessment, treatment and forensics for ages 9 – Adult. Psychotherapy practice serving individuals and couples ages 13 – Adult. Clinical Director: Colo. Neuropsychological Assoc.

VICTIMS ASSISTANCE

18th Judicial District Victims Compensation Fund	303-643-4500
AMEND of Arapahoe County 6565 S. Dayton #1500, Greenwood Village, CO 80111 www.amendinc.org <i>Victim advocacy, support groups for abused partners and children</i>	303-220-1911
Arapahoe/Douglas Mental Health Network 61 W. Davies Littleton, CO 80120 1189 S. Perry St., #150, Castle Rock, CO 80104 19751 E. Mainstreet, #247, Parker, CO 80138 www.admhn.org <i>Individual therapy, grief & loss groups</i>	303-730-8588
Castle Rock Police Department 100 Perry St., Castle Rock, CO 80104 http://www.crgov.com/Page.asp?NavID=112 <i>Information, follow-up support, and referrals for crime victims</i>	303-663-6100
Douglas County Sheriff's Office 4000 Justice Way, Castle Rock, CO 80109 www.dcsheriff.net <i>Case and offender notification for victims of crimes; access to Victims Compensation funds</i>	303-660-7535
Douglas County Victims' Assistance 4000 Justice Way, Castle Rock, CO 80109 <i>A service of the 18th J.D. District Attorney's Office; court-related services</i>	303-814-7100
Parker Police Department 19600 E. Parker Square Drive, Parker, CO 80134	303-841-9800
Parker Town Hall and Court Courthouse:	303-805-3100 303-805-3195
Rape Assistance and Awareness Program P.O. Box 18951, Denver, CO 80218 www.raap.org	303-329-9922 HOTLINE: 303-322-7273
Servicios de la Raza 4055 Tejon Street, Denver, CO 80211	303-458-5851

www.serviciosdelaraza.org

Counseling and support groups for Chicana/Latina women

Suyeishi, Mark, Psy. D.

6075 S. Quebec, #203, Englewood, CO 80111

Family, minority (Asian), grief, drugs, victim's assistance,

Children, adolescents. Will take insurance and will slide fees.

303-290-0860

Fax: 303-796-0324

Women's Crisis & Family Outreach Center

P.O. Box 367, Castle Rock, CO 80104

Advocacy, support, counseling, shelter

303-688-1094

VOLUNTEERISM

4-H Clubs

720-733-6940

410 Fairgrounds Rd., Castle Rock, CO 80104

www.douglascountyextension.org

Volunteer opportunities for youth & adults with positive youth development programming for ages 8-18; special programs for ages 5-7; clubs/activities; leadership; mentoring; camps; conferences

Developmental Pathways

303-858-2381

www.developmentalpathways.org

Seeking volunteers for ongoing or one-time projects including gardening and yard clean-up, Special Olympics assistance, sharing an interest such as cooking or arts/crafts or exercise, or other projects that fit your interest.

Douglas County Libraries

303-791-7323

www.douglascountylibraries.org

Castle Pines Library: 7437 Village Square Drive #110, Castle Pines

Philip S. Miller Library in Castle Rock: 100 S. Wilcox St., Castle Rock

Highlands Ranch Library: 9292 Ridgeline Blvd., Highlands Ranch

Lone Tree Library: 8827 Lone Tree Pkwy., Lone Tree

Louviers Library, Louviers Village Club House, Louviers

Parker Library: 10851 S. Crossroads Dr., Parker

Roxborough Library: 8357 N. Rampart Range Rd., Littleton

Douglas County School District

303-387-0128

620 Wilcox, Castle Rock, CO 80104

<http://www1.dcsdk12.org>

School/Community Partnerships; Volunteers in Public Schools

Douglas County Volunteer Coalition

303-660-7519

4400 Castleton Court, Castle Rock, CO 80104

www.douglascountyvolunteers.org

Offers access to volunteer and service opportunities at a variety of local agencies, both for-profit and non-profit; provides information on how to be an effective volunteer

Douglas County Youth Initiative

303-688-4825

4400 Castleton Court, Castle Rock, CO 80109

<http://www.douglas.co.us/countyadmin/youth/index.html>

Youth Day of Service in April; service learning technical assistance; brainstorming community service opportunities for teens; access to AmeriCorps service scholarships

Legacy Hospice

303-660-6107

P.O. Box 1718, Castle Rock, CO 80104

www.mylegacyhospice.com

End-of-life care provided by an interdisciplinary team in-home, in long-term care or in assisted living; medical equipment available; 24 hour availability; bereavement support groups 1st & 3rd Thursday of each month at the Philip S. Miller Library in CR. Volunteers always needed for this important work; both youth & adult.

Parker Parks & Recreation Dept.

303-841-4500

www.parkeronline.org

Many opportunities to volunteer with a variety of people and recreational and cultural programs; always looking for great volunteers!